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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 52 No. 1

Thursday, September 19, 2019

\$1.00



THIRTEEN KOREAN WAR veterans representing the United States Air Force, Army, Marine Corps and Navy were among the members of the Quincy High School Class of 1949 present for their recent reunion. Seated (from left): Bill Smith, George Valatini, Rich Salvucci, Jim Sullivan and Eugene Lacey. Standing: Mayor Thomas Koch, Bob Marini, Jim Larkin, Bill Chignola, George Bailey, Bill Trifone, Joe McConville, Jack Belanger and Harold Tuttle. Story, other photos Page 17.

Photo Courtesy City of Quincy

Self-Storage Facility Proposed On Part Of Home Depot Site

By SCOTT JACKSON

A Burlington-based company is proposing to build a self-storage facility with nearly 1,300 units on part of the Home Depot site in South Quincy.

RJ Kelly Company of Burlington has proposed constructing the four-story self-storage building, which would include 1,280 units, at 465-480 Centre Street

— the section of Home Depot's parking lot closest to the Quincy Adams MBTA station. The site includes 149,000 square feet of land in an Industrial A zoning district. The developer has proposed including 25 parking spaces on site, plus four loading bays for its customers.

The Planning Board held a public hearing on the pro-

posal during its meeting on Sept. 11. No vote was taken that night and the board will consider the matter again on Nov. 13. The project also requires approval from the City Council, which must amend the 2001 special permit granted to Home Depot to allow development on the portion of the parking lot in question. The council will meet at 6:30 p.m. on Oct. 7

to consider the request.

The self-storage facility would operate under the Stor-U-Self brand, which is a subsidiary of RJ Kelly. Shawn Smith, a vice president with RJ Kelly, said the company owns 35 Stor-U-Self facilities in Massachusetts, Connecticut and New Hampshire. Those locations include more than 20,000

Cont'd On Page 13

March Start Seawall Work

By SCOTT JACKSON

Replacement of the seawall along Quincy Bay between Adams Shore and Houghs Neck is expected to begin in March after city councillors on Monday unanimously approved a \$14.32 million bond that will cover most of the cost for the new seawall and two related projects.

Mayor Thomas Koch earlier this year submitted a request to borrow the

\$14.32 million to replace the seawall along Adams Shore and Houghs Neck; improve drainage systems in the area behind the new seawall, including a new pumping station; and undertake a study, in partnership with the Army Corps of Engineers, of drainage in the Willows Marsh.

Bids for those items, however, came in higher than expected this summer

Cont'd On Page 15

Shed Memorial Rededication Friday

By SCOTT JACKSON

The Daniel Shed Memorial in Germantown will be rededicated Friday morning, capping off a \$100,000 renovation project.

The ceremony to rededicate the monument, which is located in the Palmer Street Rotary, will take place Friday at 11 a.m. The rain date is Monday, Sept. 23.

James Marathas, the executive director of the Quincy Housing Authority, said the rotary had fallen into a state of disrepair in recent decades.

"The Shed Memorial was in total disrepair for 20 years," he said Monday. "It was not lit. The rotary was like a big, open field."

The housing authority received a \$100,000 grant from the Quincy Community Preservation Committee to repair the rotary in 2017. The bronze top of the 20-foot-tall monument at the center of the rotary was replaced; other improvements include new landscaping, lighting, walkways and benches.

Cont'd On Page 24

High Schools To Install Vaping Detectors

By TOM GORMAN

As the use of vaping rises exponentially among teenagers, Quincy school officials are implementing a program to educate students of its dangers and part of that initiative includes the installation of detectors in the city's two high schools to alert administrators of e-cigarette use in the buildings.

Quincy School Supt. Dr. Richard DeCristofaro informed the school committee at its Sept. 11 meeting that the district was awarded

a \$15,000 grant from its school partner, Beth Israel Deaconess Hospital in Milton, to fund a three-year vaping prevention/education program targeting grade 9 and 10 students.

"It will provide education within the classrooms and connecting with students to make sure they understand the risks and seriousness of vaping and e-cigarettes while promoting healthy decision-making and parent education and how they should talk to their

children about vaping," he said. "(The grant) will be a great assistance at the high school level."

Additionally, the district applied for and received a grant from Norfolk District Attorney Michael Morrissey for a pilot program involving the installation of detectors in locker rooms and restrooms at both North Quincy and Quincy high schools.

"These detectors are capable of detecting nicotine, marijuana, THC, vape, and

smoke in locations where we obviously can't have cameras," DeCristofaro said.

If the devices detect smoke or vapor from certain substances, they will provide an alert to administrators. DeCristofaro noted the detectors are not meant to just catch students in the act of smoking or vaping, but, to be used as an intervention and deterrent piece.

"It's not a gotcha to our students, but, really a point of intervention to make sure

our students understand the dangers," he said. "We can intervene with them in small groups and in guidance groups. I think the deterrent piece will be very valuable."

The superintendent said the detectors could be expanded to the middle schools at some point.

DeCristofaro expressed concern about peer pressure when it comes to vaping.

"We understand there is a lot of peer pressure on our students," he said. "We want them to understand we can

intervene."

Both federal and state health officials have recently sounded an alarm about vaping. Over the past few months, vaping has been linked to several deaths and more than 400 lung-related illnesses in the nation.

The Massachusetts Department of Public Health has issued an order to health-care providers to report to the state any suspected e-cigarette-related illnesses to help state and federal of-

Cont'd On Page 4



Hazardous Waste Drop-Off Day Oct. 2 - Page 2

BPA Replacement Chemicals Safe? - Page 9

Spike In Real Estate Lending Activity - Page 16

More Quincy news:

The Quincy Sun.com

Household Hazardous Waste Drop-Off At DPW Oct. 5

The Department of Public Works will host the fall Household Hazardous Waste Drop-off Day on Saturday, Oct. 5 in the rear of the DPW at 55 Sea St. The drop-off event will begin at 8 a.m. and end at noon. The City of Quincy pro-

vides this free service to provide residents with the proper disposal of hazardous waste and to protect the environment. The next hazardous waste drop-off event will be around June of 2020.

Some of the eligible items for disposal are oil based paints, thinners, strippers, oils and varnishes, all household cleaners including drain and plumbing cleaners, automotive fluids including oil and gasoline, chemical fertilizers and insecticides, polishes, ni-cad and lithium batteries, roofing tar, and driveway sealants. For a complete list of materials, both acceptable

and unacceptable, visit the Waste and Recycling web page at quincyma.gov.

The DPW accepts mercury containing items such as thermostats, thermometers, fluorescent light and swirly bulbs year round, weather permitting, at the DPW guard shack, Monday through Friday 7:30 a.m. to 3 p.m. and on Saturdays through Dec. 7, from 7:30 a.m. to 2:30 p.m.

When gathering products for the Oct. 5th drop-off event, leave materials in original containers and tighten all caps and lids. Sort and pack items separately in sturdy upright boxes.

es. NEVER MIX CHEMICALS. Pack your car the morning of the event and drive directly to the DPW. Do not smoke while handling hazardous material and do not bring children in the car with you.

Items not accepted at the hazardous materials drop-off day are tires, ammunition, fireworks and explosives, commercial/industrial/biological waste, prescription medicine, radioactive waste and smoke detectors. For the proper disposal of these materials visit the City's website at quincyma.gov and scroll down to "How can I get rid of..."

City Receives Fire Prevention, Safety Grants

The City of Quincy has been named the recipient of two Fire Prevention and Safety Grants, announces Cong. Stephen Lynch. Quincy received two of the 32 Fire Prevention and Safety Grants that were awarded to cities and towns nationwide.

The first grant in the amount of \$922,128 will assist the National Fire Protection Association in Quincy with funding research and development projects studying the use of drones in the fire service and pre-

venting cooking fires. The second grant in the amount of \$186,667 will assist the Fire Protection Research Foundation in Quincy with funding a research and development project titled "Economic and Emotional Impact of an Active Shooter."

"I am pleased to see the City of Quincy receive two

Fire Prevention and Safety Grants from FEMA," said Lynch. "Congratulations to Mayor Tom Koch and Fire Chief John Cadegan on securing this federal grant that will help the Quincy Fire Department advance their efforts and research critical components that will help ensure our firefighters' safety."

Blood Drive Sept. 27

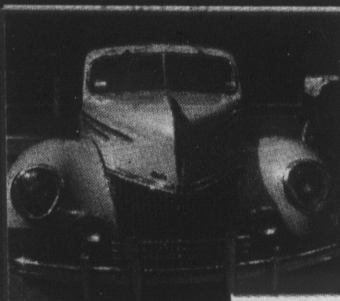
The American Red Cross will hold a Blood Drive Friday, Sept. 27, from 2 - 7 p.m.

at the Robert I. Nickerson American Legion Post, 20 Moon Island Rd, Squantum.

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Wednesday, September 25
5:30 - 7 pm
Nangeroni Education Center
Beth Israel Deaconess Hospital-Milton
199 Reedsdale Road, Milton, MA

Reservations are requested to (617) 313-1557.
Refreshments will be served.

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Beth Israel Deaconess Hospital
Milton

Beth Israel Lahey Health
Beth Israel Deaconess Hospital
Milton

JOIN US FOR YOGA AT BID-MILTON

Come to Yoga to decompress and enjoy the numerous health benefits.



Classes begin Tuesday, October 1st at 5:30 p.m.
Nangeroni Education Center
Beth Israel Deaconess Hospital-Milton
199 Reedsdale Road, Milton
Cost: \$5 per class
To register, call 617-313-1557
Class size is limited

These classes are taught by Susan Coffey, RN, certified yoga instructor and feature a slow Vinyasa style of Yoga.

About the Instructor: "After many years of long distance running, I began to incorporate yoga into my exercise routine, mainly for the stretching aspect. Soon after I started, I realized how life changing yoga can be. I received my yoga teacher training certificate from Open Doors in June 2018. I am also a nurse, and as an R.N. I see how important the mind-body connection is to one's health. I really enjoy teaching breath work and offering modifications to accommodate all students. My goal for my students is for them to truly connect to their bodies, and to find calmness and clarity in their minds."

Two Police Officers Promoted

Lt. Mark Foley,
Sgt. Paul Coughlin Sworn-In

By SCOTT JACKSON

Two Quincy police officers with a combined 45 years of experience received promotions during a recent City Hall ceremony.

Mark Foley was promoted to the lieutenant and Paul Coughlin to the rank of sergeant the morning of Sept. 13 inside the James R. McIntyre Government Center.

Dozens of family members and fellow officers past and present filled the Great Hall for the ceremony.

City Clerk Nicole Crispo

swore the two officers in and then family members pinned each with his new badge. Foley's daughter Shannon pinned him with his new lieutenant's badge and then Coughlin's uncle Leo Coppens, a retired Quincy police detective who served with the department for more than 30 years, pinned him with the sergeant's badge.

Foley joined the department in 1988. He served three years on patrol, three

Cont'd On Page 11

Medical Center Site Meeting Postponed

By SCOTT JACKSON

This week's public hearing on a proposal to develop the former home of Quincy Medical Center has been postponed.

The Planning Board was scheduled to hold a special meeting on FoxRock Properties' proposal for the site Thursday night.

FoxRock's attorney, Robert Harnais, appeared before the board at its regular meeting on Sept. 11 to request a continuance until next month. Harnais said he sought to postpone the hearing because there would not be a quorum of board members available Thursday night and because the devel-

oper is still revising plans.

The new hearing will likely be scheduled for mid or late October, board members said.

FoxRock went before the board in May with plans to build 490 residential units at 114 Whitwell Street, a 14.97-acre site that was formerly home to Quincy Medical Center. The company had proposed building 598 units on site last year but nixed those plans after an October 2018 Planning Board hearing.

Residents who live nearby, including the Hospital Hill Neighborhoods Association, said the plan presented in May was still too dense for the area.



TWO QUINCY POLICE officers were promoted Friday at a ceremony in the Great Hall of the James R. McIntyre Government Center (old City Hall.) Police Chief Paul Keenan (left) and Mayor Thomas Koch (right) with promoted officers Lt. Mark Foley (second from left) and Sgt. Paul Coughlin (second from right).

Quincy Sun Photo/Robert Bosworth

Quincy High School College Information Night Sept. 26

The Quincy High School Guidance Department will host a College Information

Night on Thursday, Sept. 26 from 6:30 to 8 p.m. in the Lloyd Hill Auditorium, 100

Coddington St., Quincy.

Seniors and their families are invited to a fact-filled

evening about the college application process.

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Your mortgage has been sold. Multiple times. Which was fine — until it wasn't. Now you've just had it with the out-of-town mortgage servicer hassles. **Maybe it's time to bring your mortgage back home.** At Colonial Federal, we offer a full range of mortgage options. Our rates are competitive. And we don't sell our loans. Which means if you have questions after the closing, we're here for you.

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ONLINE: www.colonialfed.com

Other important information: Rate/Annual Percentage Rate (APR) effective as of 09/11/19 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$4.56 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS # 409557



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The Quincy Sun

(USPS 453-080)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

\$1.00 per copy newstand • \$40 per year in Quincy
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.thequincysun.com

email address: thequincysun@verizon.net

rbosworth@thequincysun.com

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

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**Moments
in time**
THE HISTORY CHANNEL

• On Oct. 2, 1780, British Major John Andre is hanged as a spy by U.S. military forces in New York. Andre, an accomplice of Benedict Arnold, was captured with incriminating papers in his boot. The papers revealed Arnold's offer to surrender West Point to the British for a bribe of 20,000 pounds.

• On Oct. 3, 1863, expressing gratitude for a Union Army victory at Gettysburg, President Abraham Lincoln announces that the nation will celebrate an official Thanksgiving holiday on Nov. 26, and on the fourth Thursday of every November thereafter.

• On Oct. 1, 1890, an act of Congress creates Yosemite National Park, paving the way for generations of nature lovers. Yosemite's natural beauty is immortalized in the stark black-and-white landscape photographs of Ansel Adams (1902-1984).

• On Oct. 4, 1918, German Chancellor Max von Baden sends a telegraph message to President Woodrow Wilson, requesting an armistice between Germany and the Allied powers in World War I. After a difficult month of negotiations, World War I came to an end on Nov. 11, 1918.

• On Sept. 30, 1954, the USS Nautilus, the world's first nuclear-powered submarine, is commissioned by the U.S. Navy. In August 1958, the Nautilus accomplished the first voyage under the geographic North Pole.

• On Oct. 6, 1961, President John F. Kennedy advises American families to build bomb shelters to protect themselves from atomic fallout in the event of a nuclear exchange with the Soviet Union. One year later, the world hovered on the brink of nuclear war after the USSR placed nuclear missiles in Cuba.

• On Oct. 5, 1978, Isaac Bashevis Singer wins the Nobel Prize for literature. Singer wrote about Jewish life in Poland and the United States. One of his stories, "Yentl," was made into a movie directed by and starring Barbra Streisand in 1983.

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Ermont To Host National Expungement Week Event

Ermont, a medical cannabis dispensary located at 216 Ricciuti Dr. in Quincy, will host a National Expungement Week event on Thursday, Sept. 26th at the Sons of Italy, 120 Quarry St., from 6 to 10 p.m.

All funds raised will be allocated to local non-profit organizations in Quincy. The event will include on-site resources and a speaker panel of experts from the fields of restorative justice and cannabis law. Ermont's goal is to inform the public about the expungement process in Massachusetts

by providing educational resources and onsite counseling with pro bono attorneys.

One of the first medical dispensaries to receive licensing in the state, Ermont has served the Greater Boston and South Shore communities at large since opening in 2016. National Expungement Day is part of an ongoing commitment Ermont has made to give back and help revitalize the surrounding South Shore community. They have also been spearheading cleanup efforts at the Quincy quarries and Blue Hills along

High Schools To Install Vaping Detectors; Parent Ed Programs Oct. 8, Oct. 22

Cont'd From Page 1

officials track the vaping epidemic and its overall health impacts.

Vaping involves the use of electronic cigarettes that are battery-powered and heat liquid fed from a cartridge. The liquid is turned into an aerosol vapor that can be inhaled and produces a big "smoke" cloud.

Some of the liquid is offered in various flavors that are appealing to teens. The Trump administration is looking into banning all flavors of e-cigarette liquids.

Health experts say that most liquids contain nicotine – the addictive drug in tobacco – and other potentially harmful chemicals. Experts say the nicotine is as addictive as opioids.

Initially marketed as a smoking cessation tool, vaping quickly became popular among young adults, particularly with the introduc-

tion of flavored aerosols. Many teens see vaping as less harmful than smoking a cigarette.

According to Johns Hopkins Medicine, e-cigarettes have become more popular than traditional tobacco cigarettes. The U.S. Surgeon General has reported that e-cigarette use among high school students has spiked by 900 percent in the past few years. Additionally, 40 percent of teen e-cigarette users had never smoked a tobacco cigarette.

Health experts say that the various flavors make vaping appealing to teens, a concern shared by DeCristofaro.

"Even if they weren't going to smoke cigarettes, this may be far more enticing for them," he said.

The superintendent noted the vape aerosol can be dangerous to non-users.

"The aerosol can be in-

haled not only by the user but by bystanders, like second-hand smoke," he said.

The district's vaping prevention program also includes parent education. DeCristofaro said that programs about vaping are scheduled to be held on Oct. 8 at 6:30 p.m. at North Quincy High School and on Oct. 22 at 6 p.m. at Quincy High School. The presentations are supported by each high school's respective PTO.

These programs will focus on health risks related to vaping, the impact of marketing on youth, and how parents can talk to their children about vaping making healthy decisions. Additionally, there will be resources available for parents about teen vaping.

The superintendent said the Quincy Police DARE officers, Don Sautter and Mellanie Reeves, will be

making presentations on vaping to middle school students.

"They have a lot of new material on vaping for the middle schools," he said.

Quincy school officials first voiced concern about vaping among teens nearly year ago and have since been working on addressing the issue.

DeCristofaro said it's all hands on deck to combat the vaping crisis involving health educators, guidance, and teachers.

"Everyone is working together," he said.

In another matter, the school committee was informed the new South-West Middle School open house would be held on Sunday, Oct. 27. The adjacent Sterling Middle School – that the new school replaced – has been razed and that landscaping in front of the new facility is nearly completed.

Health Commissioner Mandates Immediate Reporting Of Vaping-Related Disease To DPH

Any suspected cases of unexplained e-cigarette or vaping-associated pulmonary disease must be immediately reported to the Department of Public Health (DPH) for the next 12 months, as a result of a new mandate issued last week by Massachusetts Public Health Commissioner Monica Bharel, MD, MPH.

As more cases of vaping-related pulmonary diseases are seen nationwide, Commissioner Bharel is using her authority under state regulations to require reporting of this emergent condition. Last month, DPH sent a clinical alert to 25,000 Massachusetts health care providers asking them to voluntarily report pulmonary-related disease associated with vaping.

"We are beginning to hear from clinicians about what they are seeing in their practice as a result of the health alert," Commis-

sioner Bharel said. "Today's action establishes the legal framework for healthcare providers to report cases and suspected cases so that we can get a better sense of the overall burden of disease in Massachusetts. It also will allow us to provide case counts to the US Centers for Disease Control and Prevention as they continue to try to understand the nationwide impact of vaping-related disease."

The DPH-regulation authorizes the Commissioner to declare diseases or conditions immediately reportable to the Department, as well as to conduct related surveillance. DPH said it was issuing the new mandate "because this disease is recently identified or suspected to be a public health concern and because it is necessary to collect more information to assess and reduce the potential burden of associated morbidity."

While not rare, the Sept. 11th action is also not routine. The Commissioner last issued a mandate two years ago requiring providers to report cases of amnesia associated with intravenous drug use.

The new requirements were sent to all clinicians, including internal medicine, family practice, general practice, emergency medicine, and clinical care as well as pediatricians, pulmonologists, and nurse practitioners. It was accompanied by a clinical advisory that asks providers to report any case of a person experiencing otherwise unexplained progressive symptoms of shortness of breath, fatigue, chest pain, cough, or weight loss, of any severity, and an abnormal chest imaging study associated with vaping. The suspected cases are to be reported via a form and sent to a confidential fax line.

Nationally, as of Sept. 6, 450 possible cases of severe lung disease associated with electronic-cigarette product use or vaping were reported to the Centers for Disease Control and Prevention. Patients have presented with respiratory symptoms including cough, shortness of breath, and fatigue. Symptoms worsened over a period of days or weeks before admission to the hospital. Other symptoms reported by some patients included fever, anorexia, pleuritic chest pain, nausea, and diarrhea.

All of those patients reported vaping in the weeks and months prior to hospi-

tal admission. Many have acknowledged recent use of tetrahydrocannabinol (THC)-containing products; however, no specific product has been identified in all cases, nor has any product been conclusively linked to this clinical syndrome. Some cases have reported using only nicotine-containing products.

DPH is actively investigating several suspected vaping-associated pulmonary cases. There have been no cases confirmed in Massachusetts.

The latest statewide data shows 41 percent of Massachusetts high school students have tried e-cigarettes at least once. About 20 percent of them reported using e-cigarettes in the past 30 days – a rate six times higher than adults. Nearly 10 percent of middle school students say they have tried e-cigarettes.

In 2018, Governor Charlie Baker signed a law that incorporates e-cigarettes into the definition of tobacco, therefore making it illegal to vape where it is illegal to smoke and that raised the minimum legal sale of tobacco products, including e-cigarettes to 21.

In the past year, DPH has conducted two public information campaigns (see here and here) to raise awareness among middle and high-school-aged youth and their parents about the dangers of vapes and e-cigarettes. DPH will reprise both campaigns in the next few weeks and include resources for young people to assist them with quitting.

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Scenes From Yesterday



THIS 1943 real photo postcard is a view of the old City Home that was located on the City Farm on Sea Street across from Mount Wollaston Cemetery. The City Farm or Poor Farm as it was first called was on land left for public use by William Coddington in the earliest Colonial days. He intended that the land be used to support public education, but there are various other uses of it today. The Town of Quincy had erected an almshouse on this site in 1814 as a "refuge for the indigent." This building erected in 1898 replaced the original. Somewhat out of sight, set back from Sea Street and located behind the Police Station, the building was made more visible, as shown here, when Broad Street was constructed in the 1940s. The Home was managed for many years by the

City's Welfare Department until it was demolished in 1968 to make way for a new Registry of Motor Vehicles office. The Registry had been in cramped quarters on Hancock Street across from the Woodward School. The city built and leased the new building to the Registry until 1988 when they moved to the renovated Sears Roebuck Store in Quincy Center. In 1989, the Quincy Interfaith Sheltering Coalition acquired the Registry building to once again house the indigent on this site as Father Bill's Place. The old City Farm is now home to the City's Public Works Department. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Postcard Collection of Tom Galvin

Quincy's Yesterdays

This Week
1973
46 Years Ago

6-Ward Plan OKed But Councillor Vows Court Action

Federal Court Judge Andrew Caffery accepted the six-ward plan advanced by Ward 4 Councillor Albert Barilaro and approved by the City Council, and then the judge shut off all further debate on the issue that has plagued the city since June.

Thus the preliminary election will be held Nov. 6 and the final election on Dec. 4.

"The judge, in essence, overruled a state statute that would have barred us from redistricting again until 1980," said Ward 3 Councillor Theophilus McLelland III, whose political foothold in Ward 3 was wiped out under the Barilaro plan. (Editor's note: The Barilaro plan put Ward 3 Councillor McLelland in Ward 2 and added portions of Ward 3 to Ward 4 Councillor Albert Barilaro's constituency. McLelland chose to run for Councillor at-Large and lost. Barilaro would lose his Ward 4 seat to newcomer James A. Sheets.)

LIONS CLUB ESTABLISHES CAPT. BRUDNO SCHOLARSHIP

The Quincy Lions Club is establishing a scholarship fund in memory of the late Capt. Edward A. Brudno, former Vietnam POW, who died last June.

A special committee, headed by former School Committee Vice-Chairman James F. McCormick, has been meeting to set up the scholarship.

Capt. Brudno's father, Dr. James Brudno, was a charter member of the Quincy Lions Club.

Capt. Brudno's Air Force Phantom jet was shot down in Oct. 1965. He was released with other POW's in Feb. 1973.

Serving on the scholarship committee with McCormick were Lions Members George Riley, City Auditor Alexander Smith and James Sullivan.

QUINCYISMS

The Quincy Health Department administered 5,300 free flu shots at the JFK Health Center. **Health Commissioner Dr. Alfred V. Mahoney** termed it "a tremendous clinic"... **Rev. Joseph E. Brett (D-Quincy)**, appealed to **Mayor Walter J. Hannon** for an "officer on the beat" for the Montclair area, where, he said, "vandalism and burglary are getting worse"... **Wire Inspector William H. Pitts** announced that his department issued 122 permits and collected \$1,629 in fees for wiring estimated to cost \$239,295... **Lt. Cmdr. Arthur W. Collins**, son of Mrs. Mary A. Collins, 71B Station St., West Quincy, returned to his home port of Norfolk, VA, after a ten-month deployment in the Western Pacific and Atlantic aboard the amphibious assault ship the USS Inchon... The Faith McLarnon School of Dance was offering "Classes in Ballet, Tap, Jazz, Irish Step and Combination for Young Students, Adults and Tots." Classes are held at the Montclair Men's Club facility... The Quincy Emblem Club was planning to honor past president **Gerry Shepherd** during Supreme District Deputy Night Sept. 26. **Emblem Club President Mary Spalding** was to be hostess for the evening... **Marine Corporal Thomas W. Sullivan** was promoted to his present rank while serving with the Marine Corps, Base Camp, Camp LeJeune, NC... **Gail E. Whitehead**, daughter of Mr. and Mrs. Robert W. Whitehead, 72 Waterston Ave, was installed as Worthy Advisor of the Wollaston Assembly of the Order of the Rainbow Girls at the Quincy Masonic Temple... The Wollaston Credit Union, 651 Hancock St., was offering "Special Notice Accounts, 6% Per Annum"... "The Sound of Music," starring Julie Andrews and Christopher Plummer, was playing at the Wollaston Theater. All seats: \$1... Plans were being made for the annual Past Commanders Breakfast of the Jewish War Veterans. The event will be held at Beth Israel Synagogue, Sunday morning Oct. 7... Kimberley's, 751 Quincy Shore Drive, announced that "Happy Hour" would be held Monday thru Thursday from 4:30 to 7 p.m... **James Locke** was the incoming president of the Montclair Men's Club; he succeeded **Edward P. Adams**... The Duggan Brothers, Ambrose and Frank, announced that their annual "Auto Show" would be held Thursday, Friday and Saturday, Sept. 20-22... The Quincy High School cross country track team will have, for the first time, a female member on the team in **Jill Seamans**. Miss Seamans runs the 220, 440 and 880.

READERS FORUM

Consider Parking On One Side Of West Elm Ave.

I know this situation has been tabled until 2020 but I was very happy to see that City finally realized there is a parking problem.

I've lived on West Elm Avenue since 1987. In August, an attempt to make East and West Elm Avenue one way lasted less than a week.

I don't know who is complaining about the change but it can't be anyone that lives from Billings Road to Quincy Shore Drive. If that wasn't the answer, why can't there be parking on one side of the street? I've seen mirrors ripped off and cars hit because people can't

maneuver between parked cars on both sides. During a recent snow storm, a plow hit a legally parked car and totaled it.

Today, I waited for 10 cars to go by before I could get out of my driveway. I noticed there is parking on one side on East Elm, Davis

and Beach. I don't know why West Elm Avenue can't join them. In the interest of safety (especially the residents) and to create order, please consider this solution.

Kathy McCluskey
Quincy

Boston Should Support Ferry Service To Long Island

As someone who has spent most of his life in Boston but spent 25 years in the City of Quincy I can view the issue of a new Long Island Bridge and a new Boston recovery-treatment campus with some objectivity.

Spending \$92 million on a new bridge out to the island and the proposed treatment-recovery campus sounds good on paper but in reality many of those currently in and around Mass and Cass at Methadone Mile will stay put. The campus on the island may help many but not most who just like being free spirits living like they are without any rules to follow.

I believe the City of Quincy is correct on the use of a ferry system, not a bridge. If you listen to Boston, they are carrying the whole burden but this is not true. Quincy has been doing its part too. The problem is regional but the real issue to be solved is what to do with all the folks who now call

the area down by Boston Medical Center their home.

Seems Mayor Walsh would like to see the concentration of homeless impacting the South End and Lower Roxbury neighborhoods being disbanded and spread across the city's neighborhoods. Sounds not like a good or workable answer. Methadone Mile needs to be dissolved and real solutions found. Time

to stop sound bites and get to work. The politics has to stop. Spreading this malignancy to other neighborhoods is no solution.

It is understandable that Methadone Mile won't go away quickly. It took years of not noticing its growth that created today's issues. It seems like trying to sweep sand off a beach now. The homeless is a regional issue and not an us versus them

strategy.

As Pogo that comic strip character from my childhood days often said, "We have met the enemy and it is us." We all should be working together but not necessarily building a bridge. Ferries seem like a pretty doable idea. Boston needs to relook its opposition to this idea.

Sal Giarratani
Boston

SUBSCRIPTION FORM

FILL OUT THIS SUBSCRIPTION BLANK AND MAIL TO

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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Arts & Entertainment

22nd Annual Quincy ArtsFest Set For Sept. 28-29

Mayor Thomas Koch announces the 22nd annual Quincy ArtsFest will take place in Merrymount Park on Saturday, Sept. 28th and Sunday, Sept. 29th.

The free event is cospon-

sored by the City of Quincy, the Quincy Art Association, and Quincy Access Television. The Janet Burke Mann Foundation for the Arts also contributes to the event.

This year's event will

take place from 10 a.m. to 5 p.m. on Saturday (Sept. 28) and from 10 a.m. to 4 p.m. Sunday (Sept. 29). It will feature artwork, photography, children's artwork, live entertainment, children's activities, a hay ride, pony rides, moon-bounces and more.

The highlight of the live entertainment lineup will be a concert from the Quincy Symphony Orchestra at 1 p.m. on Saturday followed by a performance by Boston's Irish Band, Devri. Concessions will be sold throughout the weekend and guests can bring their own chairs and blankets to enjoy the sounds of the afternoon.

"Quincy ArtsFest is a tremendous showcase of the talents of our fellow residents and artists from throughout the South Shore," Koch said. "Each and every year I have been impressed with the quality of work that this show attracts. I encourage people of all ages and interests to come down to Merrymount Park and enjoy a wide variety of cultural entertainment

in such a beautiful park setting."

The Quincy Art Association expects to display more than 200 different works of art from watercolors, oil paintings, sculptures, photographs, mixed media, children's art and more. This is a Juried Show and will draw some of the finest artists in the area. There is also a "Best of Quincy" category that encourages artists to capture the beauty of Quincy's parks, open spaces, and historic locations.

In addition to the art on

display, guests can enjoy a hay ride through the park, pony rides for children, children's inflatable attractions, live art demonstrations, live music, and all at no cost.

Added Mayor Koch, "The goal is to provide a free, cultural event for our residents in a gorgeous park setting. We want as many people as possible to witness the talents of our local artists. Quincy ArtsFest provides something for everyone and I encourage people to check out this great event."

THE QUINCY ART ASSOCIATION IS NOW OFFERING FALL CLASSES FOR ADULTS & CHILDREN AT ALL LEVELS!

- Beginner's Drawing
- Watercolor/Ink Wash Painting
- Oil, Acrylic & Pastel Painting
- Portrait Sculpture
- Photography/Clay
- Workshops & More!

CLASSES BEGIN WEEK OF OCTOBER 6TH

Discounts given to members.
Registration is open NOW!

Visit quincymartma.org to register or send check to:
Quincy Art Association
26 High School Ave
Quincy, MA 02169

quincymartma@yahoo.com 617-770-2482



Quincy Art Association
.....where visions begin.

Arts Council Accepting Applications For Cultural Grants

Quincy Arts Council is now accepting applications for Massachusetts Cultural Council 2020 Local Cultural Council (LCC) grants.

The LCC grants are the primary means by which the state funds cultural activities in local communities. Organizations, individuals, and schools engaged in providing programs in the arts, humanities, and interpretive sciences in Quincy may apply.

The deadline for apply-

ing is Tuesday, Oct. 15.

All applications are completed and submitted online. Paper applications are not accepted.

Applicants should review Massachusetts Cultural Guidelines and Quincy Arts Council Priorities before filling out the application. All materials, including the application, can be accessed and the application submitted at www.mass-culture.org.

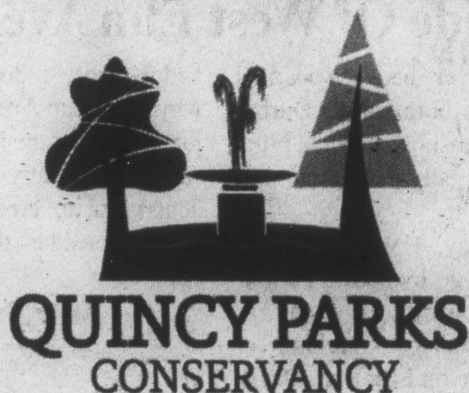
For persons needing in-

ternet access, the Thomas Crane Public Library and its branch libraries, along with many other Massachusetts public libraries, have computers with internet access that are available to the public.

Quincy Arts Council will hold a Public Information and Input Meeting, Wednesday, Oct. 2, from 5:30 to 6:30 p.m. at the Adams Academy Building, 8 Adams St., Quincy. This will be an opportunity to

learn, ask questions, discuss the application process, and offer reactions and recommendations about the Council's mission and grant-making process.

Persons with questions may also call Quincy Historical Society at 617 773-1144; callers should say that they are inquiring about the "Quincy Arts Council." Questions may also be e-mailed to quincyparksconservancy@gmail.com.



The Quincy Parks Conservancy is proud to honor
Former Mayor James A. Sheets
with the 2019 Charles Francis Adams II Award



Wednesday, October 2, 2019

5:00-7:00pm

Upper Merrymount Park at the Fountain

850 Hancock Street

Quincy, MA 02169

Hors D'oeuvres and Refreshments
Business Attire

For tickets & more information: www.quincyparksconservancy.org or
email: info@quincyparksconservancy.org

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Social

Friends Of Blue Hills Annual Celebration Oct. 3

The Friends of the Blue Hills will host its 40th Anniversary Annual Celebration on Thursday, Oct. 3, from 7-9 p.m. at the Canton Town Club, 300 Bailey St., in Canton.

The evening will include hors d'oeuvres, silent auction, and the presentation of the organization's 40th Anniversary Legacy Partner Awards and the 2019 Community Partner Award.

One person with local ties will be honored at this year's event: Steve Cobble of Quincy and president of the New England Mountain Biking Association will be recognized for his great efforts to protect and preserve the Blue Hills Reservation.

Tickets are \$35 if purchased by Sept. 30 and \$40 at the door and are available at FriendsOfTheBlueHills.org/Celebrate2019.

The keynote speaker at the Annual Celebration will be New York Times Best-Selling author Tom Ryan, who will share stories of his life-changing hikes with Atticus M. Finch, Emily B. Hawthorne, and Samwise A. Passaconaway.



STEVE COBBLE will be honored at this year's Friends of the Blue Hills 40th Anniversary Annual Celebration on Thursday, Oct. 3, at the Canton Town Club.

Photo Courtesy Friends of the Blue Hills

There will also be a special raffle as part of the festivities: a gourmet dinner for six at the top of the Blue Hill Observatory, catered by Blue Hills Grille in Canton.

Tickets for the raffle are \$15 each or 3/\$35 and can be purchased at FriendsOfTheBlueHills.org/Raffle2019.

For more information, email info@FriendsOfTheBlueHills.org.

Saturday Last Day For Tours This Season At 1686 Quincy Homestead

The Quincy Homestead will be open for the last public tours this season on Saturday, Sept. 21 from 11 a.m. to 2:30 p.m. (last tour beginning at 2 p.m.)

Why not end the summer with a walk through a house which has been standing at the corner of Butler Road and Hancock Street for three centuries? Come and tour the Quincy home that entertained many family members and friends of New England's Colonial days.

In celebration of the 15th anniversary of Museum Day on Saturday, Sept. 21, the Quincy Homestead will be open for free guided tours from 11 a.m. to 2:30 p.m. Museum Day is an annual event sponsored by Smithsonian magazine. Participating museums and cultural institutions across the country provide free entry to anyone presenting a Museum Day ticket.

The Quincy Homestead is widely recognized for five generations of the prominent and influential Edmund Quincy family who resided on the property. Many members of the Quincy family were government and civic leaders, merchants, and progressive farmers in the Massachusetts Bay Colony.

Also known as the Dorothy Quincy Homestead, it is named in honor of the three generations of Dorothy Quincys who resided in the house during the 18th century. Edmund Quincy IV's youngest daughter, Dorothy Quincy, married the famous patriot and founding father, John Hancock. Come and view our lovingly restored Hancock chariot.

The Homestead retains the original architecture of the first period home built circa 1680 by Edmund Quincy II as well as the Georgian style elements introduced circa 1706-08 by his son. Surrounded by formal heritage gardens, the historic Furnace Brook runs quietly alongside the north side of the property. The serene park setting and

mansion house is owned by the Commonwealth of Massachusetts Department of Conservation and Recreation (DCR) with the museum and interior of the mansion operated and managed by NSCDA-MA.

Quincy Homestead is a 501(c)(3) organization. Your donations help us preserve this historic property.

For more information, visit www.nscdama.org. Follow us on Facebook: <https://www.facebook.com/quincyhomestead1686>.

Quincy Homestead does not require a Museum Day ticket; however, to learn more about Museum Day, downloading tickets and finding other participating museums, visit <https://www.facebook.com/MuseumDay>.

QHS Class Of 1979 Reunion Oct. 5 At FB Golf Club

The Quincy High School Class of 1979 will hold its 40th reunion Saturday, Oct. 5 from 7 to 11 p.m. at the Furnace Brook Golf Club, 20 Reservoir Rd., Quincy.

Tickets are \$45 per person. No tickets will be sold at the door. Purchase them on Eventbrite:

<https://www.eventbrite.com/e/quincy-high-school-class-of-1979-40th-reunion-tickets-64386976179>

There will be a DJ and passed appetizers.

For more information contact Stephanie Coose: scoose5@verizon.net.



QUINCY FIREFIGHTERS recently "filled the boot" raising \$3,400 for the Muscular Dystrophy Association. The firefighters set up a tent outside the Quincy Credit Union recently and collected donations for MDA. Among the firefighters who participated in the fundraiser were (from left to right) Gerry Shea, Evan Harrington and his son, Joe Callanan, and Ralph Blight.

Photo Courtesy Quincy Fire Department

Jokes On The Water At Victory Point Restaurant

By KERRY J. BYRNE

Jokes On the Water will be a hilarious night of laughs at the beautiful new Victory Room at Victory Point restaurant on the Marina Bay waterfront in Quincy. The event is selling out quickly! A few tickets are still available at Eventbrite.com.

The show stars Boston's hottest sports media & comedy all stars:

Jerry Thornton - football fans have read and loved him for years on Barstool Sports and watched him on HBO. Thornton is the Patriots superfan, NFL commentator and author who

"defended the wall" of Tom Brady's honor against evil Roger Goodell and the NFL.

Nick Stevens - sports radio WEEI personality and beloved celebrity fan "Fitz" Fitzgerald of TownieNews.com. The longtime comedian and sports media figure achieved the heights of Patriots fandom riding on the Duck Boats after New England's latest Super Bowl victory.

Craig Murphy - South Shore native turned national comedy star performing in Las Vegas, New York City and Royal Caribbean & Carnival cruise lines. Murphy

has been featured locally on Dirty Water TV and on sports radio WEEI and is remembered by many for his hilarious dead-on imitations of Patriots owner Robert Kraft.

Doors for Jokes on the Water open at 8:30 p.m. Show starts at 9 p.m. Tickets are \$20 in advance; \$25 at the door.

The show will feature great food from Victory Point owners, the Frattaroli family of North End restaurant fame, plus full cash bar.

Future Jokes on the Water shows take place on Oct. 19 and Nov. 16.

* A NIGHT TO REMEMBER *

Steven V. Barrett

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STEVEN V. BARRETT MEMORIAL FUND

QUINCY SONS OF ITALY
SATURDAY
9.21.2019 | 7:30PM

TICKETS

\$25 IN ADVANCE | \$30 AT THE DOOR
AVAILABLE AT THE FOLLOWING VENMO ACCOUNT: SVB-MEMORIAL

OR BY CONTACTING

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6 BAKER AVE., BRAINTREE, MA 02104



City Planning Special Day Of Recognition For WWII Vets

Quincy Veterans Services Seeks Information On Local World War II Veterans

By **GEORGE NICHOLSON**
Director

Quincy Veterans Services

We are all in the process of wrapping up the remembrance activities for the 75th Anniversary of the World War II D-Day landings in the invasion at Normandy. This time next year our nation will be conducting our celebrations of the 75th Anniversary of the end of World War II.

Seventy-five years is a full life span for most of us. Normal life expectancy in 1944 was less than 70 years. In 1944 the average age of the American soldier was 26, with the average being generally somewhat less for marines and sailors.

Over 16 million men and women served in World War II. Depending upon whose numbers you want to use, there is estimated to be be-

tween 325,000 and 400,000 of our country's WWII vets still with us today and we are losing them at the rate of about 400 per day. The youngest of our WWII vets, who would have been about 18 years of age in 1944, is now 93. The rate of attrition for these members of America's Greatest Generation is accelerating rapidly. How many of them will still be with us for that 75th End of WWII anniversary celebration?

The City of Quincy saw 8,456 of its citizens serve our nation in WWII. We can never forget that these are the very men and women who defended and preserved our freedom and our independent way of life during the most dangerous period that the world had ever seen. These are the men and women who returned to this City after having wit-

nessed and experienced the horrific ravages, sufferings and horrors of that war and then devoted the rest of their productive lives to the security, the freedom and the prosperity of their families, their community and their country.

Here in Quincy, we can't allow those WWII veterans, who remain among us, to just fade away without any further recognition. We don't want to wait another entire year in order to honor these remaining vets on what will otherwise be, for them, a very special and appropriate 75th year anniversary celebration.

We also don't want to wait for a new census to tell us how many WWII vets remain with us.

If you know one of these living World War II vets here in Quincy, we are asking that you call the Quincy

Veterans Services Office (617-376-1192) and give us their names and addresses so that we, as a city, can arrange a special ceremony, to be held later, possibly and ideally, around Pearl Harbor Day this year. We would also welcome the names and pictures of any of Quincy's 8,000 + WWII vets who are no longer with us.

The information will be

kept confidential and the details, location and logistics for this Special Day of Recognition will be forthcoming as they evolve.

Quincy is extremely proud of all of our veterans and feel, resolutely, that our World War II veterans deserve to know that they still and will always, hold a special place in our hearts

and lives. Help us identify them, wherever they are.

Help us say "Thank You" to them personally and to their memories, one more time, for all that they have given and all they have done, for our country and our city.

Gratefully,

George F. Nicholson,

Director

Quincy Veterans Services



NORFOLK COUNTY SHERIFF Jerry McDermott (at podium) joined his colleagues from the Massachusetts Sheriffs' Association (MSA), legislators, advocates, researchers and federal officials at the State House recently to announce the launch of a landmark initiative providing expanded medication assisted treatment (MAT) options to those with opioid use disorder (OUD) at correctional facilities in seven counties. Photo Courtesy Office Of Sheriff Jerry McDermott

WHAT'S COOKING

with

Marie & Susie

By **MARIE D'OLIMPIO** and **SUSIE FALCO**



Peach Gorgonzola Appetizer

Simple Ingredients And Delicious

By **MARIE**

At a delightful summer luncheon hosted by my niece, Natalie, she served a delicious Peach Gorgonzola Appetizer.

This is a very easy and simple recipe, that was such a hit that some of the guests went home and made it right away.

Pre-heat oven to 350 degrees

INGREDIENTS:

- 4 peach halves (jarred or canned, syrup and/or juice drained)
- Gorgonzola crumbles
- Walnuts (chopped: plain or candied)

Honey to taste

If you are using fresh peaches, peel the peaches and cut in half. Remove peach pit.

Put the peaches in a baking pan and put cheese crumbles in the hollowed out space.

Bake at 350 degrees about 15 minutes or until cheese is melted

Take out and put chopped walnuts on top of the cheese (lightly, chopped small).

Drizzle with honey

This recipe can be topped with whipped cream or vanilla ice cream, but delicious without any additional toppings.

Serves 4 (or 2, with 2 each)

Pizza Omelet

By **SUSIE**

I don't know anyone who does not like pizza. Love is more like it. Here is a fun and healthy recipe that could be served for any meal along with a salad.

An estimated 94 percent of Americans eat pizza regularly and the average American eats about 46 slices per year, with more than 3 billion pizzas sold per year. A funny statistic is that 36 percent of people consider pizza to be the "perfect breakfast."

So here I am with my pizza omelet for you to try. The crust on this pizza is made with eggs which is a healthy twist and makes a great breakfast.

PIZZA OMELET

- 2 organic eggs, whisked with sea salt and pepper to taste along with a tablespoon of parmesan OR pecorino romano (made from sheep's milk) and ¼ teaspoon garlic powder
- 1 tablespoon or so of olive oil to heat in the pan
- 2 tablespoons minced onion

- 2 tablespoons of minced red pepper (or mushrooms)
- ½ teaspoon dried basil
- ¼ teaspoon dried oregano
- 3 tablespoons or so of tomato sauce, or spaghetti sauce that is warmed

Coat a small skillet with olive oil and heat until very hot on medium heat (not high).

Add herbs and onion/pepper/mushroom combo. Cook until fragrant. Now increase heat a bit and add in egg mixture.

Cook as you would a regular omelet by not disturbing it for about 30 seconds, then using your spatula lift edges of omelet up to allow the runny egg to go under and cook. Keep doing this until it is firm enough to flip over.

Flip and cook a bit more until done and slide onto plate.

Top with warm tomato sauce and serve with a little extra parmesan or romano cheese if you like. Enjoy!

Medication Assisted Treatment Pilot Program Launched

Norfolk County Sheriff Jerry McDermott joined his colleagues from the Massachusetts Sheriffs' Association (MSA), legislators, advocates, researchers and federal officials at the State House recently to announce the launch of a landmark initiative providing expanded medication assisted treatment (MAT) options to those with opioid use disorder (OUD) at correctional facilities in seven counties.

The pilot program formally launched on Sept. 1 in Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk and Suffolk counties following a year-long design and implementation process. As part of the pilot, individuals entering facilities in the seven counties on any of the three FDA-approved MAT regimens (buprenorphine, methadone or naltrexone) will have the ability to continue their treatment regimen while incarcerated, unless determined otherwise by a qualified addiction specialist. Sentenced inmates not on a verified MAT regimen at the time of their commitment may also be evaluated for participation 30 days prior to their scheduled release.

"The Norfolk County House of Correction is pleased to implement the

MAT Program," said McDermott said. "It is important that we utilize all the resources and methods at our disposal to combat this drug epidemic which effects all of our communities, whether by addiction or crimes. This is a pioneering step in addressing these problems." Since its launch on Sunday, nearly 100 individuals have had MAT administered across the seven counties.

In addition to collaboration across the participating offices, sheriffs also worked closely with the Baker-Polito Administration on the implementation of the pilot which is a direct result of Chapter 208 of the Acts of 2018 signed with bi-partisan support by Governor Baker last summer. Building on this success of the STEP Act, the bill expanded the use of medication assisted treatment by requiring the Department of Public Health (DPH) to implement a MAT pilot program in Houses of Correction no later than September 1, 2019.

"This pilot program serves as another tool for law enforcement and public health leaders to explore ways to address the opioid epidemic," said Governor Charlie Baker. "While we have seen some progress,

our work is never done and our administration will continue collaborating with law enforcement and other stakeholders to combat this public health crisis across the Commonwealth."

"Our administration is proud to have doubled investments in substance misuse and prevention across state agencies since 2015, and we continue to work with our partners in law enforcement to do all we can to address the opioid epidemic," said Lieutenant Governor Karyn Polito. "This new pilot program represents another mechanism to pursue options for helping individuals with a substance use disorder get on a path to recovery."

As part of Monday's press conference, officials also highlighted the recent award of a five-year, \$10 million federal grant to Baystate Medical Center through the Justice Community Opioid Innovation Network (JCOIN). The grant is one of 12 nationwide that will support research on quality addiction treatment for OUD in criminal justice settings. Researchers from Baystate and UMass Amherst will work with all seven counties to examine and study the pilot.

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Are BPA Replacement Chemicals Any Safer For Kids?

A Message From Ruth Jones, City Of Quincy Health Commissioner

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

Bisphenol A, or BPA, has long been used in plastics. In the past it could be found in a wide array of products including the lining of food cans, food storage containers, water bottles and even the coating on cash-receipt paper.

Recently though, companies have switched to substitutes and advertise their products as "BPA-free." Based on research showing that BPA is an endocrine disruptor capable of interfering with the body's hormones and may have detrimental effects, manufacturers have been phasing out bisphenol A because of evidence it might harm human health. Studies have linked higher BPA exposure to increased risks of obesity, type 2 diabetes and attention-deficit/hyperactivity disorder.

However the question remains, are the BPA substitutes any safer? A new study now introduces questions about the chemicals that have replaced BPA in products. Melanie Jacobson, a research scientist at NYU Langone Health in New York City, who conducted the new study points out that there is not a lot known about these new chemicals. She maintains that the replacement chemicals are structurally similar to BPA, as inferred by names like bisphenol S and bisphenol F, two of the most common BPA substitutes.

Additionally, there is lab evidence that BPA alternatives have estrogen-like

activity. Furthermore, a study conducted by the U.S. Environmental Protection Agency in 2017 concluded that certain substitutes were actually more powerful than BPA in activating estrogen receptors in human cells.

In the new study, Jacobson's team concentrated on urinary levels of bisphenol S (BPS) and bisphenol F (BPF) in more than 1,800 U.S. children and teenagers. The investigators discovered that overall, higher levels of those chemicals were associated with a higher prevalence of obesity. The findings showed that for each unit of increase in BPS, the odds of obesity rose 16%, and the risk of severe obesity increased by 18%. BPF, however, was less commonly detected in children's urine. Nonetheless, when BPF was noted, the odds of excess belly fat amplified the risk of abdominal obesity to 29% higher.

Jacobsen noted that the findings needed to be interpreted cautiously. She pointed out that the study results did not prove cause and effect and could not infer that the chemicals cause obesity or weight gain. Instead, the study demonstrates that a link between the chemicals and obesity are present, and additional research is necessary to see whether, for instance, the BPA substitutes are related to kids' weight gain over time.

Still, it's extremely important to study these other bisphenols and determine their health effects, because people may assume that a "BPA-free" label means a

product is safe, when, in fact, it often contains less-studied bisphenols.

These new findings, published online July 25 in the Journal of the Endocrine Society, are founded on data from a government health study conducted between 2013 and 2016. It included 1,831 children and teens aged 6 to 19. Virtually all had BPA in their urine samples, while 88% had BPS, and 55% had BPF. Since bisphenols are frequently found in food packaging, people with high levels may eat a lot of processed foods. So, researchers noted, it can be difficult to weed out the effects of bisphenols from the effects of diet.

However, they were able to account for the participant's calorie intake and still the link between bisphenols and obesity remained. Ultimately the research suggests that diet and chemicals act together to create effects that are greater than those of either alone.

In another study, an EPA scientist, Chris Corton along with researchers at King's College London, embarked on a mission to determine whether six bisphenol A (BPA) alternatives found in the marketplace are any safer than BPA itself. The results of their research were recently published in Toxicological Sciences. The researchers specifically tested the impact of these chemicals on estrogen receptor activity, which if changed could affect the body's endocrine systems, with possible serious consequences for fetuses, infants

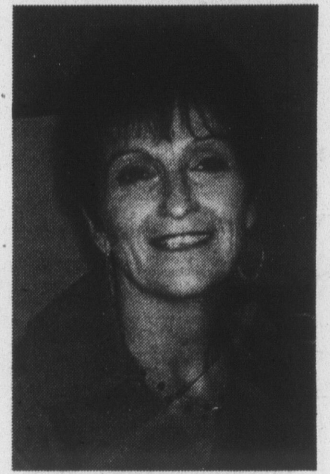
and young children.

The team revealed that some of the BPA alternatives were in fact more potent than BPA itself in activating the estrogen receptor. These findings emphasize the need for testing of these replacement chemicals prior to their introduction into manufacturing to determine if they are safer than the chemical that they are replacing.

Experts, though not absolutely sure yet what these

BPA substitutes do, agree that if you're looking to avoid bisphenols:

- eat fewer processed foods and more fresh ones
- choose frozen or dried foods over canned, or foods sold in glass or other alternatives to cans and plastic
- avoid hard, clear plastics with the recycling code 7 or marked PC
- ask for electronic receipts and wash your hands after handling paper receipts.



RUTH JONES

Ruth Jones is the health commissioner for the City of Quincy.

N.E. Food Allergy Treatment Center Opens Quincy Office

The New England Food Allergy Treatment Center (NEFATC), based in West Hartford CT, has opened a new location in Quincy, to treat patients with potentially severe food allergies.

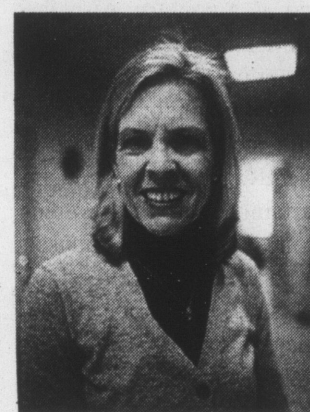
NEFATC-West Hartford, in operation for nearly a decade, successfully desensitizes patients to common food allergens using an exciting process called oral immunotherapy (OIT).

The Quincy location was opened to address the needs of people in the Boston area and beyond.

The Center in Quincy is led by Margaret Vallen, MD as well as John Johnson, MD and Jeffrey M Factor, MD, the Medical Director of the West Hartford Center. The state-of-the-art center, located at 700 Congress St. in Quincy, employs full time registered nurses as well as has 10 examination rooms to meet the needs of patients. The center treats patients from age 2 and older. Its mission is to help desensitize children with potentially life-threatening food allergies, with a goal of providing a better quality of life for patients and their families.

According to Dr. Vallen, the program requires a commitment of up to a year. With careful monitoring, patients visit the Center every two weeks until the maintenance dose is reached. Daily doses are consumed at home with a physician on call 24/7 should a question arise. At its conclusion, patients with peanut allergy will be able to consume at least 4 peanut M & Ms daily or, for those with other food allergies, a predetermined amount of tree nuts, sesame, milk or egg.

While OIT does not cure the patient of his/her allergies, in the event of an accidental exposure an allergic reaction will not likely occur. This in turn should result in less worry, fear, and



Dr. MARGARET VALLEN

anxiety, and lead to an improved quality of life. The dosing of food allergens is done orally. No uncomfortable shots are involved in the treatment.

"The Center is very child and family friendly," said Dr. Vallen, who added, "We are so excited about the work we are doing here. We invite the community to come and learn more about us."

Dr. Vallen is a magna cum laude graduate of Gettysburg College, and earned her medical degree from the Medical College of Pennsyl-

vania (now known as Drexel Medical School). She is certified by the American Board of Internal Medicine with subspecialty certification in Pulmonary and Critical Care, and she is certified by the American Board of Allergy and Immunology. She was elected into Alpha Omega Alpha Medical Honor Society at the end of her Chief Medical Residency.

Dr. Vallen is on the staff of the South Shore Hospital and has been on staff at both The Boston Medical Center and Beth Israel Deaconess Medical Center. She is a Fellow of the American Academy of Allergy, Asthma & Immunology, a Fellow of the American College of Allergy, Asthma & Immunology, and a Fellow of the College of Chest Physicians. She is the mother of twins and resides with her husband on the South Shore. She is on the Board of South Shore SNAP-South Shore Special Needs Athletic partnership.

City To Host 9th Annual Candlelight Vigil Oct. 2 At H-A Common

Mayor Thomas Koch and the Office of Substance Use Prevention Services will host the ninth annual candlelight vigil Wednesday, Oct. 2 in memory of all those throughout the Quincy community and surrounding area who have lost their battle to substance use disorder.

The event will take place on the Hancock-Adams Common, in front of the James R. McIntyre Government Center (old City Hall) at 7 p.m. In the event of rain the vigil will be held at Quincy High School.

The evening will include readings, music and reflections for all those lost to substance use disorder, hope for those still struggling, and continued strength for everyone in recovery. If you would like a photo of your loved one displayed during the vigil submit one along

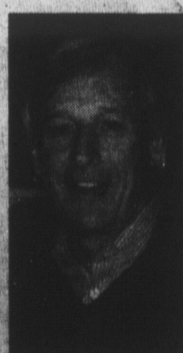
with their name and a word or adjective that best described them to Laura Martin at lmartin@quincyma.gov.

gov by Sept. 27th. Names may also be submitted on the evening of the event beginning at 6:30 p.m.

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Obey The Law Of Kindness

The Clergy Corner

By DAVID GODFREY

As political clouds continue to darken the landscape, it appears that our world consists largely of individual conflict, religious dissension, racial hatred, and anger trying to manhandle kindness. The "experts" seem intent on keeping the focus on how we got to this point and who's to blame, and the disastrous effect such behavior will have on society both now and in the future, rather than finding a way out.

How do we turn around such entrenched and destructive attitudes? A dark period 2,000 years ago may provide some guidance. After witnessing Jesus' crucifixion, the disciples were short on answers too. He'd been killed, and all the lessons of kindness he taught them, such as the Sermon on the Mount, the healings of leprosy, even witnessing Lazarus being raised from dead, didn't seem relevant anymore. They wondered, What do we do now?

Perhaps the answer begins with Jesus' final words from the cross: "Father, forgive them, for they know

not what they do" (Luke 23). After enduring such a horrific demise, he was still able to extend kindness and love even to the perpetrators. This totally selfless act gave his disciples hope. It also provides us with hope, and a way to deal with today's challenges.

Jesus said repeatedly, "By this shall all men know that ye are my disciples, if ye have love one to another" (John 13). Being kind isn't difficult when we remember that kindness comes from God. We embody it, since we are His image and likeness.

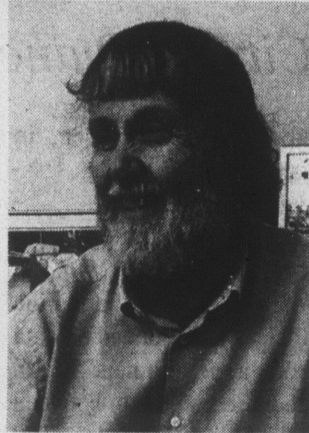
We hear a lot about different nationalities being a threat to us as individuals and as a country. Also that politicians are the cause of all our problems, and finally, that my neighbor must agree with me or we are done as friends. These thoughts certainly aren't coming from God, who counsels us to love one another! Jesus says, "Let none of you imagine evil in your hearts against his neighbor" (Zech 8). By the way, our neighbor is everyone we meet...no exceptions!

To change the status quo,

to see our neighbor unselfishly and come together, Mary Baker Eddy, the Discoverer and Founder of Christian Science, says this in her book Miscellaneous Writings: "Obedience is the offspring of Love; ...it fulfills the law. We see eye to eye and know as we are known, reciprocate kindness and work wisely, in proportion as we love."

I was once faced with a situation where it was extremely painful to get out of bed. At first I didn't want anyone to know of my plight, and held to this selfish position for a period of time. Circumstances soon necessitated a change in my attitude however. Two good friends called to check on me and offered their help with meals and dishes. Fighting the inclination to decline their kind offer, I put aside my pride and ego and accepted their help. God put us here to express Him. These friends were expressing kindness to me, just as I was when I finally accepted their help. It wasn't long before I was up and at it again with no pain.

Their response confirmed that compassion was just what the situation needed. If we want to restore kind-



DAVID GODFREY

ness and civility to a world so desperately needing it, just look around for opportunities. Open a door for someone, thank a veteran for their service, check in on a neighbor you haven't seen, shoot, even ask a total stranger if they like the shirt you're thinking of buying. At the very least you're sure to get a chuckle out of them.

A verse from a hymn I love speaks to the large blessings that can come from small gestures: "Each smile a hymn, each kindly deed a prayer."

David Godfrey is a Christian Scientist and a former resident of Quincy, where he conducted worship services as First Reader. He currently serves on his church's Executive Board and is Chairman of its Lecture Committee.

Social Security Matters

Ask Rusty: When Will My Earnings Not Hurt My Social Security Benefits?

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I will turn 66 in June of next year. I do not plan to stop working but I do plan on starting to collect my Social Security. How soon can I start to collect without having to give it back because my income is too high? And after I start collecting will I still have to pay into the program with deductions from my current salary, and if I do, will those payments from me help to increase what I will be able to collect from SSA? **Signed: Planning Ahead**

Dear Planning Ahead: Social Security's earnings limit goes away when you reach your full retirement age (FRA), which for you is 66. So, if you claim Social Security benefits to start in June of next year you do not need to worry about your earnings causing Social Security to take back benefits - you'll have reached your full retirement age (FRA) and the earnings limit disappears at your FRA. But, whether you can claim any earlier in the year without it affecting your benefits depends on your earnings level.

Starting next year, because that will be the year you reach your FRA, the usual earnings limit (\$17,640 for 2019) will be about 2.5 times greater, or a little more than this year's limit of \$46,920 for those in their FRA year. So, if you claim benefits to start before June when you reach your FRA, you'll be subject to that higher 2020 annual limit and - depending on the month you claim - perhaps a monthly limit (the annual limit divided by 12). Exceeding the annual limit will cause Social Security to take back some of your benefits, and if you exceed the monthly limit you won't be entitled to benefits for that month. However, if your income starting next year won't exceed those limits you can claim earlier in the year without having benefits withheld. And if you don't start your benefits before June of next year you won't be subject to an earnings limit at all next year, nor for any year thereafter. And just to be sure you're aware, you can apply for Social Security about 3 months before you want your benefits to start - but if you want to start benefits at your FRA just be sure to specify June 2020 as your benefit start month. For clarity, you can get benefits for the full month of June, the month you reach your FRA, regardless of the day of the month you were born.

As to your question about continuing to pay into the program, yes, for as long as you continue to work you will need to pay Social Security FICA payroll taxes - everyone who works and earns must pay that tax. But paying Social Security FICA, by itself, doesn't increase your benefit. What may affect your benefit is if your current earnings are more than the inflation-adjusted earnings in any of the 35 years used to compute your benefit when you start Social Security. Each year, Social Security will look at your annual earnings and, if an increase is appropriate because you have more recent higher earnings, they will automatically make that adjustment for you.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question email: jpgprimaldi@verizon.net.

Free Legal Clinic Oct. 1

The Bar Association of Norfolk County will hold a free evening legal clinic Tuesday, Oct. 1 from 6 to 8 p.m. at Dedham District Court, 631 High St., Dedham.

Attorneys will volunteer their time consulting on a one-to-one basis, to those who have questions or concerns regarding a legal issue. For more information call 617-471-9693.

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'A Night To Remember - Steven Barrett' Saturday

The Barrett Family will host "A Night to Remember Steven V. Barrett" on Saturday, Sept. 21 at 7:30 p.m. at the Sons of Italy Hall in Quincy.

Tickets may be purchased for \$25 prior to the night of the event via Venmo at [svb-memorial](https://venmo.com/svb-memorial). Tickets may also be purchased by contacting Nancy (Barrett) Ceriani at nancy.ceriani@verizon.net 617 529-6740 or Nicole (Sheffer) Doherty at

nicole.sheffer@gmail.com 617 694-1994.

Tickets at the door will be \$30. You may also purchase tickets or send donations by making checks payable to the Steven V. Barrett Memorial Fund, 6 Baker Ave., Braintree, MA 02184. The night will feature a disc jockey, raffles and auction items to assist in replenishing the Steven V. Barrett Memorial Fund.

Steven tragically died 20

years ago this September in a car accident on the island of Nantucket. Steven was 22 years old and pursuing his dream of being a police officer. Steven was working on the island with the Nantucket Police Department while waiting to be hired by the Quincy Police.

Each year the Barrett Family gives several scholarships in his name to keep his memory alive. These scholarships help young

members of the community continue their educational journey as they enter college.

The Barrett Family thanks all who have contributed over the years and to this year's fundraiser. The family looks forward to a night of sharing fun memories of Steven on Saturday, Sept. 21st at 7:30 pm at the Sons of Italy Hall, Quarry Street, Quincy.



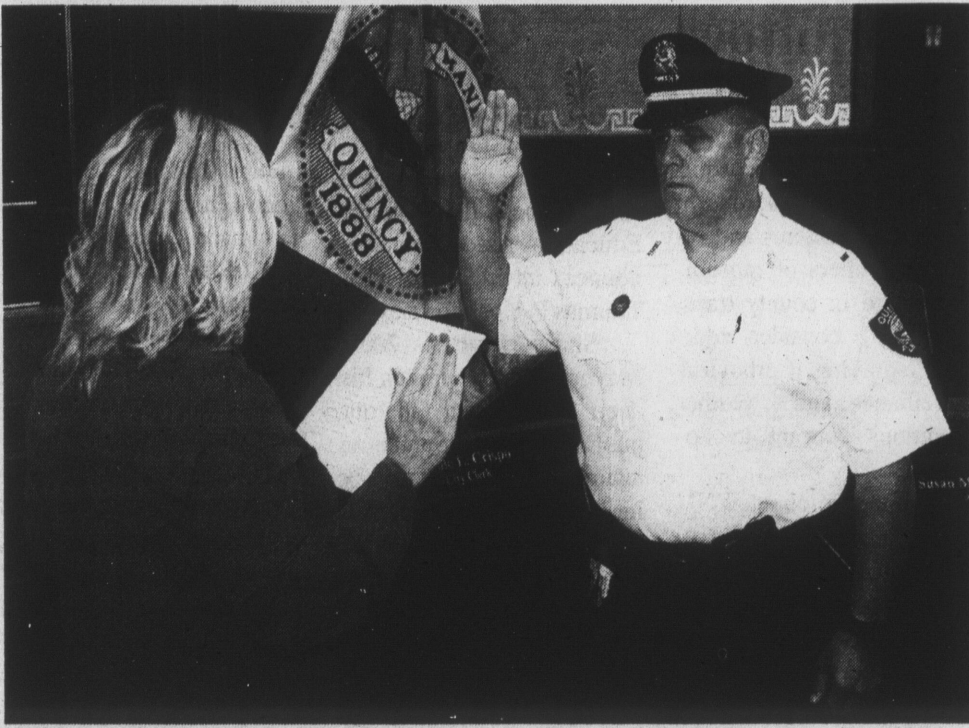
JAMES CARDEN of Quincy joined his co-workers at Liberty Bay Credit Union to distribute the back to school supplies that Liberty Bay employees and members collected for children supported by Old Colony YMCA. The collection included backpacks, books, crayons, calculators, over two dozen pairs of sneakers, and much more. From left to right: Chris Maloney from Old Colony YMCA, Yohannes Hiruy, Charlette Robichaud, Donna Warner, all of Liberty Bay Credit Union, Erin Spaulding from Old Colony YMCA, and Carden of Liberty Bay Credit Union.

Photo Courtesy David Thomson

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QUINCY'S NEWEST POLICE promotions - Lt. Mark Foley (left) and Sgt. Paul Coughlin - are sworn-in by City Clerk Nicole Crispo at a ceremony last Friday in the Great Hall, James R. McIntyre Government Center (old City Hall.)
Quincy Sun Photos/Robert Bosworth

Two Quincy Police Officers Promoted

Cont'd From Page 3
years in special operations and then 11 years in the drug control unit before he was promoted to sergeant in

2005. He had most recently been the shift supervisor for the 4 p.m. to midnight shift. Foley will be assigned to one of the night shifts as a

lieutenant.

Police Chief Paul Keenan said Foley is well respected by his fellow officers.

"Mark has been around

for a lot of years. He's done an awful lot of things in the Quincy Police Department - motorcycles, he was an outstanding drug officer for a number of years. He is a well-respected sergeant by not only the people that work for him, but the people that work with him," Keenan said.

"Mark, I can honestly say, is never at a loss for words and he never minces words. You always know what he is thinking, which is kind of refreshing."

Coughlin became a Boston police officer in 2004 and then joined the Quincy Police Department in 2012. He had most recently been assigned to the traffic division and, as sergeant, will work the midnight shift.

Keenan said Coughlin has been an asset to the department since he transferred from Boston.

"Paul has been on for a few years," the chief said. "Our gain was Boston's loss - he transferred over from Boston and has been a great

asset for the department both in patrol and in traffic."

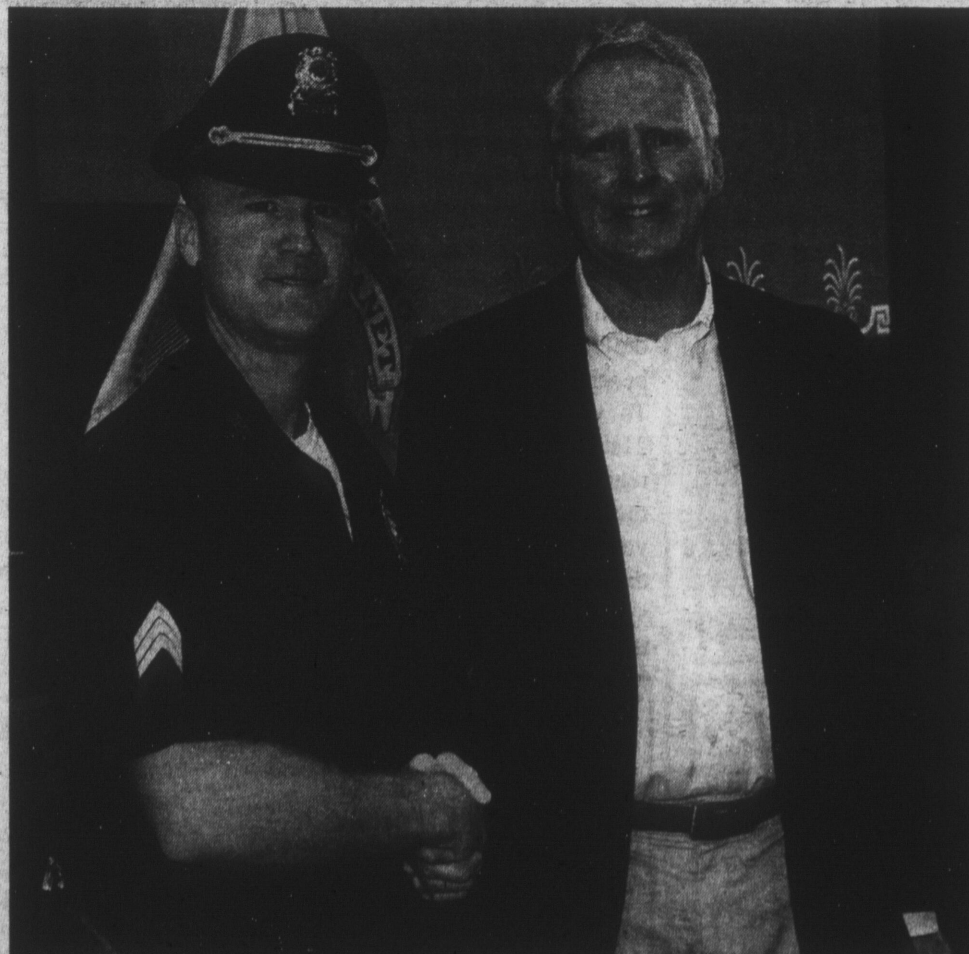
Foley and Coughlin both worked hard to receive their promotions, Keenan said.

"I know how hard these officers have to study to get where they are," he said. "We're probably one of the most difficult departments in the commonwealth to get promoted in because we've got such an intelligent, enlightened group of men and women who take these tests and study."

Cont'd On Page 12



MARK FOLEY, a 31-year veteran of the police department, was promoted to lieutenant Sept. 13 at City Hall. He joined the department in 1988 and had been promoted to sergeant in 2005. Here, his daughter Shannon pins him with his lieutenant's badge.



PAUL COUGHLIN (left) was promoted to sergeant Sept. 13 during a City Hall ceremony. He joined the Boston police in 2004 and transferred to Quincy in 2012. Congratulating Coughlin on his promotion was his uncle Leo Coppens, a retired detective who served with the police department for more than 30 years.

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West Nile Virus Confirmed In Quincy Mosquitoes

The Massachusetts Department of Public Health (MDPH) confirmed Tuesday that West Nile virus (WNV) has been detected in mosquitoes collected from Quincy. There was one WNV-positive Culex pipiens/restuans complex mosquito sample (pool) identified from samples collected on Sept. 11.

To date, for 2019, the state has reported 72+ WNV-positive mosquito pools from twelve counties, including at least four from Norfolk County.

While WNV can infect people of all ages, people over the age of 50 are at higher risk for severe infection. WNV is most commonly transmitted to humans by the bite of a mosquito infected with the virus. The City of Quincy

Health Department and the MDPH recommend that the public continue to take action to avoid mosquito bites and reduce mosquito populations around their home and neighborhoods.

- Limit your time outdoors during peak periods of mosquito activity (dusk and dawn) or, if you must remain outdoors, wear a long-sleeved shirt and long pants.

- Use a mosquito repellent that contains DEET or Picaridin. Oil of lemon eucalyptus may also be considered. Products with permethrin should only be used on clothing. Always follow the directions on the label. Repellents should not be used on children younger than two months of age. Oil of lemon eucalyptus should not be used on children under three years of age.

- Take special care to cover up the arms and legs of children playing outdoors. When you bring a baby outdoors, cover the baby's carriage or playpen with mosquito netting.

- Fix any holes in your screens and make sure they are tightly attached to all your doors and windows.

- Remove any standing water around your home that is available for mosquito breeding. Mosquitoes will begin to breed in any puddle or standing water that lasts for more than four days. Make sure water does not collect and stagnate in ceramic pots, trash cans, recycling containers, old tires, wading pools, birds baths, etc. Remove leaves and debris that may prevent drainage of roof gutters.

Norfolk County mosquito control will be suspending truck spraying for the control of adult mosquitoes after this week, due to cooler temperatures and reduced numbers of mosquitoes found in county traps. They will consider additional spraying if arbovirus surveillance and weather conditions warrant its application.

Information about WNV and reports of WNV activity in Massachusetts during 2019 can be found on the MDPH website at <https://www.mass.gov/mosquito-borne-diseases>. The Quincy Health Department will continue to work closely with the MDPH Arbovirus Surveillance Program and the Norfolk County Mosquito Control Project on mosquito control and surveillance efforts.

QEA Endorses Koch For Mayor

For an unprecedented sixth time, the Quincy Education Association announces its endorsement of Thomas P. Koch for mayor.

"Since January 2008, Mayor Koch has proven his deep commitment to our public schools time and time again. He has led the way in supporting our schools through strong budgets that allow for new and important initiatives, substantial technology upgrades, expanded programming and staffing, capital improvements, equipment upgrades and so much more," said Allison G. Cox, QEA president.

The endorsement stated Mayor Koch's respect for educators and his commitment to the issues QEA members care about was an important consideration in this endorsement, as well as a lengthy track record of positive and productive experiences in working with him these past 11 years as mayor and chairman of the School Committee.

"Mayor Koch appreciates the tremendous work our members do every day in educating the next generation," Cox said. "Arguably one of the most important roles of any society is in educating its youngsters, and in Mayor Koch we have a leader who respects educators, provides the resources and tools we need to educate our students, and is willing to work together to resolve issues."

The 960 members of the Quincy Education Association include the PreK to grade 12 educators and Assistant Principals of the Quincy Public Schools, as well as faculty and professional support staff of

Quincy College. The decision to endorse Mayor Koch was made by a unanimous vote of the QEA Executive Board.

The union also highlighted Mayor Koch's commitment to the infrastructure of the Quincy Public Schools as a key aspect of its endorsements. Three state-of-the-art new schools, a vast majority funded by state grants, have opened in just the last few years, plans for a new Squantum Elementary School are underway, and the city recently purchased the former St. Mary School with an eye toward building a new school for that neighborhood. The City has also embarked on a broader maintenance and restoration effort in existing school buildings, including a window and door replacement program that was also paid for primarily by state grants.

Education has remained a budgetary priority for Mayor Koch throughout his tenure, with classroom spending increasing by 41 percent since he took office. He also leveraged money outside of the City's operational budget to make substantial technology upgrades in a number of schools.

QEA recognizes that Mayor Koch shares its goal of high-quality public education for the children of Quincy, in which our students receive a first-rate classroom experience, along with ample opportunities to explore academic or enrichment opportunities, and in which they can achieve success and grow in knowledge, skills, and confidence. "Since 2008, when the city needed a bold, new leader to step up and provide inspiring leadership for Quincy, the QEA has consistently recognized Mayor Thomas P. Koch as being true to his word and true to his commitment to Quincy," Cox said. "We are proud to endorse Mayor Thomas P. Koch once again for mayor of Quincy."

Lobster-Fish Dinner Sept. 27

Houghs Neck Congregational Church will host a lobster-fish dinner Friday, Sept. 27 from 5 to 8 p.m. at the church, 310 Manet Ave.

Reservations are preferred. Contact Nancy or Ralph Jacobs at 617-479-6441 or email jacobs0511@gmail.com or ralphjacobs001@comcast.net.

The menu will feature lobster or fish, baked potato, salad, corn on the cob, homemade bread, dessert and beverage.

Price is \$15 for lobster, \$12 for fish. Children under age 12 free.

'McCormack Strong' Walking To End Alzheimer's

Quincy native Michael McCormack, 59, who is living with younger onset Alzheimer's disease is leading his team "McCormack Strong" for their fifth Greater Boston Walk to End Alzheimer's in Cambridge on Sunday, Sept. 22nd.

McCormack, a member of the North Quincy High

School Class of 1978, and his family and friends have raised \$42,000 on their four previous walks. Michael was inducted into the North Quincy High School Baseball Hall of Fame in 2016 and also played for Morrisette Legion Post #294 baseball from 1976-1978. Michael and his wife Diane

live in Salisbury. His siblings live in Quincy, Weymouth and East Bridgewater.

Michael volunteers at the Alzheimer's Association as much as possible and currently serves on the Board of Directors MA/NH chapter. The Alzheimer's Association raises awareness and funding for Alzheimer's

care, support and research.

If anyone would like to support the efforts visioning a world without Alzheimer's they can donate through the group's team page "McCormack Strong" or by check made out to the Alzheimer's Association and sent to:

Michael McCormack, 233 Beach Rd., A8, Salisbury MA 01952.

Two Quincy Police Officers Promoted

Cont'd From Page 11

The newly promoted officers will bring a new perspective and new energy to the table, he added.

"It's always nice to bring a new perspective to the Quincy Police Department," the chief said.

"Every time we get a new promotion, they bring new ideas to the table and new energy to the table."

Mayor Thomas Koch thanked the department's officers for their service to the city on a daily basis.

"We're living in very dangerous times. I remind people we are not only proud of our veterans and what they do defending us all across the world, fighting for freedom and defending the values that are important to us, but you people do it

each and every day on the front lines responding to the needs of all the community," Koch said.

"There are simple little things, but there are also some very dangerous and complicated issues you deal with each and every day. I'm cognizant of that and on behalf of the city I am grateful for that. To our department, I say thank you for all you

do each and every day."

Foley and Coughlin, the mayor added, are both well respected by their colleagues in the department.

"I know today is a great day for both of them individually and their families. I know you worked hard. You both have good names and good reputations in the department. I know you are well-respected by your peers," Koch said.

Wollaston Beach Cleanup Saturday

Friends of Wollaston Beach will be taking part in a clean-up of Wollaston Beach Saturday, Sept. 21.

The Friends invite residents to join in a clean-up of Wollaston Beach Saturday, Sept. 21 from 10 a.m. to noon. The cleanup is part of this year's Massachusetts

COASTSWEEP. Plan to meet on Wollaston Beach near the Wollaston Yacht Club, 692 Quincy Shore Dr.

COASTSWEEP Massachusetts was formed in 1987. COASTSWEEP participants join hundreds of thousands of other volunteers in the world's largest

volunteer effort for the ocean — Ocean Conservancy's International Coastal Cleanup — collecting trash, fishing line and other marine debris, and recording data on what they find. This data is used to find solutions for keeping trash out of the ocean.

Sources of marine debris include people littering, trash blowing out of trash cans and cigarette butts washing into storm drains

that connect to the ocean. Marine debris is more than an eyesore, it can also directly harm sea life and humans.

"COASTSWEEP is a very important effort," said Maureen Mazrimas, president of Friends of Wollaston Beach. "Not only does the cleanup preserve and protect the beach's fragile ecosystems, but the data collected in COASTSWEEP is invaluable in identifying the

sources of pollution to better allocate ever-dwindling resources on the state and federal level."

If you would like to learn more about FWB or the cleanup, see wollastonbeach.org for further details. To volunteer for the Sept. 21st cleanup, email Maureen Mazrimas at squantummaz@gmail.com. If you would like to join FWB, dues are \$10 per year. An application can be found on the website.

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Self-Storage Facility Proposed On Home Depot Site

Cont'd From Page 1

individual storage units.

Smith said approximately one-fifth of Stor-U-Self's customers are commercial clients, such as contractors, realtors, pharmaceutical representatives and individuals with online businesses.

"We found this has grown a little bit because of the warehousing industry becoming a little tight," he said. "It helps people stay where they are."

In addition, Smith said self-storage facilities are important for residents because newer housing units tend to have less space than older ones.

"We've seen a reduction in size across the board in housing," he said. "[Self-storage] offers a low-cost way to people to offset their loss and use it more efficiently."

The proposal includes a retail area on the first floor of the building, which Smith said could potentially be a FedEx or UPS drop-off location. A co-working space that Stor-U-Self's customers could use free of charge would be located adjacent to the retail space.

"We tend to build larger office spaces complete with conference rooms, working spaces, for our commercial

clients. We feel that it is important to support the clientele that's coming through," Smith said.

Rick Latini, the applicant's civil engineer, said the Home Depot site has 550 striped spaces plus 32 unstriped spaces that are used on a seasonal basis, while the city's zoning code would require a store of its size to have 272 spaces on site.

If the proposal were approved, 188 of Home Depot's spaces would be removed to make way for the new self-storage building, Latini said, leaving 362 striped spaces for the home improvement store, plus the 32 other unstriped seasonal spaces.

"They are getting well above the zoning ordinance requirement if our proposal goes forward," he said.

Quincy's zoning code would require a storage facility of its size to have 81 parking spaces, according to the applicant. Latini said that is because it falls under the category of warehouse space, because there is no section for self-storage facilities in the zoning code. He said 25 spaces would be adequate for the site.

"Self-storage doesn't have things coming and go-

ing like a shipping place. You have hardly any employees. No one visits a self-storage facility except once in a while to grab their stuff," Latini said. "We would be way overparked, obviously, if we used the zoning ordinance."

A drive-through area in the front of the building would include three loading docks, which could accommodate cars, pick-up trucks and similar-sized vehicles. A larger loading dock would be located in the rear of the building, big enough to accommodate larger trucks. Some of the first-floor units would be directly accessible from the exterior.

The building's roof would be designed to accommodate solar panels, though additional testing would be needed to determine if such panels would be viable.

Members of the Planning Board posed several questions to the applicant's team during the Sept. 11 meeting.

Maureen Glynn asked if anything could be done to stop RJ Kelly from expanding the co-working space in the future, because of traffic in the vicinity.

"How do we control expansion of the co-working space?" she said. "My con-

cern is obviously the traffic. Any uptick in traffic in that area is obviously a concern."

Rob Stevens, the city's deputy planning director, said those concerns could be addressed as a condition in the permit.

Smith said he understood Glynn's concern and "you can condition it however you do it," adding the company has no intention of making it a co-working location.

"This is a storage facility with an accessory use," he said.

Gregory Galvin asked if the applicant has measures in place to stop clients from using the space to run their businesses.

"What if somebody decided to run their little business out of their storage facility? Are you going to have controls to monitor that to make sure they are not running a business out of the facility?" Galvin said.

Smith said doing so is prohibited per the company's lease agreements with clients. In addition, there is no power or lighting in any of the units and there would be security cameras throughout the building.

P.J. Foley asked if the

company has rules in place regarding what can or cannot be stored inside the facility.

"Is there an industry standard for this for what is actually allowed? How do you police what is stored inside these units — what people are bringing in?" Foley said.

The lease agreements include information on prohibited items, Smith answered, and the manager on site would ask clients what they plan on storing inside their units when they lease a unit. The company also works with local police to help monitor what gets stored in their facilities.

"We have been very successful at monitoring what is in there," Smith said.

John Ryan said he has noticed more vehicles in the parking lot in question of late.

"I've been to that Home Depot...too much lately," he said. "I've noticed there is a lot of excess parking in that lot. I don't know if they are customers or people taking the T."

Smith said he has visited the site and witnessed people parking there and then walking to the Quincy Adams MBTA station.

During the public hear-

ing portion of the meeting, Rob Cannata, a Quincy Avenue resident, said it would be preferable to have a transit-oriented residential development on site given its proximity to the Quincy Adams station. Both Home Depot and Lowe's, which formerly owned a store across Burgin Parkway from Quincy Adams, are businesses that customers have to drive to, he said.

"Why, when we have such valuable land near a public transit stop, are we using it for car-oriented businesses?" Cannata said. "The land use of this baffles me. We have this great public transit asset and we are wasting it with car-oriented businesses that require driving...we could at least take a step in the right direction with this."

Glynn, in response, said the city has been committed to transit-oriented development.

"I would put Quincy up against any community in terms of our commitment to transit-oriented development and the number of units that we have developed over the past just four years," she said. "We are all committed to that — we've hit the mark on it in Quincy."

Orchard Beach Stroll Sept. 28

The Park Department invites the public to a free stroll on Orchard Beach Saturday, Sept. 28 at 5 p.m. with coastal citizen scientist Peter Fifield.

The tour will take place at low tide and will traverse sand spits and mud flats to

explore marine life, mysterious pilings and beautiful views. Oyster catchers and great blue herons are common. Bring binoculars if you have them and bug spray.

Participants will be walking in water that is a

few inches deep and can be muddy. Old sneakers or rubber boots work great.

Meet at the intersection of Bayside Road and Orchard Street in Squantum. For more information and rain date rescheduling, call 617-472-0799.

Beechwood Knoll Fall Festival Oct. 19

Beechwood Knoll Elementary School will host the 22nd annual "Beechwood Knoll Fall Festival" on Saturday, Oct. 19th from 11 a.m. to 4 p.m. at Beechwood Knoll School, 225

Fenno St., Quincy.

All are welcome. Rain date is Saturday, Oct. 26.

The BKS Fall Festival is the school's cornerstone fundraiser to raise funds to pay for books for our class-

rooms and library, computer equipment, educational materials, field trips and other classroom necessities.

There will be Busy Bee, food, arts and crafts, games, nails, tattoos and face painting, silent auctions, raffles, pony rides and Touch-a-Truck.

'Yankee Containers' Topic

The Wollaston Garden Club's September program is "Yankee Containers - Survival of the Fittest."

Michele Schukel, Certified Master Gardener, will focus her talk on developing beautiful containers using plants native to New England.

The indigenous plants used are explicitly selected

to draw pollinating insects and birds for seasonal weather tolerance and to promote garden longevity.

The program, which is open to the public, will take place on Thursday, Sept. 19th at 7:15 p.m. at the Wollaston Congregational Church, 48 Winthrop Ave. in Wollaston.

Cemetery Field Trip Oct. 15

Hamel-Lydon Chapel will host a field trip to look at plots at Blue Hill Cemetery and Central Cemetery on Tuesday, Oct. 15.

Pick up at 9:30 a.m. from Wollaston Senior Center, 550 Hancock St., Quincy, and return at 1 p.m.

Due to limited trans-

portation space, registrants should be for those who have not pre-purchased a cemetery plot. Lunch will be provided after the field trip.

Please register with Joyce Guan, Wollaston Senior Center (617) 471-9354 for this event.



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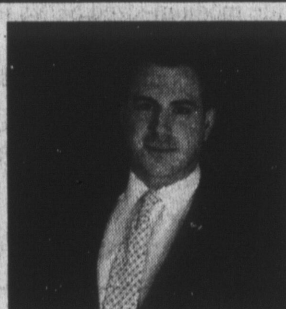
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Ask John Paul: AAA New England's Car Doctor

I am about to purchase a Certified Used 2016 Toyota Corolla LE with 44,400 miles on it. The dealership is suggesting I purchase a Toyota Extra Care Platinum vehicle service contract and a Tire and Wheel Protection Platinum Plus Plan for a total cost of \$2,324. I am retired and only drive 1,100 miles per year and hope to keep this vehicle as long as possible. The loan I'm considering would be for six years. I would like your opinion as to whether these agreements would be worth purchasing them.

The Toyota Corolla is a very dependable vehicle and considering the limited mileage you drive I don't see the extra coverage is necessary. Regarding the loan, if you financed \$12,000 at 3.5 percent interest for six years you would pay \$13,321 for the car. If you shorten the loan to three years you would pay \$12,658. Only you can decide if lower payments are worth the extra overall cost.

I just purchased a new Ford Ranger and made an appointment at the dealership to change the oil at 1,000 miles. The dealer said no appointment needed, they didn't want to see the truck until 10,000 miles or one year. I've always changed the oil on a new vehicle at 1,000 miles to get the metal particles out. I'm old; is this an old-fashioned idea?

The idea of changing the oil within the first 500-1,000 miles made a lot of sense years ago for just the reasons you mentioned: to remove any metal contamination from the oil that could cause long term wear. Today, engines are run/tested and machine work and assembly are far superior than years ago. I would follow the recommendations in vehicle

owner's manual and check the oil level on a monthly basis.

I have a 2015 Subaru Forester. Occasionally, the "Hill Start Assist" warning light appears, when going uphill, in traffic. I think that it might be due to applying the brake, in stop and go traffic, and stepping on the gas pedal, almost at the same time. Does this act bring on the light? The light does not remain "on", and doesn't come on again, when traffic eases. Also, it never comes on when in traffic on level surfaces. Is this something that I need to have Subaru check out for a \$139 diagnostic test?

The "hill-assist" system keeps the car from rolling when on a hill by applying the brakes for a few seconds. The system doesn't work on flat roads because it isn't necessary. From your description it sounds as if the system may be malfunctioning. In the owner's manual there is a procedure to disable the hill-assist feature, although then the light is on at all times. If you don't want to be annoyed by the hill-assist light, then it would make sense to have the condition diagnosed and repaired.

I'm considering buying an electric car and I'm curious: do you (AAA) provide road service any more often to people with electric cars? Do electric car driver's run out of electricity more often than people with internal combustion cars?

We provide road service to all types of vehicles and electric vehicle owners call us the majority of time for the same reasons the people who drive gasoline cars. The typical road service calls are for flat tires (many EVs don't have a spare tire), keys locked in the car and road service after a traffic



JOHN PAUL
AAA's Car Doctor

crash. The amount of battery related calls are almost immeasurable.

I read an answer to a question about someone storing a RAV4 hybrid and you gave an answer about keeping the 12-volt battery charged. I have a Tesla model 3 and it will sit for several months over the winter. Will a float style charger compensate for the parasitic drain for such a large battery?

Similar to a hybrid, your Tesla uses a 12-volt battery in addition to the traction batteries. The biggest issue with Tesla, as a company they provide very little technical information. My assumption is, if the main battery is fully charged and plugged in, even at 120-volts the on-board DC converter should keep the 12-volt battery charged.

Cont'd On Page 24

AAA: True Cost Of Annual Vehicle Ownership Rises To \$9,282

It's going to cost more for those looking to buy a new car this year.

Finance costs on new car purchases have jumped 24% in 2019, according to new AAA research, pushing the average annual cost of vehicle ownership to \$9,282, or \$773.50 a month. That's the highest cost associated with new vehicle ownership since AAA began tracking expenses in 1950 and a reminder that the true costs of owning a vehicle extend far beyond maintenance and fuel.

"Finance costs accounted for more than 40% of the total increase in average vehicle ownership costs," said John Paul, AAA Northeast Senior Manager of Traffic Safety. "AAA found finance charges rose more sharply in the last 12 months than any major expense associated with owning a vehicle."

The spike in finance charges – which rose from \$744 to \$920, a nearly \$200 increase – was fueled by rising federal interest rates and higher vehicle prices. It comes as 72-month car loans have become increasingly common – meaning car buyers are paying more, and longer, for vehicles that lose value the moment they're sold. Long-term loans offer lower monthly car payments, but they ultimately cost the consumer more. AAA found that, on average, every 12 months added to the life of a loan adds nearly \$1,000 in total finance charges.

"Smaller monthly payments may be tempting to potential buyers, but they can add big costs in the long run," Mr. Paul said.

The new figures come from Your Driving Costs, which reviews nine categories of vehicles – consisting of 45 models – to determine the average annual operating and ownership costs of each. AAA focuses on top-selling, mid-priced models and compares them across six expense categories: fuel prices; maintenance/repair/tire costs; insurance rates; license/registration/taxes; depreciation; and finance charges. Annual average costs increased in each category.

Of all costs, depreciation, a measure of how quickly a

Spike in Finance Costs Drives Increase

car loses value, remains the single biggest cost of ownership, accounting for more than a third (36%) of the average annual cost. It slowed a bit this year, with vehicles included in the study losing an average of \$3,334 a year, up \$45 – or 1.4% – from last year. In 2018, depreciation rose by \$117, or 3.7%. In two vehicle classes this year – small and medium sedans – depreciation costs actually declined.

Other key findings of this year's Your Driving Costs include:

- Average fuel cost rose to 11.6 cents per mile, 5% higher than last year. The per-mile increase was driven by gasoline prices, which are up 15.6 cents per gallon over the time-frame covered by the study. Electricity prices for EV charging also rose 0.1 cent per kilowatt-hour (0.08%), but the market share of the electric vehicles in the study (0.48%) makes the effect of this increase on the overall average fuel cost negligible. Fuel costs vary widely by vehicle type, ranging from a low of 3.65 cents per mile for electric vehicles, to 15.67 cents per mile for pickup trucks.
- Average maintenance and repair costs climbed marginally to 8.94 cents per mile, up 8.9% over last year. The increase was fueled by the growing complexity of vehicle systems and an updated methodology for calculating repair costs.
- Electric vehicles had the lowest maintenance and repair costs – 6.6 cents per mile – while medium-sized SUVs had the highest at 9.6 cents per mile.
- The cost of licenses, registration fees and taxes rose \$14 to \$753 per year, an increase of 1.9%.
- Average annual costs by new vehicle category (based on 15,000 miles driven annually):

New Vehicle Category	Annual Cost
Small Sedan	\$7,114
Hybrid	\$7,736
Electric	\$8,320
Small SUV	\$8,394
Medium Sedan	\$8,643
Medium SUV	\$10,265
Large Sedan	\$10,403
Pickup	\$10,839

The AAA study gives the public a window into the true costs of owning and operating a vehicle by quantifying expenses that owners may overlook. Additional information and details can be found at AAA.com/YourDrivingCosts.

After purchasing a home, buying a vehicle is probably a consumer's second biggest expense. Research is key, as is acting carefully and methodically. AAA.com/autobuying is a comprehensive resource that can help make the process more manageable.

Here are some tips to keep in mind:

- Know what you can afford to spend before going to the dealership. Determine your budget and stick to it.
- Minimize total finance costs by getting the shortest loan term you can afford.
- Seasonally, the best times to buy tend to be the last two weeks of December – when dealers are trying to hit year-end goals – and, to a lesser extent, between July and October. That's when dealers are trying to clear lots to make way for the next year's models.
- The best time to buy is the end of the month because sales managers like to build campaigns around monthly quotas. Shop toward the end of the month and you'll find a dealer may offer additional price concessions.
- Consider a late-model, gently used vehicle. New cars lose around 20% of their value the moment they leave the lot, so you can save big if you look for a car that's a year or two old. Your insurance costs could be less, too.
- If you belong to AAA or a similar organization, you may qualify for dealer discounts. Dealer networks sometimes agree to limit profits when selling to club members, though the deals will be limited to certain makes and models.

Methodology

AAA's Your Driving Costs study employs a proprietary AAA methodology to analyze the costs of owning and operating a new vehicle in the United States. The methodology incorporates standardized criteria to estimate the costs of using a new vehicle for personal transportation over five years and 75,000 miles of ownership.

Your Driving Costs is designed to help consumers make informed vehicle purchase decisions and budget for annual automotive expenses.

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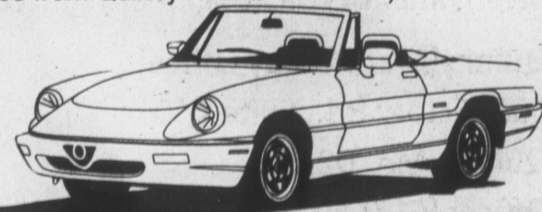
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March Start For AS, HN Seawall Work

Cont'd From Page 1

and Koch on Monday submitted an amended request to borrow \$17.82 million for the three projects. Councillors could not have voted on the \$17.82 million bond Monday, because it would need advertised beforehand, and opted instead to pass the original \$14.32 million bond and ask the mayor to submit an additional funding request to make up the difference.

The project entails the replacement of 8,000 linear feet of seawall between Chickatabot Road in Adams Shore and Babcock Street in Houghs Neck. The city also plans to replace the seawall between Babcock Street and Bayswater Road. The project, which would be funded separately, remains in the design phase.

Ward 1 Councillor David McCarthy, who represents the neighborhoods behind the seawall, said the new barrier is overdue and thanked the mayor, the team that designed the project, and area residents who provided feedback during a series of community meetings. "It's just a very well put together project," McCarthy said.

The neighborhoods the

new seawall would protect were among the hardest hit in the city during the March 2018 nor'easter that inundated low-lying coastal areas with a powerful storm surge.

"As we all remember, the storm from 2018...was extremely impactful to the city," said David Murphy, an engineer with the firm Tighe & Bond. "A significant number of homes were flooded. Damage occurred across the city. A significant surge occurred and obviously it highlighted the need for the seawalls to be immediately addressed."

Most of the new seawall will be built two feet higher than the existing barrier, Murphy said. Some 1,350 feet of seawall in the area of Terne Road and Norton Beach will be built four feet higher, Murphy said, and the remainder of the seawall will be designed so its height can be raised an additional two feet in the future as well.

The new seawall has an expected lifespan of 50 years, Murphy said.

Acton-based MIG Corporation was the low bidder for the construction of the seawall, which has a total cost of \$14.9 million,

including a 10 percent construction contingency and a 4.5 percent allowance for construction administration.

Work on the new seawall could begin March 1, 2020, Murphy said, and the project should be substantially complete within nine months. The contractor will first have to pre-cast the concrete blocks that will comprise the top of the new seawall.

"The schedule for starting March 1 is due to the fact that the contractor has to pre-cast over 1,000 blocks," Murphy said. "Normally they can cast three or four or five a day. It's months and months of preparation."

The drainage improvement projects have a combined cost of \$2.8 million. Murphy said hydraulics analysis of the Terne Road, Post Island Road and Bayswater Road areas would begin once funding is in place and take about three months. It could take up to two years to design, permit and construct the new stormwater pumping station.

The study of the Willows Marsh drainage system is also set to begin this fall, with draft findings ready in the spring of 2020. The city

and Army Corps of Engineers will split the \$240,000 cost for the study.

The city has applied for more than \$10 million in federal and state grants to offset the amount it needs to borrow to pay for the three projects, Murphy said. Those grants could be received as soon as this fall.

City Council President Brad Croall said Koch's administration should consider using hotel tax receipts to pay for part of the project's cost. Seawalls are among the items on which hotel tax money can be spent, along with parks and open space.

"My thought is if you could take a good project, which this is...and essentially put a funding mechanism on it that is outside of the general tax base, I think that just takes a good project and makes it a great project," Croall said.

Chris Walker, Koch's chief of staff, said the administration would be open to using hotel tax money to cover some of the cost.

"The administration would be happy to review the hotel/motel tax revenue and if there is an appropriate way to divert or use some of that funding to offset some of the bond cost, we would

be open to that," Walker said.

Councillor Nina Liang asked if the contractor for the project would be focusing solely on the seawall or if they would also be working on other projects in the city.

"The DPW also has quite a number of projects on their hands," Liang said. "Will these people working on this project also be working on capital improvement projects across the city?"

City engineer Paul Costello said the contractor, MIG Corporation, is not working on any other projects in Quincy. The city also plans to retain Tighe & Bond as a consultant during construction; staff in Costello's office will oversee the project as well.

Ward 4 Councillor Brian Palmucci made the suggestion to pass the \$14.32 million bond and not wait until after the amended request

for \$17.82 million request was advertised.

"I don't understand why we don't vote on this tonight," he said. "This is the kind of thing that is timely, the work needs to get done; we can approve \$14.3 million and then an additional bond authorization for the difference...can come in."

"That \$14 million will let them get started."

McCarthy, the Ward 1 councillor, said he was on board with passing the original \$14.32 million bond request.

"I'm in full support to go after it now and get it approved and then go back for that second appropriation," he said.

City Clerk Nicole Crispo said the \$14.32 million bond was properly advertised and before the council.

"If you wanted to go that way, you do not have to accept the amendment that is before us now," she said.

Health Seminars At COA

Hamel-Lydon Chapel offers monthly health seminars at the Kennedy Center, 440 East Squantum St. in North Quincy on the third Wednesday of every month.

Stephen Tobias, president of Tobias Hearing Center, will present on "Hearing

Health Matters" Wednesday, Oct. 16, from 1: to 2 p.m.

All are welcome to attend this seminar to learn about hearing aids, modern hearing technology and other hearing matters. RSVP to the Quincy Council on Aging at (617) 376-1506.

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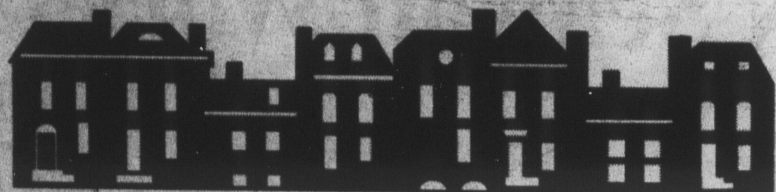
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Real Estate

Quincy Real Estate Transactions September 9 - September 13

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Estate of Mary J. Fielding	Ling W. Li	\$253,000.00	195 Thomas S. Burgin Parkway, Unit 508
Sumner Street Realty Trust	Bao E. Liu & Julia L. Ding	\$795,000.00	135 Sumner Street, Unit 4
Michael J. Powers & Monique R. Cascarano	Alan G. & Jessie-Claire Henderson	\$414,500.00	9 Chick Street
59-61 East Elm Avenue Realty Trust	Xiu H. Zhang	\$867,000.00	59-61 East Elm Street
Helen M. LaRose	Danielle LaRose	\$350,000.00	11 Mascoma Street
Mei Liao	Edward Kuang	\$299,000.00	200 Newbury Avenue, Unit 11
Estate of Karen L. Levinson	Francis A. O'Meara	\$378,300.00	80 Charles Street
Ardell Street Realty Trust	Joseph R. & Elizabeth M. Cardone	\$550,000.00	6 Ardell Street
Hong V. Truong & Xichen Wang	Peter Gialantzis & Mary Cunningham	\$295,000.00	230 Willard Street, Unit 608
Scott R. & Lindsay K. Yardley	Stacey Ryan	\$555,000.00	27 Nut Island Avenue
Mattie Homes LLC	Xiaobin Le & Suyan Zou	\$580,000.00	33 Oval Road, Unit 3
Henry W. Chow & Ying Y. Wu	Jacqueline Massua	\$530,000.00	121 Albatross Road
Mauren O. Jones Realty Trust	Bing Zhang & Xinglong Huang	\$638,000.00	30 Cheriton Road
Edward F. Chiasson	Scott R. & Lindsay K. Yardley	\$360,000.00	6 Nut Island Avenue
Jeremiah P. Bowen & Marie Bowen	Feng Jiao Lin & Quan Yin Chen	\$568,000.00	108 Phillips Street
70 Cross Street LLC	Hongping Sun & Mei Liao	\$449,900.00	58 Town Hill Street, Unit 58

O'Donnell Sees Spike In Lending Activity

Continuing a recent trend seen in Norfolk County, Register of Deeds William O'Donnell reports a significant 25 percent increase year over year in the number of mortgages recorded during the month of August. This activity stood in contrast to a small decline seen in the number of properties sold countywide during the month.

"Regarding mortgage activity," noted O'Donnell, "a total of 3,014 mortgages were recorded compared to 2,418 during the previous year. Total mortgage dollar borrowing for August was \$1.6 billion, an eye popping 72 percent increase year over year. The total borrowing figure was impacted by a \$110 million mortgage taken out against a property in Crown Colony, Quincy."

O'Donnell also mentioned that consumers and commercial property owners are acting favorably on low interest rates, and are willing to refinance existing mortgages and utilize home equity loans for home improvement and other capital and personal needs.

On the other hand, August of 2019 saw a slow-down when it came to properties sold in the county. There were only 1,834

properties sold in Norfolk County, a 5 percent decrease year over year based in comparison to the August 2018 numbers.

However, the average property sale, including both residential and commercial transactions during the past August, was \$959,518. Total dollar volume for sales in Norfolk County for that period was \$1.2 billion. These numbers reflect a substantial increase compared to August 2018.

"There's no question reductions in real estate inventory are driving up prices," O'Donnell said. "With that said, the increases seen in average sales price and total sales volume were greatly impacted by a \$270 million apartment complex transaction of The Commons at Windsor Gardens in Norwood."

In addition to the lending numbers, another area that showed continued and significant improvement was Norfolk County foreclosure activity. There was a 59 percent decrease in the number of foreclosure deeds recorded at the Registry in August. In addition, Notice to Foreclose Mortgages, the first step in the foreclosure process, was down by 33 percent.

"While the eastern Massachusetts economy continues to perform well, some of our neighbors, through no fault of their own, are experiencing economic hardship," O'Donnell said.

"I am proud of the Norfolk County Registry of Deeds partnership with Quincy Community Action Programs at (617) 479-8181 x-376 and NeighborWorks Housing Solutions at (617) 770-2227. These organizations have staff that can provide counsel to anyone who has received a Notice to Foreclose Mortgage from a lending institution. Additionally, another available option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at (617) 727-8400."

Homestead recordings experienced a small reduction in August of 4 percent from the prior year.

"A Homestead," O'Donnell noted, "is a consumer safeguard that provides limited protection against the forced sale of a homeowner's primary residence to satisfy unsecured debt up to \$500,000."

O'Donnell concluded: "A lack of available real estate inventory continues to play a leading role in the reduced numbers of real

estate transactions. We are seeing some prospective homeowners being priced out of the Norfolk County market and having to look elsewhere, such as Worcester County. I do not see any wavering of real estate prices in the foreseeable future. Conversely, low interest rates are continuing to fuel lending activity in the real estate market. These lending numbers also tell us that Norfolk County remains a vibrantly strong economy."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Ask Barbara Graceffa: 'Secretary Of The Interior'

How Long Should Kitchen Components Last?

My kitchen is 35 years old and really showing its age. Over the years I have replaced the vinyl floor, countertops, and appliances. How long should kitchen components last? How long should I expect a complete replacement to take and what should I expect to pay? Tammy

Honey, after three and half decades, you deserve a new updated kitchen. Think of it as an old car; it is much more economical to replace it than keep funding continued repairs.

According to the National Association of Homebuilders' Study of the Life Expectancy of Home Components, here are the average lifespans of many quality kitchen components. I'll continue this next week with the life expectancy of flooring and kitchen remodel times and average cost.

APPLIANCES	LIFE SPAN
Compactor	6 years
Cooktop, electric	13 years
Cooktop, gas	15 years
Cooktop, magnetic induction	10 years
Dishwasher	9 years
Exhaust fan	10 years
Freezer	11 years
Garbage disposal	12 years
Microwave	9 years
Over hood	14 years
Range, electric	13 years
Range, gas	15 years
Refrigerator, compact	9 years
Refrigerator, standard	13 years
Sink, enamel Steel	5-10 years
Sink, modified acrylic	50 years
Sink, soapstone	100+ years
Cabinets	50 years
Countertops, cultured marble	20 years
Countertops, natural stone, tile, wood	lifetime
Faucet	15 years
Lighting	10+ years
Paint, interior	15 years

Do you have a decorating challenge needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates.

For more information on her services, to view her portfolio, and to read testimonials about her work, visit www.sec-interior.com or call 617-921-6033.

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QHS Class Of '49 Celebrates 70th Reunion

By TOM GORMAN

It's been 70 years since the Quincy High School Class of 1949 graduated and went on their separate ways to raise families, start careers, and serve in the Korean War.

Forty-six classmates gathered for its 70th reunion luncheon at the Common Market on Sept. 6. Many of the classmates were joined by their spouses, bringing a total of 65 enjoying the celebration.

celebration.

"Some came from all over the country to be here," said Jim Larkin, who served as master of ceremonies.

There were 43 who came from Florida, three from North Carolina, and one from California. The others are from around New England and many are locals.

Some of the classmates keep in touch while others hadn't seen each other for

Cont'd On Page 18



QUINCY HIGH SCHOOL Class of 1949 reunion committee poses, from left, Bill Smith, Peg Rutledge, Jim Larkin, Mary Volpe, Lois O'Brien, Anita Quintiliani, and Barbara Fitzgerald. The class recently held its 70th reunion. Quincy Sun photos/Tom Gorman



JIM LARKIN welcomes the Quincy High School Class of 1949 to its 70th reunion at the Common Market on Sept. 6. Looking on is classmate Anita Quintiliani.



FORTY-SIX CLASSMATES of the QHS Class of 1949 gathered for its 70th reunion luncheon at the Common Market Sept. 6.

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QHS Class Of '49 Celebrates 70th Reunion

Cont'd From Page 17
years. There were greetings with hugs and handshakes with laughter and jokes.

Larkin said that his classmates' ages range from 87 to 90. He noted they were born during a difficult time in the nation's history.

"These are (Great) Depression-era people," he said.

After graduation, some of Larkin's classmates got jobs in local industries.

"They worked in the

quarries and at the shipyard," he said.

A large group served in the Korean War – and sadly, some didn't come back.

There were 13 Korean War veterans attending the reunion. They were honored by their classmates and Mayor Thomas Koch who stopped by to address the celebration. The veterans representing the United States Air Force, Army, Marine Corps and Navy were

Cont'd On Page 19



THESE MEMBERS of the Quincy High School Class of 1949 attended the former South Junior High School before moving on to Quincy High. *Quincy Sun photos/Tom Gorman*



BOB MARINI greets Marion Bailer Dunphy, left, and Nancy Kuja Cox at the recent Quincy High School Class of 1949 reunion held at the Common Market.



JEANETTE MULLEN and classmate Paul Matthews enjoy the reunion luncheon.



Quirk Ford's Classic Car Show

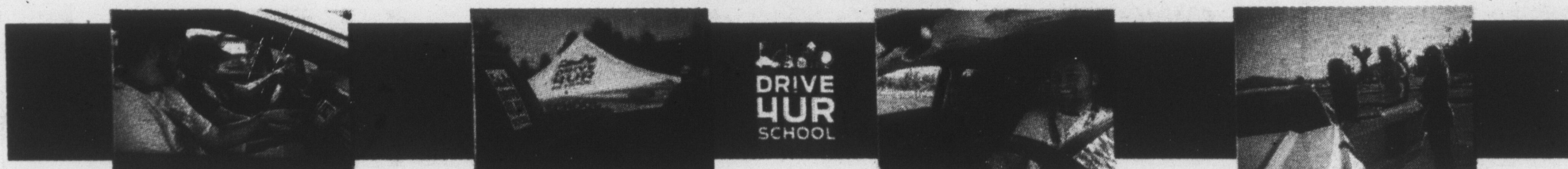
Quirk Ford



Quincy High School Boy's Hockey

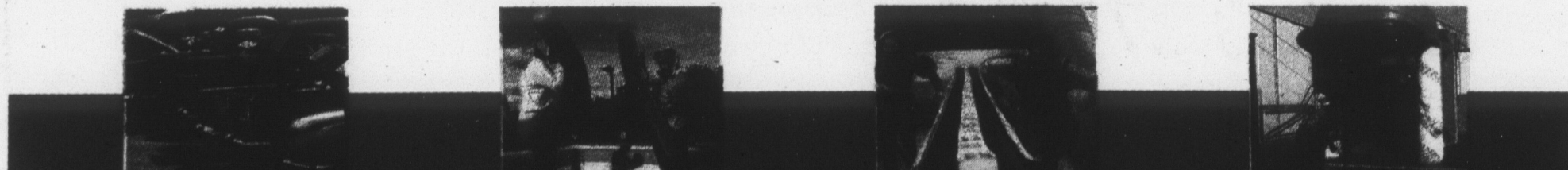
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LOUIS MARINI looks at the Quincy High School Class of 1949 yearbook.
Quincy Sun photos/ Tom Gorman



HAROLD AND SUZANNE TUTTLE are all smiles during the recent Quincy High School Class of 1949 70th reunion luncheon.

QHS Class Of 1949 Celebrates 70th Reunion

Cont'd From Page 18

Bill Smith, George Vallatini, Rich Salvucci, Jim Sullivan, Eugene Lacey, Bob Marini, Jim Larkin, Bill Chignola, George Bailey, Bill Trifone, Joe McConville, Jack Belanger and Harold Tuttle.

Some of those at the gathering noted the different ethnicities that made up their class – Irish, Italian, Finns, Poles, Swedes, Lithuanian, Chinese, and Scots.

The class yearbook, dubbed “Golden Rod,” was passed around where memories were shared. The book featured ads from stores such as Remicks and

Kresge’s that were once staples in Quincy Center. There were also ads from Mayor Charles Ross and the former Antonelli’s Irons Works.

In addition, there were

pictures of cheerleaders, majorettes, and members of the badminton club.

During the luncheon, a few groups gathered to have their picture taken by class-

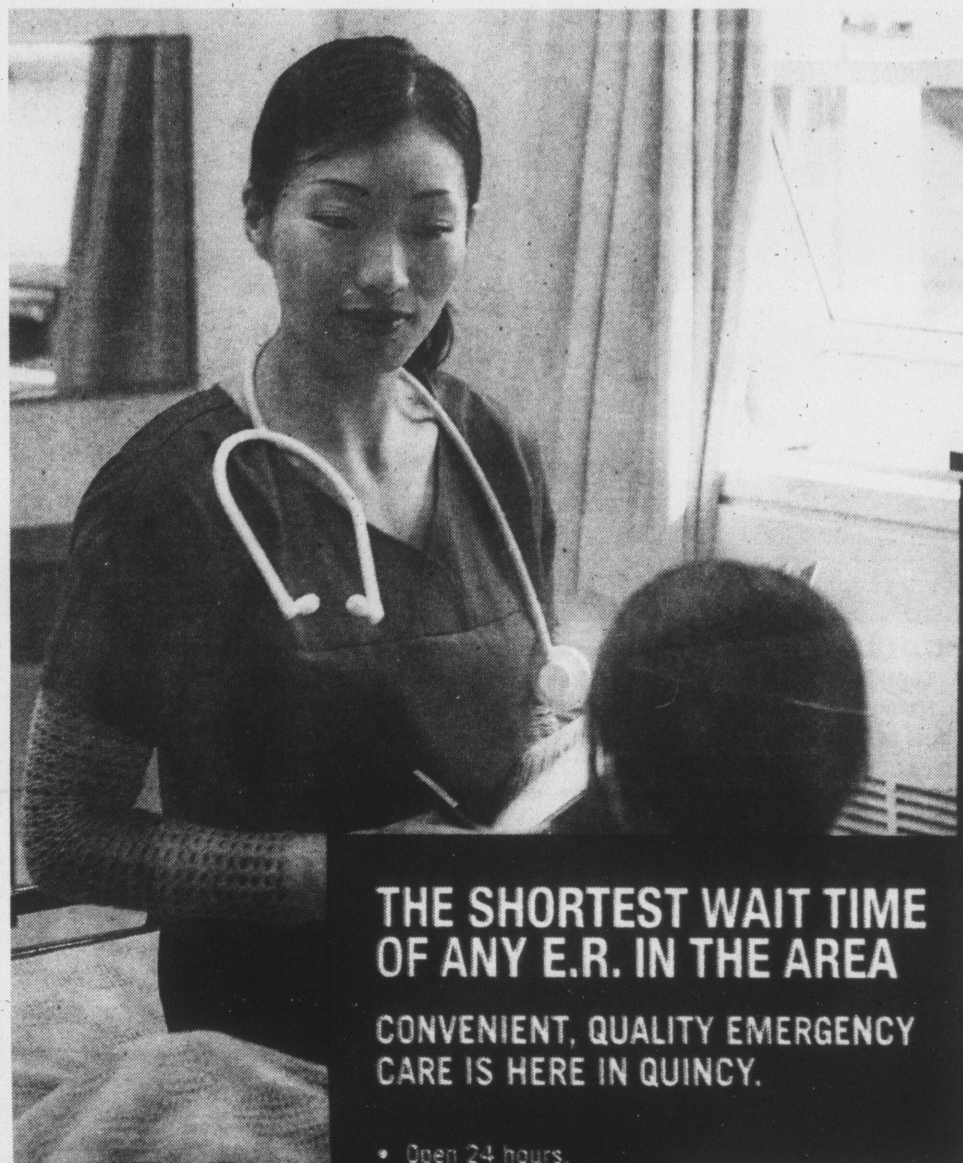
Cont'd Top Of Page Right

mates. One large group had attended the former South Junior High School – later the Sterling Middle and now South-West Middle School – before moving on to Quincy High School.

Nostalgia was prominent. Many talked of the “old days” growing up and going to school. One classmate spoke about the former stores and eateries that were enjoyed in the day.

Larkin noted the longevity of his classmates.

“Some other classes cancelled their reunions because not enough were going,” he said. “We’re still going strong.”



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NORTH QUINCY varsity football team is dedicating this season to Christopher McCallum, a former NQ football standout and team captain, who died tragically in January trying to break up a fight outside the Nickerson American Legion Post in Squantum. He was a member of the NQ Football Hall of Fame and was involved in the football program for many years. In memory of Chris before the kick-off at the Red Raiders' season opener last Friday, a space is left between captains Mike Levine (left) and Jackson Zhao (#50) and Andrew Gott (#13) as the football players walk to mid-field for the coin toss before their game against Silver Lake.

Quincy Sun Photos/Robert Bosworth



RED RAIDERS are also remembering Christopher McCallum with two decals on their helmets. The number "66" on the left was the uniform number worn by the NQ gridiron Hall of Famer. On the right is a decal showing the Red Raider mascot "Yakoo" carrying a guide-on with Chris's number 66.

Red Raiders Drop Opener To Silver Lake, 31-13

By BRUCE MARQUIS

A devastating passing attack by the Silver Lake Lak-

ers (1-0) spoiled the season-opener for the North Quincy Red Raiders' (0-1), as the

visitors raced away with a convincing 31-13 victory at Veterans Memorial Sta-

dium last Friday evening. Despite mostly tight coverage by the Raiders defensive

backs, Lakers junior quarterback Ben Lofstrom threw 5 deft touchdowns passes to four different receivers for strikes of 32, 20, 71, 34 and 11 yards, all but the latter coming in the first half.

Lofstrom finished with 12 of 17 passing for 241 yards, while his counterpart for North Quincy, sophomore Cooper Hansen, showed signs of future stardom as he completed 20 of 31 passes for 189 yards and 2 touchdowns, albeit with 3 interceptions, two of which

were on tipped balls. The scores were made by sophomore receiver Colm Geary with a sensational leaping 12-yard reception in the end zone to culminate a 14-play 79-yard drive, and by junior wide receiver Tyler Le who snagged a 6-yard toss to finish the game's scoring.

Taking the opening kick-off at their own 10-yard line after recovering a muffed return, the Raiders achieved one first down on a defensive pass interference call.

Cont'd On Page 21



Sunday, September 29th
Adams Field/One Merrymount Parkway
Race Start Time: 9:30 a.m.
Pre-Registration begins at 8 a.m.

Register: CityofPresidents5K.RaceWire.com

All proceeds go to the
 Quincy Public Schools
 Health & Wellness Program

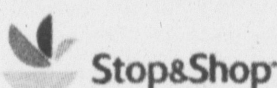


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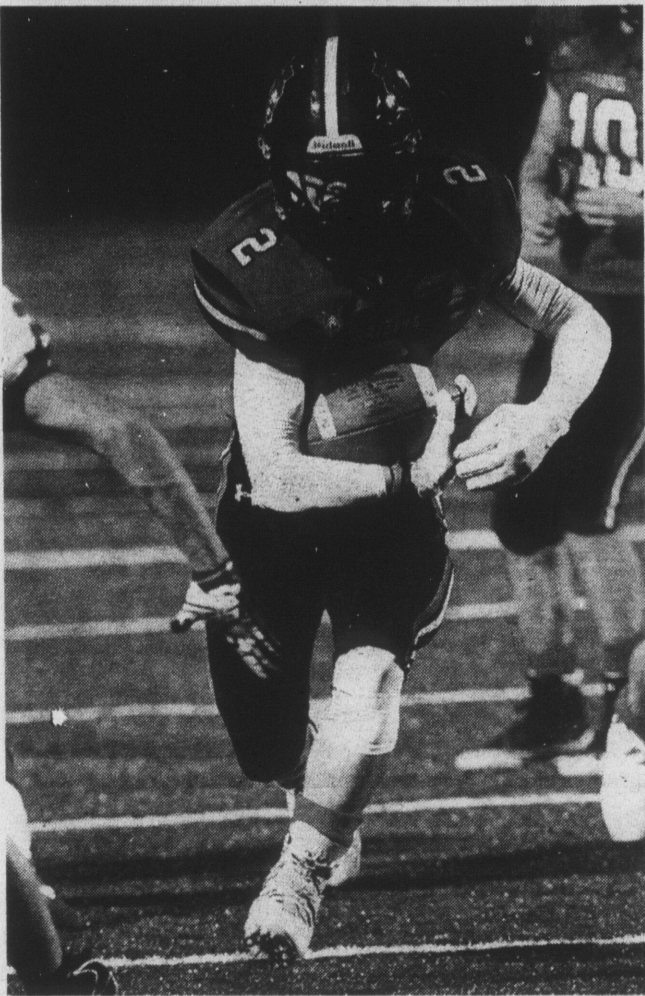


SOPHOMORE QUARTERBACK Cooper Hansen completed 20 of 31 passes for 189 yards and 2 touchdowns but the Red Raiders bowed to Silver Lake in their season opener, 31-13. North Quincy travels to Westwood Friday. Kick off is at 7 p.m.

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SENIOR RUNNING BACK Shane O'Connell finds a hole to pick up some yardage for the Red Raiders.



NORTH QUINCY sophomore receiver Colm Geary keeps his balance after making a sensational leaping 12-yard reception in the end zone to culminate a 14-play 79-yard drive to put the Red Raiders on the scoreboard in the first quarter against Silver Lake.

Red Raiders Drop Opener To Silver Lake, 31-13

Cont'd From Page 20

but on 3rd and 10 Hansen's first official throw was intercepted and run back to his team's 17-yard line. After motion and holding penalties forced the Lakers back to the North Quincy 32, on third down Lofstrom hit senior captain Owen Thompson with a perfect pass in the left side of the north end zone to open the scoring. Senior kicker Sean Waters drilled the extra point high into the night to bring the score to 7-0.

On its next possession the Raiders had the longest drive of the game, cover-

ing 79 yards on 14 plays, including 9 rushes. Geary's TD ended the drive and sophomore kicker Thomas Murray split the uprights to tie the game 7-7. Murray handled all the North Quincy kicking duties including his squad's two punts.

The game then turned in the visitors' favor as it scored on its next three possessions with drives of 6, 1 (71-yard pass reception), and 3 plays. This onslaught was only broken-up by a 11-play North Quincy drive that ended with a punt after making two first downs.

Since the home team's

ground game was relatively ineffective (42 yards on 29 carries), the Raiders turned to the air to move the ball. Hansen spread the ball around to Le, sophomore Jamaal Maximilien (6 catches for 108) yards, sophomore brothers Liam Hines and Brendan Hines, and Geary. North Quincy's longest gain on the ground was an 8-yard scamper by Liam Hines in the final quarter. Senior Shane O'Connell was the leading ball carrier with 28 yards on 15 carries, followed by senior running back Joshua Jackson with 8 carries for 13 yards.

The revamped interior offensive line of seniors captain right guard Mike Levine and right tackle Matt Scanlon, along with sophomores center Harry Guardiano, left guard Samee Akhouzine and left tackle Rean Bego, seemed to struggle opening holes for the running backs. Nevertheless, they did afford their quarterback with ample time to get off his most of his throws with many coming on rollouts.

North Quincy starting defense consisted of Levine and Bego at tackles, Joshua Jackson and Colm Geary at ends, senior captain Jackson Zhau and sophomore Matt Craig as linebackers, and O'Connell, the Hines twins, Le and Maximilien as defensive backs. At times Zhau lined up as nose tackle in a seeming attempt to exert more pressure on the Lakers quarterback. Subbing in were seniors Raymond Chau and Andrew Gott at defensive back, Michael

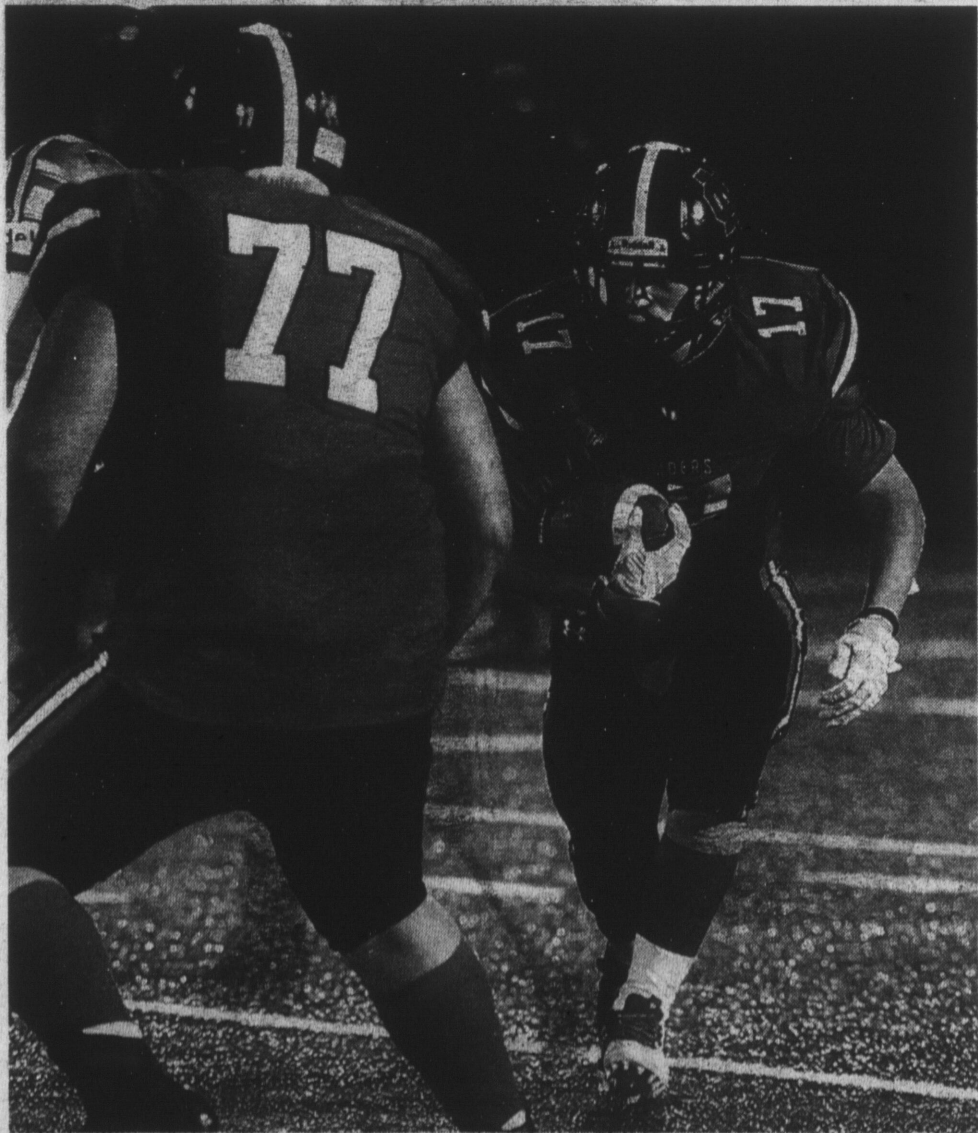
Gordan at defensive end, as well as junior Declan Geary also at defensive end. Gott, the team's backup quarterback, made an outstanding tackle on the 2-point conversation try by the Lakers after their second touchdown and played much of the game on defense.

Playing both ways for most of the game were Bego, Brendan Hines, Liam Hines, Colm Geary, Le, Levine, and Maximilien. Seven starters on defense were underclassmen. Others playing on special teams for the Raiders were senior Kevin Dinh, juniors Peter Do, Sean Jackson and Connor Plante; and sophomores Scott Gutro, Hunter MacIsaac, Jackson Murphy, Brian Rodrigues, Mike Steele and Eli Walsh.

A special announcement was made before the game about the Raiders' 2019 season being dedicated to the memory of Chris McCallum, who was tragically

killed while breaking up a fight in Quincy earlier this year. A member of the Quincy-North Quincy Football Hall of Fame, McCallum was captain of the Raider squad his senior year. Before each game this season an open spot between the captains will be left to symbolize his absence. His coach Ken McPhee, who has rejoined the North Quincy staff this year, said that McCallum, "Had it all. He played guard and linebacker. Number 66 would do anything asked of him by the coach and for his teammates." The dean of Raider football went on to say, "If I had a son, I wish he would have been just like Chris."

The Red Raiders travel to Westwood High School Friday for a 7 p.m. kickoff. The Wolverines will be aching to avenge last year's 14-7 loss to North Quincy. NQ returns home Sept. 27 for a 7 p.m. game against Archbishop Williams.



SENIOR RUNNING BACK Josh Jackson looks for a hole behind the blocking of sophomore lineman Rean Bego in the Red Raiders' 31-13 loss to Silver Lake last Friday night at Veterans' Memorial Stadium. North Quincy visits Westwood Friday night at 7 p.m. and hosts Archbishop Williams Sept. 27 at 7 p.m.



SOPHOMORE RUNNING BACK Hunt MacIsaac carries the ball for the Red Raiders against Silver Lake.

Quincy Sun Photos/Robert Bosworth

Quincy Youth Football Week 2 Highlights

Quincy Youth Football and Cheerleading had a busy weekend as its 3rd, 6th and 8th grade Jr. Presidents travelled to three separate towns (Natick, Framingham and Walpole), while Quincy hosted teams from Newton and Milton at Veterans' Memorial Stadium. Quincy United grade 5 had its bye week this weekend.

Grade 3 - The 2nd/3rd grade team kicked off the weekend with a visit to Natick on Saturday morning. Quincy United would post 33 points en route to a 33-6 victory over Natick. Quincy saw touchdowns by Trevor Gardner, "3J" Limmagine who ran a 35-yard touchdown, 2 scores by Mike Boyle one rushing and one receiving, and one by Shane Vey. James Toland added an extra point, and Gardner ran in 2 extra points.

On defense, Mike Cheever had 2 fumble recoveries and Cillian Conner made some big tackles and added a nice 30yard carry on offense. A big block by Jimmy Rheault lead Vey into the end zone, and Liam Sampson had a couple of nice runs as well. Coaches praised efforts of the defensive line who played solid all morning.

Grade 4 - A sluggish start in which Quincy let up 2 early touchdowns to the Milton Wildcats, led to a deficit Quincy could not overcome to climb back into the game. Quincy played much better in the second half and dominated but Quincy was not able to capitalize on opportunities as the defense actually outgained



QUARTERBACK MIKEY GALLIGAN (#1), completes a pass for the Quincy United 7th grade team on Sunday

Milton's offense in second half. A fumble in the end zone was ruled as a safety for Quincy and the eventual 12-2 final. Nolan Ayer, Cole Macisaac and Jake Campbell all played well on both sides of the ball.

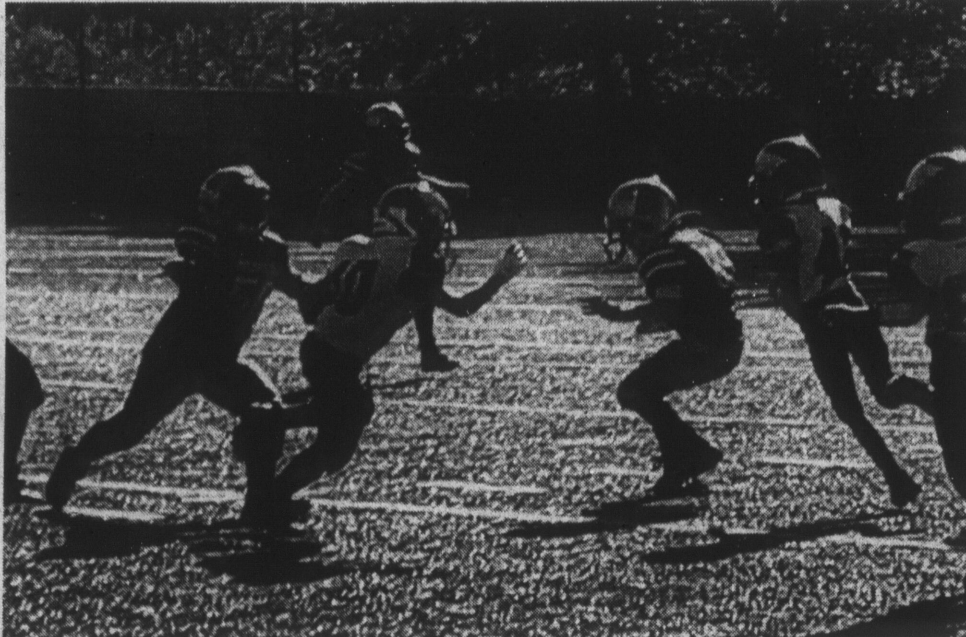
Grade 6 - The Quincy United 6th grade team was on the road facing a very tough Framingham team. Quincy United played a hard fought game, but ended up on the losing end of a 33-7 final. Quincy's only score came when Quarterback Ronan Brown threw a 50 connection to Cade Pina who raced into the end zone.

Grade 7 - Quincy United 7th grade hosted the Newton Mustangs, and Quincy opened the scoring with a 75 yard touchdown bomb by Mikey Galligan who passed to Alex Martinez for the early lead. Newton would answer with a touchdown pass of their own, but Quincy would answer just before

the end of the second quarter with another pass from Galligan to Martinez. Galligan would finish the day 8 of 15, 190 yards passing.

The second half was a defensive battle, but Newton was able to edge out a 20-14 victory over Quincy United. Coach Mike Flavin had high praise for the work of running back Liam Lee, receivers Martinez, and Michael Nista. And added, Quincy's offensive line was anchored by Phillip Le, Jovany Morales and Justin Silva who all played hard all day. Defensively, Flavin recognized the entire defensive unit on a great effort, led by leading tackler Anthony Melchoine and pass defenders Sean Szilva, Tyler Cromwell and Matthew Toland.

Grade 8 - The Quincy Jr Presidents travelled to Walpole where they suffered a 30-0 defeat to a very tough and talented Walpole team. Quincy started out well,



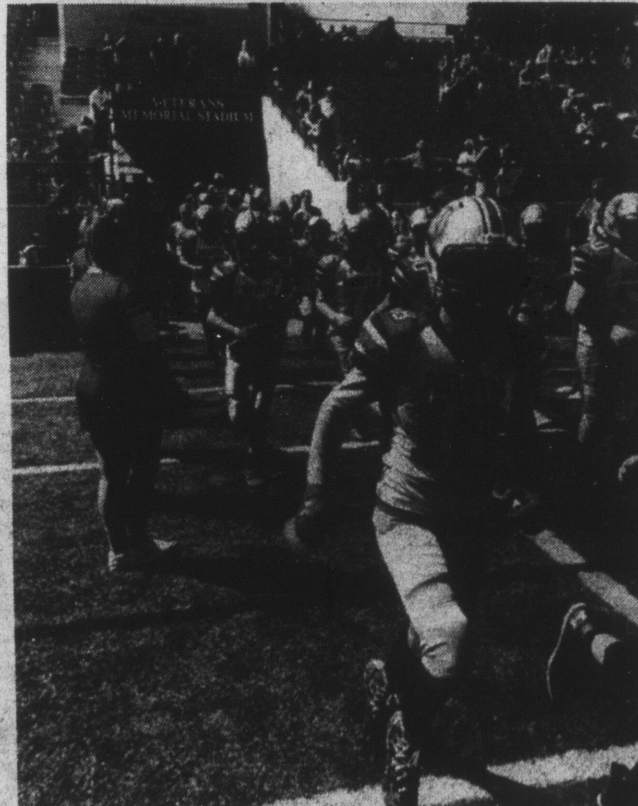
QUINCY UNITED 4th graders close in for a tackle on a Milton ball carrier.



QUINCY UNITED CHEERLEADERS fire up the fans during the game.

holding off Walpole for a 0-0 score at end of first quarter, but Walpole's offense was too good to remain silent for long. Jordan Mahoney played a good game on both offense and defense, and quarterback John Toland played tough the whole game for Quincy. This Sunday the Jr Presidents will face off against Newton at Veterans Stadium.

The North Quincy Apaches scored early on its opening drive as Charlie Baker passed a 75-yard touchdown to Enhea Panariti, and the Apaches cruised to a big victory over the Newton Mustangs Sunday afternoon. Will Conley added a 40-yard touchdown run, and Alan Guan ran hard all day, and chipped in a nice 55-yard touchdown run. Charlie Ambroult also found the endzone on a 20 yard run, and Brody Baker also gained some tough yards to help Apaches to a big win. Coaches also recognized Noah Baker and



NORTH QUINCY APACHES Noel Sancho (18) leads the 8th grade team out of the locker room of the newly renovated Veterans' Memorial Stadium.

Emmet Walsh who lead the defensive effort for the Apaches.

Next weekend all Quincy United teams will be playing at Veterans' Memorial

Stadium as they will face Braintree and Quincy Jr Presidents will host its first home game vs Newton. Also visiting Veterans' Memorial Stadium will be Wellesley.



JUNIOR RUNNING BACK Isaiah Steinberg, senior lineman Eddie Lei (left) and the rest of the Quincy Presidents will be seeking their first win of the season when they host Durfee Friday night at 7 p.m. at Veterans' Memorial Stadium. The Presidents bowed to Norwell on the road last Friday night, 18-0.



SEAN SZILVA (15) goes in for tackle as Anthony Melchione (76) and Thomas Chan ((23) look on.

Photos Courtesy Quincy Youth Football

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NQ Volleyball Tops Hanover

By TOM JOYCE

The first set did not go their way, but the North Quincy High girls' volleyball team kept fighting.

The Red Raiders hosted the Hanover Indians last Friday and while they did drop the first set, the team rallied back and won the final three to take a 3-1 victory. With the win, the Red Raiders improved to 3-0 on the season.

"We need to start out strong in the match," Red Raiders head coach Andrew Shaw said. "To start off strong and finish strong is what we need as a team. On the transition to the second set, we did our job. I think in the second and the third sets we did what we were supposed to—and they carried that momentum all the way until they end."

"They definitely minimized their mistakes," he added. "After they made one or two of them, they learned to adjust and just play a smarter game. I thought they did a good job adjusting and that really made a difference."

The Red Raiders got some momentum early in the first set with a pair of aces helping them to a 4-1 advantage. From there, however, Hanover turned

out to be the dominant team. They outscored the Red Raiders 14-3 over the next 17 points, putting the home team in a 7-15 hole. The Red Raiders called a timeout with the score at 7-13 to regroup. Although the Red Raiders would continue fighting, they were not able to overcome this deficit and dropped the first set 19-25.

The Red Raiders fared well in the early set, jumping out to a 7-4 lead before Hanover settled in, fought back and made it a 9-8 game. From there, however, the Red Raiders played a clean set and capitalized on their opponents' mistakes. They went on a 6-1 run to take a 15-9 lead and expanded that run into a 12-4 run over the span of 16 points. Even though momentum was neutral for the rest of the set, Hanover could not overcome the disadvantage and the Red Raiders took the set 25-15.

That momentum carried over to the third set for the Red Raiders, taking a 4-2 lead before they jetted off with a 5-0 run and only expanded from there. Leading 17-5, they forced a Hanover timeout, although it would not have much outcome on the final score of the set; the

Red Raiders ended up taking it 25-12.

The final set was the most competitive of the bunch on both sides. It started out with a 6-6 tie and while Hanover went up 10-7, the Red Raiders fought back and tied the game at 12, 15, 16 and 17 respectively. However, the Red Raiders got on a 4-0 run to go up 21-17 which made the difference in the game. Hanover came within two points, making it a 24-22 game. Junior outside hitter Olga Kosinski got the kill in an intense volley for the Red Raiders, who took the set 25-22.

Kosinski had a team-high 13 kills in the win while senior Lydia Chan finished second with eight kills. Shaw said that both Chan and junior Mikayla Moy shined in the middle of the court in the victory with a key player missing due to injury.

Defensively, senior libero Jessica Tran put up 18 digs and meanwhile senior setter Ashley Caldwell had a team-best 23 assists on the day.

This year's team has its share of returning talent and experience with nine seniors on the roster. However, they also have six underclass-

men, a mix of sophomores and juniors who contribute as well.

"They're very scrappy," Shaw said of the team. "They play good defense. We played some good offense. But the thing is we're consistent and that helps."

At this point in the year, Shaw said the team is working to improve on both their arm swings and their approach at the net.

"We're looking to just get explosive when they jump and good a snap down on that ball to get it into the court," he said.

A first-year head coach, Shaw, a 2018 Eastern Nazarene grad and Weymouth native, brings his share of volleyball experience to the program as a former high school and college player who coached the North Quincy boys at the JV level last season.

"It's exciting," Shaw said of taking over the program. "North Quincy has always been a team I've been close with. Most of my friends who played volleyball growing up played here and one of my college coaches used to coach here. I've had a lot of influence from here so when I saw this job was open, I had to take it."

Q-NQ X-Country Splits With S-L

QNNQ @ Silver Lake Regional
2.2 miles

Girls Results

Score: SL 22 QNNQ 35

QNNQ Placers

4. Lezly Acevedo 17:52
5. Victoria Mariano 18:03
6. Maeve White 18:04
8. Jennie Burgess 18:49
12. Kyla Ho 20:17
17. Maura Hayes 28:28
18. Sabrina Egan 28:28

Boys Results

Score: QNNQ 22 SL 37

QNNQ Placers

2. Robert Cannon 14:07
3. Braeden Kopp 15:13
4. Quang Vinh Tran 15:45
5. Matt Francouer 15:52
8. Bobby Donovan 16:32
9. Peter Cooney 16:33
10. Dakota Pendleton 16:46
12. Jonathan Bina 17:06
13. Huy Ho 17:31
14. Will Cook 17:39
16. Logan Almeida 17:57
19. Zach Clements 18:45
20. Jack Nelson 18:45
22. Shane Faherty 19:41
24. Matt Leonard 20:54
25. Nick Bina-Rodriguez 21:00
27. Cullen Quilty 21:20
28. Maurice Taylor 21:39
31. Dante Nguyen 23:01
32. Liam McCoy 24:30

Quincy-North Quincy opened up its fall cross country season with a split decision at Silver Lake Regional. This was a cross-over meet between Keenan Division and Fisher Division schools.

QNNQ's girls took a 22-35 loss to the Lakers despite great performances from all the girls. They could not overcome a 1-2-3 finish (which is an automatic win) over the shortened 2.2 mile course.

The boys however placed a block of 4 finishers behind Lakers Captain Chris Tilton who won in a photo finish over QNNQ Sophomore Robert Cannon, for a 22-37 decision. The heat and sandy conditions of the course, which is a decommissioned canberry bog - now conservation land, took a toll on runners from both sides.

"We ran well considering the conditions" said QNNQ Coach Geoff Hennessy. "Being a 'cross-over meet', the records are inconsequential and have no effect on All-Star selections. Nevertheless, it was a good prep for our meet with Scituate on Sept. 18."

QNNQ hosts the Sailors on Wednesday and bring their freshmen and JV's to the first ever Patriot League Jamboree Thursday, Sept. 19 at Hingham High.

Quincy Volleyball Blanks P-N

By TOM JOYCE

The Quincy High girls' volleyball team had no issue taking down a Patriot League opponent at home on Monday afternoon.

The Presidents battled the Plymouth North Eagles and although the first set was tightly-contested, the team ended up on top and rolled through their final two sets to take a 3-0 victory. With the win, the Presidents improved to 5-0 on the season.

"I think it was a pretty good game," Presidents head coach Jacqui Niosi said. "We need to work on being faster and louder and communicating better amongst ourselves, but we're taking it one day at a time."

"I thought we had pretty good serving today, for the most part," she added. "I thought in the first game, we missed a lot of serves. But when you're serving well you put pressure on the other team to play it right and it usually works in your favor."

The first set was the most competitive of the bunch with neither side ever leading by a substantial margin. Through the first 20 points, the Presidents lead 11-9, but Plymouth North then got some momentum and tied it at 13 apiece. While the Presidents recovered and would go up by two points later in the set, Plymouth North tied

it back up at 21, 23 and 24 all respectively. However, the Presidents would end up taking the set 26-24 as Plymouth North was unable to return a pair of serves from sophomore Mona Ly.

It did not take the Presidents long to pull away in the second set. Although the two teams split the first six points 3-3, the Presidents began pulling away with a 5-2 run to go up 8-5 -- and then had a dominant run with Ly serving once again, the team went on a 7-0 run to take a 15-5 advantage. Plymouth North tried breaking up the run by calling a timeout, but was unsuccessful in their effort. Ultimately, the rest of the set would be highly-competitive with Plymouth North actually outscoring the Presidents by a point, but the deficit was too big to overcome. The Presidents won the set 25-16.

Although the third and final set of the match did not start out favorably for the Presidents, it certainly ended that way. After the first eight points, the team trailed 3-5 but from there, they dominated. Over the next 18 points, the Presidents outscored their foe 15-4, going up 18-9 which proved once again to be too big of a hole for Plymouth North to overcome. The Presidents won the set 25-17 and the match point came on a serving er-

ror by their opponent.

Niosi said she thought Mona Ly shined serving, junior setter Priscilla Bonica did a nice job setting, senior outside hitter Juliana Tracey performed well and off the bench, junior outside hitter Ashley Grehan did well serving and on defense.

Overall, the Presidents are an experienced team. They have many returning talents and their senior class includes five players this season: right side hitter Caroline Jaehnig, middle hitter Allison McMorro, outside hitters Juliana Tracey, Julia Kapcia and Brenna Tobin.

Even though the team is off to a strong start, is experienced and has only dropped one set through five matches, they are still working hard to improve their game on a daily basis.

From a practice standpoint, Niosi said the experience does prove helpful.

"It's good. We're looking to try to speed up our offense a bit and run some different plays," she said. "I think we definitely started off at a different point this year than we did last year and we're able to do a little more team-wise because we have a little more experience. It helps on the court too with nerves and they know what they're doing."

"We try to keep with the basics," she added. "It's about how fast you can do

those things and how much more diligent you can be on every play like if you can take care of the ball better. We really emphasize it, but a lot of it is just getting faster."

With the team leading against Plymouth North, the Presidents were able to give a few of their bench players some extra playing time, giving them a taste of the varsity level.

"It's great," Niosi said of getting her players in-game experience. "The more experience your team has, the better off you are in the long run. We spend a lot of time talking about how what we work on in practice really reflects on gameday and it's important regardless of how much playing time you get."

Attacks On Oil Facilities Could Spike Gas Prices

Last weekend's attacks on two major oil facilities in Saudi Arabia have taken 6 percent of global oil supply off the market, and the result could be higher prices for consumers at the gas pumps, at least in the short term, says AAA Northeast.

"Right now, AAA is forecasting that Americans can expect local pump prices to start to increase this week," said Mary Maguire, director of Public and Legislative Affairs. "Whether this is a short or long term trend will be determined by the price of crude oil and how quickly

the facilities in Saudi Arabia can recover. Damage to the facilities is still being assessed, but there is no word if it will be days, weeks, or even months before the infrastructure in repaired and back online." AAA estimates the jump could be as high as a quarter per gallon over the course of the month.

There was no immediate impact as prices in Massachusetts are down three cents this week, according to AAA Northeast.

AAA's Sept. 16 survey of prices in Massachusetts

finds self-serve, regular unleaded averaging \$2.52 per gallon. The Massachusetts price is four cents lower than the national average for regular unleaded of \$2.56. A year ago at this time, the average price in Massachusetts was thirty-two cents higher at \$2.84.

The range in prices in the latest AAA survey for unleaded regular is 91 cents, from a low of \$2.14 to a high of \$3.05. AAA advises motorists to shop around for the best prices in their area, and to make sure they and their passengers buckle up.

Councillors OK \$10.3 Million In Capital Spending

By SCOTT JACKSON
City councillors on Monday unanimously passed a \$10.32 million capital

spending request that includes money for new vehicles, various work inside and outside the city's

schools, and new equipment for the city's firefighters. The bond request, which Mayor Thomas Koch intro-

duced in the spring, included 41 separate line items.

The largest single line item is \$1 million for various paving projects at schools and other public buildings. Paul Hines, the city's director of public buildings, said about \$5 million in paving works remains to be done at schools and firehouses.

"I didn't ask for the \$5 million because I can't do \$5 million in paving," he said. "This is a measured request to get a defined amount of work done, but there will be further steps to complete that project."

The bond also includes \$600,000 to purchase ten police cruisers. The Department of Natural Resources will get a pair of F-250s and a turf fighter at a combined cost of \$125,000. The Traffic, Parking, Alarm and Lighting Department will get a \$230,000 bucket truck, the Department of Public Works a \$250,000 street

sweeper, and the schools a large bus and two mini buses for \$200,000.

The Fire Department is set to receive new self-contained breathing apparatus worth \$800,000, thermal imaging equipment for \$75,000 and a fully outfitted response vehicle for

\$75,000.

City Council President Brad Croall welcomed the purchase of new equipment for firefighters.

"With the investment of capital here, you're going to put the men and women of the Fire Department in

Cont'd On Page 31

Shed Memorial Rededication Friday

Cont'd From Page 1
"It's really like a park now," Marathas said.

Children, he added, have been walking through the walkways inside the rotary on their way to and from school, and residents are using the benches on site.

"It's beautiful down there now," Marathas said.

Marathas will speak at the ceremony, along with Mayor Thomas Koch and descendants of Daniel Shed. Shed was the first English settler of what is now Germantown; the peninsula was

at one point called Shed's Neck in his honor.

Leo Kelly, a former Ward 1 city councillor, is also expected to speak during the rededication. Marathas said Kelly donated a new granite sign, which will be installed later this week, welcoming passersby to Snug Harbor.

Quirk Ford Drive 4 Ur School Fundraiser Saturday Benefits QHS Boys Hockey

The annual Quirk Ford Drive 4 Ur School Family "fun"raiser, Touch a Truck and Classic Car Show will be held Saturday, Sept. 21 from 9 a.m. to 3 p.m. at the Quincy High School Russell Street parking lot.

Quirk Ford will have a

variety of brand new vehicles to take out for test drives. For each free test drive, Ford will donate \$20 to the Quincy High School boys hockey team.

The classic car show starts at 10 a.m. and ends at 2 p.m. There will be fun for

everyone: the BBQ will be fired up, there will be games for the kids (speed pitch/inflatables), and a Touch a Truck. There will also be numerous raffles including a 55-inch Samsung UHD LED TV, Apple iPad, Apple AirPods and a FitBit Versa.

Antique Car Show Sunday

Grove Manor Estates at 160 Grove St. in Braintree will host an Antique Car Show Sunday, Sept. 22 from noon to 3:30 p.m. in collaboration with OCMTC (Old Colony Model T Club).

All proceeds from the event will go to The Braintree Council of Elder Affairs - a vital asset to the senior population in Braintree and beyond.

The event will feature antique and vintage automobiles that are beautifully restored to their original condition as well as a bake sale, 50/50 raffle and prizes. Refreshments available for sale and The Ted Powers band will perform live.

All are welcome!

For more information or to register an antique car, call 781-843-3700.

Why do shops that perform oil changes charge a "hazardous waste disposal fee"? Used motor oil, like used batteries and used cooking oil, has cash value and is greatly sought after. I saw a Craigslist ad that offered to pick up used motor oil for free. Are garages double-dipping?

There was a time that waste oil had a value. Some busy shops saw \$1,500-\$2,000 additional revenue selling waste oil. Today, most of the shops I talk with are paying 50 cents per gallon to dispose of waste oil. With these additional costs many shops are using waste-oil heaters. These heating systems provide economical heat and eliminate much of the waste oil issue.

I suddenly noticed hundreds of ants on the lower door jamb of the rear passenger seat of my car. There had been some black dirt on the door jamb from mud or heavy rain and they were on it. I washed it all away and cleaned the car and saw one or two ants for a couple of days. Today I parked in bright sun, I opened the door there were hundreds of ants again. I washed everything again, there is no food and the car is clean. The molding higher up on the door is very loose though and coming off, but the ants are living on the floor where the molding is very tight. How can I get rid of these ants?

More than likely you are parked near an ant colony and for whatever reason these ants are attracted your car. Start by checking the surrounding area for ant hills and start by moving the car. Remove as many of the ants as you can from the car, checking under the mats and any place that could be damp. I would then put a couple of liquid ant traps in and around the car. As much as I hate to kill something, it would certainly be a traffic safety hazard if I were driving and ants started crawling up my leg.

I have a 2016 Ford Focus and when starting from stop the first two speeds are extremely jittery. It sounds like someone shuffling cards in the engine compartment and under the car. If you "goose" the car problem is reduced or smooth. Any information would be appreciated.

The problem is with the type of automatic transmission of this model. The repair usually involves replacing the clutch and reprogramming the car's computer. Ford refers to this problem as a "shudder" and there are several technical service bulletins issued by Ford to address this problem.

NOTICE OF PUBLIC HEARING

2001-094
NOTICE OF PUBLIC HEARING

In accordance with the provisions of Chapter 40A, § 11, MGL, the Quincy City Council will hold a public hearing on Monday, October 7, 2019 at 6:30 P.M. in Council Chambers, Quincy City Hall, 1305 Hancock Street, pursuant to Quincy Zoning Ordinance, Title 17, sections 8.4 & 8.4.6 Special Permit, on the application of HD Development of Maryland, Inc. ("Applicant") for the modification of P.U.D. Special Permit City Council Order No. 2001-094, which was granted in 2001 upon the application of Home Depot U.S.A., Inc., for the then-proposed and now-existing retail operation with parking for approximately 584 automobiles and associated improvements on approximately 15.75 acres of land in the Industrial A zoning district. The Applicant proposes to modify this special permit to carve out an approximately 3.424-acre lot from the 15.75-acre Home Depot site and to reduce the size of the Home Depot parking lot and the number of parking spaces. The Home Depot site, including the proposed 3.425-acre lot, is located at 465 Centre Street in the Industrial A zoning district and is shown as Assessors Map 3092B, Plot 12, Lot 1. Solely at issue in the public hearing is the removal of approximately 3.425 acres of land and associated parking from the Home Depot site.

A copy of the Applicant's plan may be examined at the Office of the City Clerk, 1305 Hancock Street, Quincy, MA. Monday through Friday during regular working hours 8:30 A.M. to 4:30 P.M.

Nicole L. Crispo
Clerk of Council

Quincy Access Television
88 Washington Street
Quincy, MA 02169
Find us on Facebook
www.qatv.org
617-376-1440
617-376-1441
Follow us on Twitter

Public Access Channel 8	Government Access Channel 9
Thursday, September 19 8:00pm: NQHS vs. Silver Lake 9/13/19	Thursday, September 19 12:00pm: City Council incl. Finance 9/16/19 6:00pm: Update DPW: Fall Season 8:00pm: Dynamic Living w/Tom Clasby
Friday, September 20 11:30am: LIVE: Currently in Quincy 2:00pm: Media Advisory: QPD Ceremony	Friday, September 20 2:30pm: 18th Annual MA 911 Ceremony 7:00pm: State View: Majority Leader Mariano 8:00pm: At the Library: Crowes Pasture, Encore
Saturday, September 21 1:00pm: NQHS vs. Silver Lake 9/13/19 6:00-11:00pm: In Memory of Don Kusser Producer * Member * Friend The Constitution: Then & Now Marathon	Saturday/Sunday, September 21/22 10:00am: FYI: QHD Strokes 12:00pm: City Council incl. Finance 9/16/19 4:30pm: AM Quincy: George Nicholson
Sunday, September 22 10:00am: Bethany Congregational Church	Monday, September 23 6:30pm: FYI: QHD Ticks & Mosquitos 8:00pm: State View: Majority Leader Mariano
Monday, September 23 11:30am: LIVE: Currently in Quincy 8:00pm: QHS vs. Durfee 9/20/19	Tuesday, September 24 7:00pm: AM Quincy: George Nicholson 8:00pm: At the Library: Crowes Pasture, Encore
Tuesday, September 24 6:00am: LIVE: AM Quincy w/Joe Catalano 6:00pm: Eye on Quincy (replay)	Wednesday, September 25 6:00pm: In the Know: Fair Saturday 6:30pm: FYI: QHD Strokes 7:00pm: Media Advisory: QPD Ceremony
Wednesday, September 25 6:00pm: Good News 9:30pm: Sound Advice	

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

ASSESSORS OFFICE

OCTOBER 3, 2019 @ 11:00 A.M.

"PERMIT DATA VERIFICATION OF REAL PROPERTY AND EDUCATION OF PROPERTY OWNERS WITH REGARD TO PERMIT DATA VERIFICATION AND VALUATION"

In accordance with M.G.L. Chapter 30B the City of Quincy, acting on behalf of the Board of Assessors is soliciting bids for Permit Data Verification of Real Property and Education of Property Owners with regard to Permit Data verification and valuation.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call, at which time, all bids received will be opened and read in the presence of such contractors as desire to be in attendance. No bids will be accepted after the time and date specified.

Any and all questions concerning this Invitation to Bid must be submitted by email to Kathryn R. Hobin, Purchasing Agent, City of Quincy Purchasing Department, 1305 Hancock Street, Quincy, MA purchasing@quincyma.gov Questions will not be accepted after September 27, 2019 @ 4:00 p.m.

The City of Quincy reserves the right to accept or reject any or all Bids, to waive any informality and to accept any Bid deemed in the best interest of the City of Quincy. Bid(s) will be awarded after review.

Thomas P. Koch, Mayor
Kathryn R. Hobin, Purchasing Agent

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Remembering 9/11 Tragedy, Sacrifice 18 Years Later



FIREFIGHTER WILLIAM KELLEY, right, salutes after he lowered the flag to half staff during the Quincy Fire Department's 9/11 ceremony at headquarters marking the 18th anniversary of the terrorist attacks.
Quincy Sun photos/Tom Gorman



FIREFIGHTERS SALUTE to honor the victims of the Sept. 11, 2001 terrorists attacks during the Quincy Fire Department's 9/11 ceremony at fire headquarters. The attacks killed nearly 3,000 people including 343 firefighters and 72 law enforcement officers.



QUINCY POLICE CHIEF Paul Keenan, left, is joined by his officers and Norfolk County Sheriff Jerry McDermott as they pause during the Quincy Fire Department 9/11 ceremony.



QUINCY FIREFIGHTER Steve Sweet plays bagpipes as a police officer at left salutes.



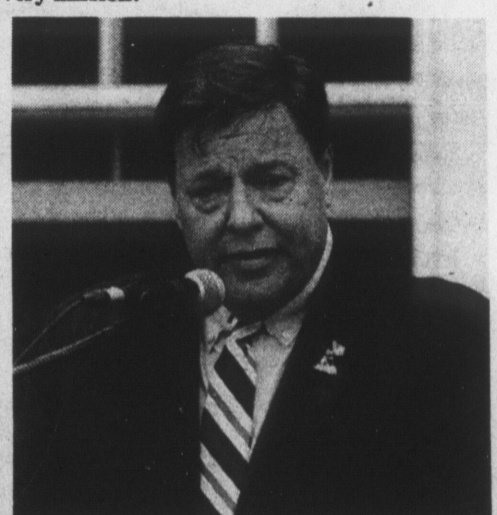
AS FIREFIGHTER MATT KEENAN, right, pauses, Quincy fire Chaplain John Menz noted that in the 18 years since the 9/11 terrorist attacks, more than 400 first responders have died of illnesses related to the World Trade Center recovery mission.



QUINCY FIRE CHIEF John Cadegan thanked the firefighters and other first responders for attending the annual 9/11 ceremony and honoring the victims. "It means so much to their families," the chief said.



BREWSTER AMBULANCE paramedics pause during the 9/11 ceremony.
More 9/11 ceremony photos on Page 31.



MAYOR THOMAS KOCH recalled that the Sept. 11, 2001 attacks occurred on the preliminary election day where citizens were exercising their right to vote, "one of the freedoms the terrorists tried to take away that day."

On Tuesday, Sept. 10, at approximately 8:40 p.m., detectives in the Quincy Police Drug Control Unit were conducting surveillance in the Montclair section of the city dressed in plain clothes and operating unmarked, non-traditional police vehicles.

Detective Glennon was conducting surveillance in the lot of Ocean State Job Lot when he observed a vehicle pull up to the front door of the store and remain "live parked" in the fire lane. He observed a male known to him exit the store carrying a medium sized box with both hands. This male was walking at a brisk pace and moments later a store employee of Ocean State Job Lot came out behind him stating, "Sir, stop."

The male did not stop so Detective Glennon identified himself to the store employee and asked if the male stole something. The store employee said, "Yes - he picked it up and walked right out with it." The detective approached the male, produced his badge and identified himself as a Quincy Police Officer. The male who continued walking was told repeatedly to stop and then escalated the situation by throwing the box in a car, jumping into the front passenger seat and ordering the female driver to take off by yelling, "Go - go - go!"

As the vehicle sped off, Detective Glennon was able to make note of the plate and then broadcast the description of the vehicle to Communications and area cruisers. The suspect vehicle cut across Hobart Street into the Dunkin Donuts lot, onto Newport Avenue (southbound) and then right onto North Central Avenue. Communications ran the plate and informed all units that the vehicle listed to an address on West Street.

At Beale Street, Detective Bossart saw the suspect vehicle turn left onto Adams Street southbound at a high rate of speed. Moments later Officer J. Paccioretti broadcast that he had the vehicle stopped on Furnace Brook Park-

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

way. Detectives Bossart, Coen, O'Brien, Glennon and Sergeant Lencki assisted in the stop. Detective Glennon approached the passenger's side of the car and confirmed the identity of the passenger as the same male who shoplifted at the Ocean State store - with the same box next to him!

Detective Glennon placed the suspect in handcuffs and informed him he was under arrest for shoplifting. After reading him Miranda Warnings to which he stated he understood, the male confessed that he stole the item (an air mattress) because he was homeless and sleeping on the floors of various houses. He stated he believed the item to be valued at approximately \$80.

Detective Bossart spoke to the female driver, who said that they were coming from South Boston and stopped at the Ocean State Job Lot store with the male passenger. She claimed she didn't know the air mattress was stolen when the male returned to her vehicle and yelled at her to go. She was checked for warrants (negative results) and sent on the way. The 37-year-old Quincy resident was transported to the station by Officer J. Paccioretti and booked on the charge of shoplifting by asportation.

Back at Ocean State Job Lot, Detective O'Rourke spoke to the initial employee who stated he observed the male suspect enter the store, pick up the air mattress and flee the store without paying for the item. The air mattress was returned



LT. DAN MINTON

to the employee and a receipt for the item (\$89) which was submitted into evidence.

A CD of the surveillance footage which shows the suspect stealing the item and fleeing the store was requested for court purposes. Nice Work!

FEDERAL TRADE COMMISSION recently issued a warning regarding the purchase of cannabis-derived products as miracle treatments for serious illnesses. The FTC publicized that they have officially warned three companies about making false claims (but they don't name them!) without evidence to support their findings.

These companies sell oils, capsules, edible gummies and creams that contain cannabinoid (CBD), a compound derived from the cannabis plant. One company claimed that CBD works like "magic" to relieve agonizing pain, adding that CBD has been clinically proven to treat diseases like cancer, Alzheimer's disease and multiple sclerosis. Another company claimed that CBD products were proven to treat twenty health conditions, including autism, anorexia, cancer and AIDS while the third company promoted the product for treating the root cause of most major degenerative diseases. It also claimed its CBD cream relieves pain and that its oil may effectively treat depression, post-traumatic stress, epilepsy and other diseases.

The FTC sent letters urging companies to review all claims, including consumer testimonials to ensure that there is reliable scientific evidence to support their claims.

These companies were advised to notify the FTC within 15 days of the specific actions they have taken to address the agency's concerns.

When in doubt, talk with your doctor before you try a healthcare product you find online about the risks, the side effects and possible interactions with any medications you are taking. (Excerpts from the FTC.)

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Sept 6 - Sept 12

Calls: 1046

Arrests: 19

Stolen Vehicles: 1

FRIDAY, SEPT. 6

VANDALISM/PROPERTY, 1:20 a.m., Warwick St. House egged. White Lexus wanted for malicious destruction of property. Officer will be applying for a warrant. Weymouth notified to stop vehicle if located in Weymouth to ID operator.

VANDALISM/PROPERTY, 7:17 a.m., Safford St. Vehicle was vandalized.

LARCENY, 10:30 a.m., 1000 Southern Arty. Believes someone is stealing her syringe delivery.

LARCENY, 2:10 p.m., Sheldon St. Nephew stole various items from the home.

VANDALISM/PROPERTY, 3:10 p.m., Hollis Ave. Plants taken from front porch. Unsure who took them.

MOTOR VEHICLE LARCENY, 6:43 p.m., U Haul, 438 Quincy Ave.

ASSAULT AND BATTERY, 9:36 p.m., Taco Bell, 707 Hancock St. Knife involved. One party bleeding. Large group of youths. Asian male wearing black shirt with white.

SATURDAY, SEPT. 7

ASSAULT AND BATTERY, 9:17 p.m., 254 Quarry St. Multiple people fighting out front. Caller states a guy punched a woman and knocked her out then hung up. Two under arrest for A&B and disorderly.

LARCENY, 9:26 p.m., Canton Rd. Reports earlier today a known party took belongings from his apartment and also damaged things inside the apartment.

LARCENY, 10:46 p.m., Oval Rd. Caller came home about two hours ago and noticed items were taken out of a package that was delivered.

SUNDAY, SEPT. 8

LARCENY, 9:46 a.m., Hancock Market, 5 Cottage Ave. Party took bundles of newspapers. Occurred Saturday and Sunday.

ASSAULT AND BATTERY, 9:37 a.m., Quick Six Discount Liquors, 603 Washington St. Male down, bleeding from nose. Caller does not know how male was hit. Suspect took off in a white VW Jetta, unknown as a passenger. Caller states suspect is known to them. One to

SSH.

MONDAY, SEPT. 9

BREAKING AND ENTERING, 10:16 a.m., 75 Palmer St. DOVE report.

VANDALISM/PROPERTY, 5:20 p.m., Beechwood St. Yard. Would like to speak to officer about an ongoing issue with group of youths in neighborhood. Non-criminal report to be filed. Flagged for community police.

LARCENY, 5:42 p.m., 10 Winter St. Caller had work done in her apartment and now several items are missing.

LARCENY, 7:42 p.m., Newton St. Unknown stole a baby car seat from the backyard.

TUESDAY, SEPT. 10

VANDALISM/PROPERTY, 11:06 a.m., W. Squantum St. Fence.

VANDALISM/PROPERTY, 9:17 p.m., Stop & Shop, 65 Newport Ave. Car keyed. Damage is on driver's side of car, both doors. No suspect info.

WEDNESDAY, SEPT. 11

LARCENY, 12:06 p.m., 100 W. Squantum St. Bicycle was locked to a city sign. Now knocked over and bike is gone. Black Taiwanese style with wide seat for someone with his build. Stolen sometime overnight.

LARCENY, 2:48 p.m., Sloop Ln. Jewelry stolen sometime in the past from her residence.

BREAKING AND ENTERING, 6:30 p.m., Hancock St. Caller said someone broke into his house and stole some shoes. Door has already been repaired.

LARCENY, 7:08 p.m., New Store on the Block, 1183 Hancock St. Caller said there is video of a female and her companion stealing his wallet. Video shows male picking something up from the floor, possibly the wallet.

LARCENY, 8:55 p.m., Linden St. Caller said he came home and a package that had been delivered was stolen.

LARCENY, 9:35 a.m., Fr. Bill's Place, 38 Broad St. Pillow.

ARMED ROBBERY, 11:16 p.m., 130 Granite St. Two white males with a baton left towards Fort Square. One is behind the Star Market building. They are in their late teens. One had strawberry blond hair. Caller had a backpack with meds stolen. Brewster notified for evaluation.

THURSDAY, SEPT. 12

ASSAULT AND BATTERY, 10:08 a.m., Wash Dry, 26 Hobart St. Caller said female threw his clothes on the

ground and was hitting him. Brewster notified.

LARCENY, 4:19 p.m., 42 Beale St. Contractor for CVS had his bag stolen.

LARCENY, 4:36 p.m., 175B Centre St. Received notification that package was delivered but he never received it.

LARCENY, 5:51 p.m., Stop & Shop, 65 Newport Ave. Homeless man and woman stealing from bins. Parties trying to get winter clothing. Left clothing in parking lot. Sent on way.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 438 Quincy Ave.

CAR BREAKS: Main Street, Safford Street, Piermont Street, Hovey Street, 219 Quincy Ave., Arthur Street, South Street.

BREAKS AND ATTEMPTED BREAKS: 75 Palmer St., 2 Hancock St

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Quincy Police Crime Prevention Journal list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

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Special Music At Bethany Congregational Church

On Sunday Sept. 22, worship service at Bethany Congregational Church will feature some special music.

Ed Sorrentino will accompany the choir on drums and there will be a flute accompaniment by Lisa Jean-nero. Services start at 9:30 a.m., Rev. Patrick McCorkle will conduct the service and preach.

Fellowship hour (coffee and light snacks) to follow the service. Church School to begin on Oct. 6th. Join us on this and any Sunday, all are welcome.

St. Francis Pet Blessing, Collection For Animal Shelter

Sunday, Sept. 22 worship begins at 10 a.m. at Quincy Point Congregational Church, 444 Washington St.

The sanctuary is accessible to all with designated parking and an elevator via the Abbey Road side of the building. After worship gather in the downstairs Social Hall for coffee, light refreshments and fellowship. While there stop by the Big Blue Q table to sign the Birthday/Thinking of you cards.

Confirmation class will commence on Sept. 22. See www.confirmotconf.com for more details. Youth Group with Angelina DeCristofaro (for ages 6th

grade and up) will first meet on Oct. 6th, and will be the first two Sundays of every month. Register for Sunday school and more online at: <https://www.quincypointcon.org/christian-education>

The annual St. Francis Pet Blessing will be on Saturday, Sept. 28 at 10 a.m. on the Abbey Road side lawn of QPCC, light rain or shine. There will be a free will collection for the Quincy Animal Shelter.

This blessing is open to people and pets of all faiths. Make sure pets are leashed or are in appropriate pet carriers. And if your pet cannot be present, bring

RELIGION

Beth Shalom – Blue Hills To Be Honored Sept. 19

Congregation Beth Shalom of the Blue Hills will be honored by the Synagogue Council of Massachusetts at an event called "Dark-einu: The Path Forward – Celebrating the Future of Synagogue Life." The celebration will take place on Sept. 19th at Temple Aliyah in Needham.

The Synagogue Council is honoring the congregation's Board of Directors, clergy, past presidents and lay leaders, along with three other select honorees, as "visionary leaders who have made notable contributions to the ongoing vitality of their congregations and communities."

This honor recognizes

a stuffed animal or photo to be blessed.

Creation Care Sunday is on Sunday, Sept. 29. Join in the Social Hall after 10 a.m. worship to learn about the birds and pollinators in our

Congregation Beth Shalom of the Blue Hills' achievements in lay leadership as well as the Rabbinic leadership of Rabbi Alfred Ben-jamin, and highlights the ongoing strength of the congregation and its vision for a vibrant future. It is the only congregation chosen for this honor this year.

The Synagogue Council of Massachusetts builds connections among individuals and communities to promote mutual understanding and respect for Jewish diversity, serves and strengthens congregations spanning the spectrum of Jewish belief and practice, and connects individuals to those congregations.

We'll have interactive displays about owls, and Allen Hiltz, local beekeeper, agriculturalist and horticulturist will speak about the importance of beekeeping.

Houghs Neck Congregational

The Sunday morning service of worship at the Houghs Neck Congregational Church, 310 Manet Ave. starts at 10 a.m.

Liturgist Nancy Jacobs will give the welcome and call to worship. Nancy Jacobs and Alex Rheault will serve for the Diaconate. Pastor Stephen Vandergrift will lead and preach his sermon. All are welcome.

The HN Congregational Church invites all interested families to join in Rally Day, Sunday, Sept. 22 – the opening day for the 2019-2020 Sunday School Year.

Church worship begins in the upstairs sanctuary at 10 a.m. with parents and children together for the welcome, an-

nouncements, opening hymn and prayers. Pastor Steve will give a special Children's message and then children are dismissed to Sunday School on the lower level. Typically, both Sunday School and worship service end at 11 a.m.

For Rally Day there will be activities for children running until 11:30 a.m. Parents are encouraged to join in the fun after the worship service.

Sunday School is open to children age 2.9 through 5th grade. Middle school students' alternate weeks attending church or studying in their own youth program.

Nursery care is provided to children under 2.9 years old. RSVP for Rally Day to jaimegordonmk@gmail.com.

Union Congregational Church

The morning worship service at Union Congregational Church will begin at 10 a.m. Sunday morning. Rev. Joy Eng-Matos, Founder and minister of New Day-Quincy, will deliver an inspiring Bible based message.

Union Congregational Church is a warm, friendly, neighborhood church located on the corner of Beach Street

and Rawson Road in Wollaston. All are welcome to attend and hear the Word of the Lord.

A Fellowship/ Coffee Hour will be enjoyed following the worship service.

For more information, call the church at 617-479-6661, send an email to UccWoll@gmail.com or visit the website at www.UnionCongWoll.org

Quincy Religion Directory

SERVICES & ACTIVITIES

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 8 & 10:30am
Tuesday/Thursday 9am
Handicapped Accessible
New Members Welcome!

ST. AGATHA CHURCH MILTON-QUINCY
432 Adams Street
Milton, MA 02186 • 617-698-2439
Schedule of Masses:
Saturday: 4:30PM
Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM
Weekday Masses: 7:00 & 9:00AM
Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment
Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned

St. John The Baptist ROMAN CATHOLIC CHURCH
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday, 4:00 PM
Sunday, 8:30 AM & 11:00 AM
Sunday night, 5:00 PM
Weekday Masses
Wed., Fri., and Sat. 8:00 AM
Confessions
Wed. 8:30 – 9:00 AM
Sat. 2:30 – 3:30 PM
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
617-479-5400
Mass Schedule:
Sat. 4:00 PM / Sun. 9, 11 AM
Daily Mass:
Wednesday and Friday, 9 AM
Confessions: Saturday 3-3:30PM
Handicapped Accessible via Elevator

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4PM (Saturday)
7:30 & 10:00AM and 6:00PM
Weekday Masses
Monday & Saturday 9AM
Handicapped Accessible
Confessions
Sat. 3-3:45PM in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169 • 617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m. and 10:30 a.m.
Weekday Masses:
Mon., Tues., & Thurs. 9a.m.
CONFESIONS: Saturday, 2:30-3:30 pm
Handicapped accessible & Handicapped parking, side entrance
Air-conditioned

Holy Trinity Parish
Come and Worship!
Most Blessed Sacrament Church
1031 Sea St.
WEEKDAY MASSES
9:00AM Tuesday and Thursday
WEEKEND MASSES
4:30 PM Saturday and 8:30 AM Sunday
Our Lady of Good Counsel Church
237 Sea St.
WEEKDAY MASSES
9:00AM Monday and Wednesday
WEEKEND MASSES
6:00PM Saturday and 10:30 AM Sunday
CONFESIONS: 3- 4PM Saturday
Rev. Martin Dzengelski- Pastor
Phone: 617-479-9200
EMAIL: holytrinityquincy@gmail.com
VISIT: www.holytrinityquincy.com

Congregational

HOUGH'S NECK CONGREGATIONAL CHURCH
310 Manet Avenue
617-479-8778
www.hncong.org
Sunday Worship Service at 10 a.m.
Pastor Stephen Vandergrift will lead the service and preach his sermon
All are welcome to attend
FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE

BETHANY CONGREGATIONAL CHURCH
Spear & Coddington Streets
Quincy Center, 617-479-7300
www.bethanycongregational.org
Sunday Worship Service at 9:30AM

The Rev. Patrick McCorkle
will conduct the service and preach his sermon
Fellowship following the service
Church is handicap accessible

Quincy Point Congregational Church
United Church of Christ
444 Washington St.
(617) 773-6424
www.quincypointcon.org
Sunday Worship and Sunday School at 10 am
Elevator Access via Abbey Rd
Rev. Kimberly Murphy, Pastor
Jeanne M. Lucas, Director of Music
Angelina DeCristofaro, Youth Dir.

Congregational

Wollaston Congregational Church
United Church of Christ
48 Winthrop Avenue
Quincy, Massachusetts
Inclusive Family Worship at 10 a.m.
Elizabeth J. Williams
Pastor
617-773-7432
www.wollastonucc.org

Unitarian Universalist

United First Parish Church
A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.
Worship Service & Church School:
Sundays at 10:30 AM
Followed by Fellowship & Refreshments
Rev. Rebecca Froom
1306 Hancock St., Quincy
www.ufpc.org

Church of Christ

CHURCH OF CHRIST IN MILTON
330 Edge Hill Rd.,
Milton, MA 02186 • 617-274-2409
www.churchofchristinmilton.org
Maurice Davis, Minister
SUNDAY WORSHIP
8AM, 11AM and 6PM
Sunday Bible Study 9:45AM
Tuesday Bible Study 11:00AM
Wednesday Bible Study 7:00PM
3rd Friday – Couples 7:30PM
4th Friday – Youth 7:30PM

To Advertise in this Directory, Call 617-471-3100

Christian Science

First Church of Christ, Scientist
1460 Hancock Street, Quincy
617-472-7099
Sunday Services and Sunday School 10:30 a.m.
Wednesday Evening Meetings – where testimonies of healing are shared 7:30 p.m.
ALL ARE WELCOME!

Nazarene

WOLLASTON CHURCH OF THE NAZARENE
37 E Elm Ave, Quincy MA 02170 • www.wollastonnazarene.org
617-472-5669 • office@wollastonnazarene.org
A Church for EVERYONE!
8:00 AM ~ "Word and Table" Service
10:00 AM ~ Worship Service
11:15 AM ~ Weekly Small Groups
Pastoral Staff
STEPHEN "STRETCH" DEAN, LEAD PASTOR
JENNIE DOANE, VISITATION PASTOR
MEGAN JOHNSTON, WORSHIP COORDINATOR
BEVERLY KRUTER, CHILDREN'S PASTOR
CHLSE MAYNARD, SPIRITUAL FORMATION PASTOR
ANDREA SAWTELLE, YOUTH PASTOR
Find us on the web at www.wollastonnazarene.org and

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30AM Sunday Worship

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45AM CHRISTIAN EDUCATION
11AM WORSHIP SERVICE
BRASS BAND MUSIC
NOON THURS. WOMEN'S FELLOWSHIP
6:30PM WEDS. BIBLE STUDY

Non-Denominational

LIGHTHOUSE FELLOWSHIP
73 Newbury Ave., N. Quincy
Worship & Children's Church 10AM
Pastor Mike Fehan
617-847-4444
Mid-week studies & youth group
mjfehan@gmail.com

OBITUARIES

Betty Dugan, 85

A celebration of the life of Betty (Palmer) Dugan, age 85, of Quincy, will be held Friday at 11 a.m. at Granite Links Golf Club, Quincy.

Mrs. Dugan died at home Sept. 7 with family at her side.

She was born at home in South Boston, to the late Potter C. and Susan E. (Moore) Palmer, on Dec. 22, 1933, and spent her childhood in South Boston. Mrs. Dugan graduated in 1951 from South Boston High School, where she met the love of her life and future husband, Joseph A. Dugan. They married in Boston on Sept. 14, 1952, and later moved to Weymouth, where they raised a family of eight children in an active and vibrant neighborhood.

Together with her husband, Mrs. Dugan was a dedicated parent who fought for better public education for all children. She served as an elected Weymouth Town Meeting member and was a candidate for the Weymouth School Committee. She was an avid conversationalist about everything from politics and news to history, movies, music, food and cooking, sports, weather, family, and friendships.

Later in life, Mrs. Dugan re-committed to her own education by earning a degree from Quincy College and by continuing her formal learning with classes at UMass's OLLI program for seniors. In retirement, Mrs. Dugan and her husband traveled to Europe—including Russia, Italy, Spain, England, Scotland, and Ireland—and traveled North America in their camper to visit some remote places and enjoy the peace



BETTY DUGAN

of nature and each other.

She was pre-deceased by her husband, Joe, and granddaughter, Baby Rose. She is survived by her eight children (Joseph, Mary, Paul, Elizabeth, William, John, David, and Robert) and their spouses, twelve grandchildren, one great-grandson, scores of nieces and nephews, and many friends. She was pre-deceased by two brothers—Potter Palmer and Robert Palmer—and leaves one brother, William Palmer of Arizona.

Interment at the Massachusetts National Cemetery in Bourne took place privately.

Memorial donations may be made to Victory Programs—which opens doors to recovery, hope, and community for individuals and families facing homelessness, addiction, or other chronic illnesses such as HIV/AIDS—by visiting its website vpi.org. Or, consider a donation to St. Francis House, the largest day shelter in Massachusetts, by visiting its website stfranchishouse.org.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Pamela Haines, 70

A funeral Mass for Pamela (Finn) Haines, age 70, was celebrated Sept. 12 in St. Agatha Church, Milton.

Mrs. Haines died peacefully Sept. 9 at home and in the loving care of her sons and family after a courageous battle with cancer.

Born in Boston, she was raised in Dorchester and was the daughter of the late Margaret Buchanan and William Finn. She was the oldest of eight surviving siblings, William "Bill" Finn and his wife Dorothy of Milton, Stephen Finn and his wife Elizabeth of Quincy, Kathleen Collins and her husband Ronald of Quincy, Richard and his late wife Debbie of Fla., Michael Finn and his wife Pamela of Plymouth, Margaret Saliba of Braintree, and Daniel Finn of Bourne.

She is survived by her children, Jack and his wife Caitlin of Quincy and, Michael and his wife Tricia of Quincy. She was the doting and loving Mimi of Lucy, Molly, Liam, Sadie, Chloe and Ella.

Mrs. Haines had a long and fulfilling career at Curry College where she met life-



PAMELA HAINES

long friends she considered family.

She had a passion for Cape Cod and was lucky enough to raise her boys summering in North Falmouth and spending days at Old Silver Beach. She will be remembered for her quick witted sense of humor, her beautiful smile, and her devotion to her two sons and grandchildren.

Private interment.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Muscular Dystrophy Association, 33 Lyman St., Suite 205, Westborough, MA 01581.

Alexander Engelmann, 91

A memorial service for Alexander Engelmann, 91, of Plymouth and formerly Quincy, was held Sept. 14 in Christ Church, Quincy.

Mr. Engelmann died Sept. 9.

Devoted husband of 56 years to the late Anne (Clapp) Engelmann. Loving father of Elizabeth "Betsey" Engelmann of Texas, George F. Engelmann and his wife Sheri of Texas and

Carol Mallia and her husband Bill of Plymouth. He was the brother of Elisabeth and Horst Engelmann of Berlin, Germany. Grandfather of Alexandra Jackson and her husband Luke of Texas, Garrett Engelmann of Michigan, Erin Mallia of Florida and Cameron Mallia of Plymouth.

Mr. Engelmann was a longtime member of the Viking Club, Stenkil Lodge and Christ Church. He graduated Bentley College in 1960 with a degree in accounting and spent his entire career with the Lindberg Corporation, starting as a bookkeeper before eventually retiring as corporate comptroller in 1991.

Interment will be held at a later date.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 644 Hancock St., Quincy.

Frank J. Romano, 96

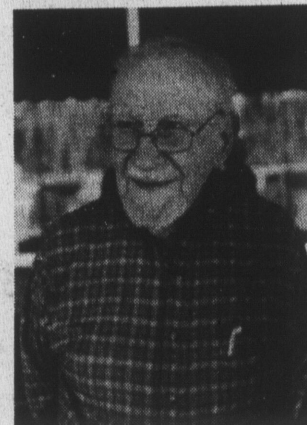
Funeral services for Frank J. Romano, aged 96, of Bridgewater, formerly of Quincy, were held Monday in Prohett-Chapman Cole & Gleason in Bridgewater.

Mr. Romano died peacefully Sept. 7.

He was a devoted husband to his wife of 64 years, Genevieve R. Romano, who predeceased him. He was the son of the late Frank and Rose Romano of Fitchburg; his sisters Josephine Carito and Helen Capone, also predeceased him.

Mr. Romano was born, raised and educated in Fitchburg, graduated from Boston English High School, and then attended Boston University studying business. Mr. Romano proudly served his country with distinction for nearly three years during World War II in the US Army as a combat engineer, responsible for building temporary bridges and roads, and serving in the military police.

He dedicated his life to his wife and four children and their spouses, Frank J. Romano, Jr., who predeceased him and Cheryl of Middleboro, Joanne M. Anderson and George of Bourne, John R. Romano and Pauline of Rochester and Paul W. Romano and Judith of Ashland; nine grandchildren, Tony, Mat-



FRANK J. ROMANO

thew, Lisa, Carl, Michelle, Elizabeth, Andrew, Pamela and Thomas; seven great-grandchildren, Sophia, Evan, Isabella, Ryan, Lily, Zachary and Owen; and many nieces and nephews.

Mr. Romano worked as a salesman for Citrus Fruit Juice Company, as a deli attendant for Supreme Market, and as a supervisor at John Hancock Mutual Life Insurance Company.

In addition to spending time with family and friends, he loved listening to big band music, watching classic movies, reading home and auto magazines, refinishing furniture, and participating in the community bocce and shuffleboard leagues. He was known for his warm and caring nature, and his kind and compassionate spirit. He was a devoted family man and friend and will be sadly missed by all who knew him.

Catherine G. Pattavina, 94

A funeral Mass for Catherine G. Pattavina, age 94, a lifelong Quincy resident, was celebrated Sept. 14 in St. John the Baptist Church, Quincy.

Mrs. Pattavina died peacefully Sept. 9 at Carney Hospital in Dorchester, in the comfort of her loving family.

She was born and raised in Quincy and was a graduate of the Woodward School for Girls and Regis College. She also did post graduate work at Bridgewater State College and Oak Ridge Associated Universities in Tennessee, where she studied nuclear technology.

Mrs. Pattavina was employed as a research technologist at the Veterans Administration Medical Center in Jamaica Plain for thirty-one years, retiring in 1980.

She was a lifelong parishioner of St. John the Baptist Church in Quincy. Mrs. Pattavina was also a member of the Quincy Historical Society and had served as president of the Wollaston Garden Club.

She enjoyed traveling.

Daughter of the late Salvatore and Isabella (Mignosa) Pattavina. One of five siblings, she was the sister of Terese D'Urso of Cohasset and was pre-deceased by Vincent Pattavina, M.D., Dante S. Pattavina, and Beatrice Sloan. Mrs. Pattavina is also survived by thirteen nieces and nephews, many grand nieces, grand nephews, three great grand nieces and her cousins.

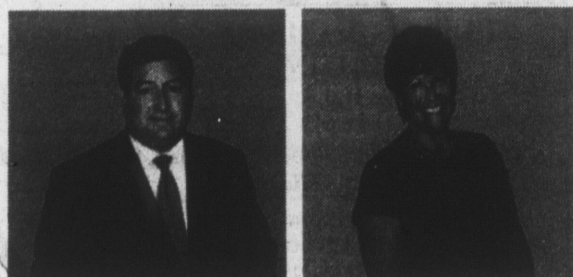
Interment at Mount Wollaston Cemetery.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Regis College, Office of Institutional Advancement and Alumni Relations, 235 Wellesley St., Box 30, Weston, MA 02493 or to the Quincy Historical Society, 8 Adams St., Quincy, MA 02169.



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Kenneth F. Josselyn, 66

A funeral service for Kenneth F. Josselyn, age 66, of Malden and formerly of Quincy, will be held Sept. 22 at 1:30 p.m. in the First Church of Squantum.

Mr. Josselyn died peacefully at home in his sleep on Aug. 26.

Born in Boston, he was raised in Squantum and was the son of the late Frederick H. and Lorraine E. (Ingham) Josselyn. Mr. Josselyn attended local schools and graduated from high school with the Class of 1971.

He spent most of his life in Squantum, though the last few years he resided in Malden. He was an avid gardener, and in his spare time, Mr. Josselyn maintained the family property in Squantum with flair and passion.

He was most recently employed as a claims operation team leader at Boston Medical Center Healthnet Plan. Mr. Josselyn was popular with his coworkers and enjoyed the relationships he built over the years.

The most important part of his life was his family, nieces and nephews.



KENNETH F. JOSSELYN

Mr. Josselyn loved them more than anything and there wasn't anything he wouldn't do for the people he loved and cared for. He was famous for hosting his nieces and nephews when they were young at yearly New Year's Eve parties. His friends were also an important aspect of his life. He loved having fun with his friends, especially after work.

Mr. Josselyn's life was well lived. He was beloved by family, friends and coworkers. Mr. Josselyn will be greatly missed by all the lives he touched.

He was the dear brother of Linda J. McCormack and her husband Edward J.

"Skip" III of E. Falmouth, Mark R. Josselyn and his wife Marie of Hopkinton and Beverly Asnault and her husband Thomas of Cohasset. He was the loving uncle of Ashley Simmons and her husband Brandon of Bellingham, David E. McCormack of E. Falmouth, Dominique Early and her husband Alex of Waltham, Brittany Cesario and her husband Vincent of FL, Alicia Asnault of Cambridge and Samuel Asnault of Cohasset. Ken was the loving great uncle of Lukas, Jacob, Zachary, Vincent Jr. and Aine. He is also survived by many loving extended family members and many friends.

Visitation is from noon to 1:30 p.m. on Sept. 22 inside the church.

Private interment.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to the Pine Street Inn, 444 Harrison Ave., Boston, MA 02118.

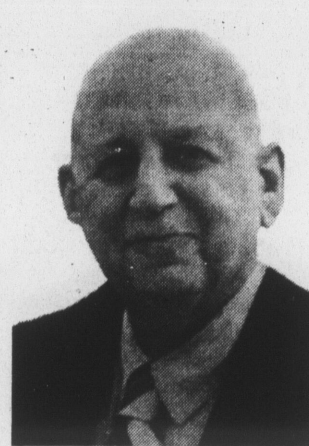
Christo J. Shagr, M.D., 65

Visiting hours for Christo J. Shagr, M.D., age 65, of Braintree, were held Sunday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Dr. Shagr died peacefully Sept. 10 at South Shore Hospital, in the comfort of loving family and friends.

He was born in Beirut, Lebanon, to the late Jean and Huda (Merjaneh) Shagr. He was raised and educated in Lebanon and immigrated to the United States in 1984, arriving in Quincy. Dr. Shagr lived in Braintree for the past twenty-five years, previously in Weymouth.

He earned his Doctorate of Medicine from the American University of Beirut School of Medicine in 1981. He served there from 1980-1984. Dr. Shagr was a fellow at Saint Margaret's Hospital in Boston from 1984-1986 and was employed at Tufts University Hospital from 1989-1993.



CHRISTO J. SHAGR, M.D.

Following his time at Tufts, he entered into private practice at Crown Obstetrics and Gynecology at Crown Colony in Quincy for twenty-six years. He found great joy in delivering babies.

Dr. Shagr enjoyed boating and spending time at his home on Newfound Lake, New Hampshire. He also enjoyed walking his dogs and was an avid Boston sports fan. He was especially dedicated to his family.

Beloved husband of Ja-

nis A. (Anderson) Shagr. Devoted father of Jessica H. Shagr of Abington, Stephanie C. Rousseau, D.O. and her husband Corey of Windham, N.H., Walter of Kentucky, and Mark and his wife Ryoko of Japan. Loving grandfather of Sessai and Sofi. Dear brother of Maud Ward, M.D. and her husband Henry Ward, M.D. of Cheshire, Conn., and Alfred Shagr, M.D. of Lebanon. Uncle of Andre Ward, M.D., Christian Ward, M.D., and several other nieces and nephews.

Memorial donations may be made to Dana-Farber Cancer Institute, Multiple Myeloma Research Foundation, P.O. Box 849168, Boston, MA 02284-9168.

The family would like to acknowledge and thank the medical staff including doctors, nurses, and support staff at South Shore Hospital and Dana-Farber Cancer Institute.

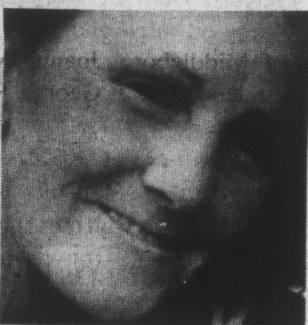
Charlene M. Masse, 62

A funeral service for Charlene M. Masse, 62, of Attleboro, was held Monday in the Duffy-Poule Funeral Home, Attleboro.

Mrs. Masse died unexpectedly in the early morning of Aug. 28 in the Sturdy Memorial Hospital, Attleboro.

Born on Jan. 29, 1957, in Quincy, she was a daughter of Charles and Ruth Plante of Plymouth. She grew up in Plymouth before moving to North Attleboro and remaining a resident for many years.

Mrs. Masse is survived by her four children and her ten grandchildren, Christine Stafford and her son, Joshua Stafford Jr.; Renee Masse and her chil-



CHARLENE M. MASSE

dren, Kyle O'Connell, Olivia O'Connell and Sophia O'Connell; Scott Masse and his children, Destiny Masse, Amber Masse, Sierra Masse, Dylan Masse and Charlotte Masse; Eric Masse and his son, Calvin Masse.

In addition to her parents, she is survived by her brother, Wayne Plante; her two sisters, Jane Plante and

Patty Nielsen; her former husband, Francis Masse and many extended family members and friends.

Mrs. Masse had many passions in her life, her utmost favorite was being "Nana." She enjoyed spending time at the beach, gardening, reading and camping. She was an avid NASCAR and Patriots fan. Mrs. Masse was loved by many and will forever be in our hearts and her memories will be carried on forever.

Private interment at a later date.

Donations to assist in funeral expenses may be sent directly to Francis (Scott) Masse, 7 Frenier Ave., Attleboro, MA 02703.

Gilda Peruzzi, 96

A funeral Mass for Gilda (Biagioni) Peruzzi, age 96, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Peruzzi died peacefully Sept. 12.

She is survived by her loving daughters Angela (Peruzzi) Cardarelli and Linda (Peruzzi) Zandonna; her son-in-laws John Cardarelli and Dan Zandonna; three grandchildren, Lindsey Collins and her husband Dan, Kristin Panagiotis and her husband Will, and Danny Zandonna and his wife Gina; and three beautiful great-grandchildren, Dominic, age 6, Gianna, age 4, and Alexandra, age 4. She is predeceased by her husband, Albino; her



GILDA PERUZZI

son, Vinnie; and her sister, Teresa.

Mrs. Peruzzi grew up in Collefero, Italy, and came to the United States with her husband Albino in 1948. She became a tax accountant for H&R Block for 45

years and had more than 300 of her own loyal clients. She retired at the age of 89, only due to her failing eyesight. Her family was her first love, and she also had a passion for cooking and created many culinary masterpieces, which we tried to replicate but never succeeded. Her secret ingredient was love.

Mrs. Peruzzi will be remembered as a beautiful, loving person who was always willing to help anyone in need. Her family will love her forever.

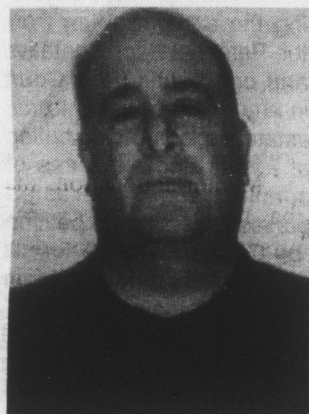
Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Boston Cremation, 116 Franklin St., Quincy.

A funeral service for Steven A. "Steve" Mancuso, age 60, of Middleborough, formerly of Quincy, was held Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Mancuso died suddenly Sept. 12.

Born in Quincy, he was a son of the late Albert A. Mancuso, and Frances A. (Saturno). Mr. Mancuso was a 1977 graduate of Quincy High School and worked as a foreman for the Parks and Forestry Division for the city of Quincy for 26 years. He enjoyed raising and caring for his alpaca, "the boys," growing vegetables in his garden, and playing



STEVEN A. MANCUSO

video games.

Mr. Mancuso was the beloved husband of Suzan A. "Suzi" (Turner) Mancuso of Middleborough. They celebrated their 24th wedding anniversary on Sept. 9, 2019. He was the devoted

brother of Richard Mancuso and his wife Dianne of Rockland. He was the loving uncle to Eryn, Brian, Ema, Kayla, Marina, Charlotte, Veronica, Greg, Michael, Theo, and Ambrose. He is survived by many aunts, uncles, and cousins, as well as his golden retriever Sabrina.

Mr. Mancuso was loved and respected by all who knew him. His quiet and unassuming ways made him an easy man to like and befriend.

Memorial donations may be made to the New England Alpaca Owners and Breeders Association, C/O Tom Avila, P.O. Box 202, N. Dighton, MA 02764.

Jean M. Holland, 91

A Mass of Christian Burial for Jean M. (Bulger) Holland, age 91, of Quincy, formerly of South Boston, will be celebrated at 10 a.m. Thursday in St. Joseph's Church, Quincy.

Mrs. Holland died Sept. 12 surrounded by her loving family.

She was the beloved wife of the late Francis J. Holland. She was also preceded in death by her first husband, the late Joseph D. Toomey, Jr., first lieutenant in the United States Army. Mrs. Holland was the devoted mother of Sheila H. Quinn of Needham and Christopher D. Holland and his wife Lindsey of Scituate. She was the loving grandmother of Kevin W. Quinn Jr., Clare H. and Rose M. Quinn, all of Needham, Finley G. and Ronan F. Holland, both of Scituate. She was the dear sister of the Hon. William M.



JEAN M. HOLLAND

Bulger and his wife Mary, Carol McCarthy and Jack Bulger, all of South Boston, Sheila McKeon and her husband Bill of Hull and the late James J. Bulger and his surviving partner Catherine Greig. She is also survived by many loving nieces, nephews, extended family and friends.

Born in Boston, Mrs. Holland was the daughter of the late James J. and Jane (McCarthy) Bulger. She graduated from South Bos-

ton High School in 1945. She lived her life with courage and faith and valued her right to make up her own mind. Her true passion was her family. Mrs. Holland deeply loved her siblings, children, grandchildren, nieces, nephews and their children, cousins and her many godchildren. She nurtured and bettered all who knew her. She was active in the Merrymount Association and so enjoyed her line dancing classes at The Kennedy Senior Center.

Visiting hours were 4 to 8 p.m. Wednesday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held in the funeral home at 9 a.m. Thursday.

Interment is private.

Memorial donations may be made to the Kennedy Senior Center, 440 E. Squantum St., Quincy, MA 02171.

OBITUARIES

C. Joyce MacDonald, 81



C. JOYCE MACDONALD

Christmas season.

Beloved wife for sixty-one years of Robert E. MacDonald. Devoted mother of Kimberly A. Jones of Kingston and her late husband Ronald, Linn C. Casey and her husband Kevin of Braintree, Kurt J. MacDonald and his wife Jeannette of Hull. Loving grandmother Caitlín, Colleen, Caroline and Sean Casey, Robert,

Ian, Kristen and Trevor MacDonald.

Mrs. MacDonald was the last of nine siblings and was the dear sister of Rebecca Peterson of Weymouth and was pre-deceased by Evelyn, Lois, Janet, Patricia, Jerry, Brian and Joel Timberlake. She is also survived by many nieces and nephews.

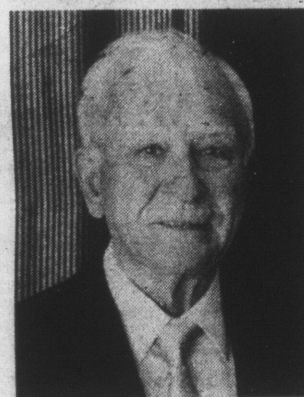
The Rev. John W. Culp, pastor, officiated the services.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Fort Square Presbyterian Church Mission Committee, 16 Pleasant St., Quincy, MA 02169.

John Gizelis



JOHN GIZELIS

church in his home village of Agios Saranda.

Working his entire career in the restaurant business, Mr. Gizelis eventually owned and operated restaurants, including Maria's Restaurant in Braintree. His joy, after retirement, included enjoying Old Silver Beach in Falmouth with his children and grandchildren, annual travels to Greece celebrating summer in his village, visiting family and friends, tending to his lawn and garden, talking history and politics, but mostly spending time with his family.

Mr. Gizelis is predeceased by his beloved wife,

Garifalia (Souliopoulos). He is survived by his four children, George Gizelis, of Weymouth, James Gizelis, of Hingham, Aleksandra Phelan and her husband, Joseph, of Hingham and Christos Gizelis of Weymouth. Cherished "Papou" of Catherine Gizelis, Abigail Phelan, Olivia Gizelis, Andrew Phelan and Alexandra Gizelis. Brother of the late Kostas, the late Theodore, Maria, Christos, Nicos, Thanasi and Garifou. He leaves behind much beloved extended family, including his sisters-in-law and their families, and many nieces and nephews.

Visiting hours are 4 to 8 p.m. Thursday in McDonald Keohane Funeral Home, South Weymouth. Relatives and friends will gather in the funeral home at 8:45 a.m. on Friday prior to the funeral service.

Interment at Pine Hill Cemetery, Quincy.

Memorial donations may be made to St. Catherine Greek Orthodox Church or the Pat Roche Hospice Home.

Funeral services for C. Joyce (Timberlake) MacDonald, age 81, of Kingston, formerly of Quincy, were held Tuesday in the Fort Square Presbyterian Church, Quincy.

Mrs. MacDonald died peacefully Sept. 12 at the Beth Israel Deaconess Medical Center Boston, surrounded by her loving family.

She was born in Cleveland, Ohio, to the late Gale and Mae (Timberlake) Timberlake. She was raised in Buffalo, New York, and moved to Quincy as a teenager, graduating from Quincy High School, Class of 1956. She had lived in Kingston for seventeen

years, previously in Quincy for most of her life.

Mrs. MacDonald had been employed as a secretary for eight years at Boston Medical Center. Earlier, she had worked several years as a teacher's aide for Quincy Public Schools.

She was a woman of faith and was a longtime active member of the Fort Square Presbyterian Church in Quincy, where she enjoyed many friendships. Mrs. MacDonald was a member of the church choir and the Friendship Circle. Over the years, she had participated and volunteered in various church programs.

Most of all, Mrs. MacDonald was dedicated to her family and her cherished grandchildren. She loved spending time with family and friends, especially during the holidays and the

A funeral service for John Gizelis, of Weymouth, formerly of Squantum, will be held Friday at 10 a.m. in St. Catherine Greek Orthodox Church, Braintree.

Mr. Gizelis died following a brief illness, at the Pat Roche Hospice Home in Hingham, Sunday, surrounded by his loving family. He was just days away from celebrating his 86th birthday.

Born in Northern Epirus, Greece, Mr. Gizelis was the son of George and Aleksandra Gizelis. He immigrated to the United States in 1956 with a strong work ethic and the support of a sponsor, from Quincy, for whom he was forever grateful. He began working in local diners and was introduced to other local Greek families which eventually led to his being introduced to his wife, Garifalia. He repaid the support he received starting out by being generous to and supportive of others throughout his life, including helping to rebuild a Greek Orthodox

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO19C0250CA

Commonwealth of Massachusetts
The Trial Court

Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:

Enma Tomasa Cruz de Fermin

A Petition to Change Name of Adult has been filed by

Enma Tomasa Cruz de Fermin of Quincy, MA

requesting that the court enter a Decree changing their name to:

Enma Tomasa Cruz

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 10/09/2019.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 4, 2019

PATRICK W. McDERMOTT
Register of Probate

9/19/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-70

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, October 8, 2019 at 7:15pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Philip Baker, Rockwood Design for a Variance/Finding to demolish the existing garage and construct a new two story addition with two car garage and master suite, mudroom and dormer to walk up attic in violation of Title 17 as amended Chapter 3.4.1 (applicability), Chapter 3.4.2 (nonconforming uses) and Chapter 3.4.3 (nonconforming structures) on the premises numbered 72 SQUANTO ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

9/19/19, 9/26/19

LEGAL NOTICE

INFORMAL PROBATE
PUBLICATION NOTICE

Docket No. NO19P2006EA
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Dorothy L. Annis

Date of Death:

June 9, 2019

To all persons interested in the above captioned estate, by Petition of:

Petitioner Douglas W. Annis of Rockland, MA.

a Will has been admitted to informal probate.

Douglas W. Annis of Rockland, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/19/19

LEGAL NOTICE

INFORMAL PROBATE
PUBLICATION NOTICE

Docket No. NO19P1007EA
Commonwealth of Massachusetts
The Trial Court

Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Jadwiga Osmak

Date of Death:

December 30, 2018

To all persons interested in the above captioned estate, by Petition of:

Petitioner Bogdan Rauch of Quincy, MA.

a Will has been admitted to informal probate.

Bogdan Rauch of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/19/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-67

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, October 8, 2019 at 7:15pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Ilda & Viron Gega for a Variance to construct a shed dormer on a portion of the third level in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 107 ATLANTIC STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

9/19/19, 9/26/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-68

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, October 8, 2019 at 7:15pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Johanna Barry for a Variance to demolish the existing house and construct a new house in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 98 BELLEVUE ROAD, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

9/19/19, 9/26/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-69

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, October 8, 2019 at 7:15pm in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Kristin Bishop for a Variance to subdivide the current 13,750 s.f. lot into two lots in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) and Chapter 5.1.4 (parking setbacks) on the premises numbered 40 SMITH STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

9/19/19, 9/26/19

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OBITUARIES

Michael Markham 39

A funeral Mass for Michael Markham, age 39, will be celebrated Thursday at 11:30 a.m. in St. Joseph Church, Quincy.

Mr. Markham died unexpectedly Sept. 12.

A resident of the Germantown area of Quincy, he worked for the Quincy Public Schools system. He was also a talented chef who made family dinner taste like a 5-star restaurant meal. Mr. Markham was known for being a loyal protector of his family and friends, and family dog Blue was never too far from his side. If you knew Mr. Markham, you'd know that no matter the topic, there wasn't an argument in the world that he couldn't win.



MICHAEL MARKHAM

He is survived by his mother, Janie Markham; brother Kevin and sister Katelin; his godchild Alex Munchback and friend Jim Munchback, godmother Debbie Sheriff; many aunts and uncles including Margie Burrows and Ken and

Nancy Markham; Markham family cousins Andrew, Brian, Claire, Eric, Matthew, Nicole, and Sarah; Burrows family cousins Annemarie, Chrissy, Jenn, Jimmy, John, Johnny, Paul, Rindy, Rory, Tom, and all of their loving families. Mr. Markham is predeceased by his devoted father Bruce Markham as well as many cherished aunts, uncles, cousins, and grandparents.

Visiting hours were 4 to 8 p.m. Wednesday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to Dana-Farber Cancer Institute to support brain cancer research and patient care.

Spartico J. Gobbi, 97

A celebration of life service for Spartico J. "Sparky" Gobbi, age 97, a long-time resident of Quincy, will be Saturday at 9 a.m. in Keohane Funeral Home, 785 Hancock St., Quincy, followed by a funeral service at 10 a.m.

Mr. Gobbi died peacefully Monday surrounded by his loving family at the Hancock Park Nursing Home in Quincy.

Born in Boston, he was raised in South Boston and was the son of the late Pio and Ernesta (Bertosi) Gobbi. Mr. Gobbi attended local schools and graduated from South Boston High School with the Class of 1940. After graduation, he enlisted in to the United States Navy and proudly served his country during WWII. He was a Purple Heart recipient and was honored to serve his country for the people he loved. Mr. Gobbi was honorably discharged on Nov. 11, 1945. Following his honorable discharge, he worked for the Massachusetts Bay Transportation Authority as a collector for over twenty years. He happily retired in 1988.

In his spare time, Mr.



SPARTICO J. GOBBI

Gobbi enjoyed spending time with his family, grandchildren, great grandchildren and friends. There wasn't anything he wouldn't do for the people he loved. He was loving, kind, paternal and dependable. His life lessons and example are his legacy that continue through his family. He will be missed by all the lives he touched.

Mr. Gobbi was the beloved husband of the late Dorothy E. (Kidd) Gobbi, who died in 1988. The two shared forty years of loving marriage. He was the devoted father of Sharon E. Patts and her husband David of Kingston, Dorothy E. "Candy" Gott of Quincy, Debbie

Gobbi-Hanson and her husband Larry of Georgetown, Wayne J. Gobbi and his wife Lynne of Bridgewater, Tammie Gobbi Fuller and her husband Richard of Georgia, Torie Gobbi-McKay and her husband David of Quincy, Darren Gobbi of Quincy, Shanie Miceli and her husband Lenny of Marshfield, David Gobbi of Quincy and the late Kerrie MacPherson of Colorado. Sparky was the loving grandfather of thirty-one and the loving great grandfather of twenty-three. He was the dear brother of Bella Gerwin and her late husband Harry of Maryland and the late Adair Pugsley and her husband Ernie. He is also survived by many loving nieces and nephews.

Visiting hours are 4 to 8 p.m. Friday in the funeral home.

Services will conclude with interment and military honors in Pine Hill Cemetery, Quincy.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

and her husband Samson Lee of Quincy. She was the cherished grandmother of nine grandchildren and one great-grandson.

Interment at Newton Cemetery.

Memorial donations may be made to the American Chinese Art Society at acasne.com, the Greater Boston Chinese Cultural Association at gbcca.org, or Joslin Asian American Diabetes Initiative at aadi.joslin.org.



SUN YIEP CHINSEN

line and Susan Chinsen

Sun Yiep Chinsen, 85

A funeral service for Sun Yiep (Chan) Chinsen, 85, of Newton was held Tuesday at Eaton & Mackay Funeral Home, Newton.

Mrs. Chinsen died peacefully on Sept. 11.

Beloved wife of I-Kuan Chinsen. Loving mother of the late Colin Chinsen and his wife Jenny of Canton, Pearl Chan and her husband William Chan of Boston, Tsuilian Chinsen of Framingham, Linda Louie and her husband John of Brook-

Councillors OK \$10.3M In Capital Spending

Cont'd From Page 24

the best position possible in the most adverse times," he said.

"This is a called-for investment, I think, proactively across the board. It's pretty amazing how much work, financial resources, time, everything, that goes into maintaining the city."

The bond includes \$1.1 million for work at North Quincy High School, including wall installation, lighting, carpeting, ceilings and repairs in the auditorium. Quincy High School will get new boilers for \$350,000 and a domestic water tank for \$150,000. Quincy High and Central Middle School will also get new shades at a combined \$60,000.

Various schools will have their floors upgraded at a total cost of \$500,000.

Asbestos in the flooring of the Snug Harbor School will be abated at a cost of

\$400,000; \$200,000 will be set aside for masonry work and bathrooms there as well.

The gym roof at the Wollaston School will be replaced and the school will get new lockers and bathroom repairs; the work will total \$220,000. Point Webster will get new lockers as well, at a cost of \$50,000.

An overall systems study and design will be undertaken at Lincoln-Hancock at a cost of \$500,000. At Broad Meadows, the domestic water and HVAC systems will be redesigned and partially upgraded for \$400,000. Della Chiesa's HVAC system will be upgraded at a cost of \$200,000.

The bathrooms at Ather-ton Hough will be made ADA compliant at a cost of \$100,000 and the school's roof unit hoods replaced for \$50,000. Some \$40,000 will be spent at Squantum School for ADA compliance.

Hines said most of the

school work would take place in the summer, once the school year ends, though lockers could be replaced over winter break or even during school hours at the principals' request.

Other work includes a new roof for the North Quincy library branch at a cost of \$200,000; Hines said the new roof there is being designed.

Asbestos abatement will take place in various buildings at a cost of \$500,000, \$100,000 will be spent on office safety and reconfiguration and new custodial durable equipment will be purchased for \$130,000.

The city's IT Department will receive \$800,000 to build a virtualized digital environment and \$160,000 for tape and archive solutions.

TPAL will also receive \$450,000 each for street lighting and intersection improvements.

First Baptist Church Of Wollaston

Sunday morning worship begins at 10:30 a.m. at First Baptist Church of Wollaston, 81 Prospect Ave., Quincy. Everybody is welcome.

Prior to the Sunday worship service is an English Bible Class in the Chapel at 9:15 a.m. A Vietnamese Bible Class begins at 9 a.m. Contact Pastor Duc at ducphamboston2015@gmail.com.

Serving the church for this Sunday will be greeters Ray and Trina Wolf and Scripture reader Jahn Burton. Guest speaker Pastor Rick Monstur's sermon title is: "Down to the Top" (Mark 4:35-41). A fellow-

ship hour of conversation and light refreshments will follow the service.

Looking for in-depth Bible discussions? Join the Thursday Bible Class at 7 p.m. Have fun learning the Bible in Christ.

Wednesday Community Group (Gospel of John) at 6:30 p.m.

Thursday Bible Class (The book of Romans) at 6:30 p.m.

Friday Prayer Meeting (Psalms) at 11 a.m.

The church office is open 10:30 a.m. to 5 p.m. Tuesday, Thursday and Friday. Contact number is 617-472-0824 or

visit the website www.FirstBaptistChurchOfWollaston.org for updates and activities. Pastor David's contact number is 617-213-0392; 11 a.m. to 6 p.m. Tuesday through Friday.

All areas of the church are handicap accessible.

Bible Trivia: The book of Ecclesiastes has an alternative title. What is it? **Read Ecc 1:12** (Last week's answer: D—he gave all that he had to Isaac...)

- a. The wise sayings
- b. The preacher
- c. Minor proverbs
- d. Everything is meaningful

Lighthouse Fellowship Church

The street in front of the Lighthouse Fellowship Church was alive last Sunday as the neighbors responded to an invitation to join in the "Back to School Bash" sponsored by the church. The Block Party, carried out in what was the most beautiful weather, was mobbed with youngsters and their parents participating in the celebration.

Activities included a dunk tank, a bouncy hut, a corn hole toss and basket-

ball. A free lunch was made available thru the generosity of the "I love Italian Pizza" shop located across from the church. There was an estimated crowd of approximately 200 people and nobody went home disappointed. Each child was given a packet containing back to school supplies upon their arrival.

The entire event was conceived and carried out under the leadership team created by Pastor Mike Fe-

han. Church member, Sederra Ross, was used mightily by God in the planning and execution of this event.

Sunday Church Service at Lighthouse Fellowship Church starts at 10 a.m. each week and all are invited. Please come and join in as we worship Our Lord and Savior Jesus Christ. The church is located at 73 Newbury Ave. at the corner of Newbury and Sagamore Streets.

Silent Movie At Bethany Congregational Church

The silent movie, Phantom of the Opera, starring Lon Chaney, will be screened at Bethany Congregational Church on Oct. 19th at 7:30 p.m.

Organist/Improvisationist Peter Krasinski will ac-

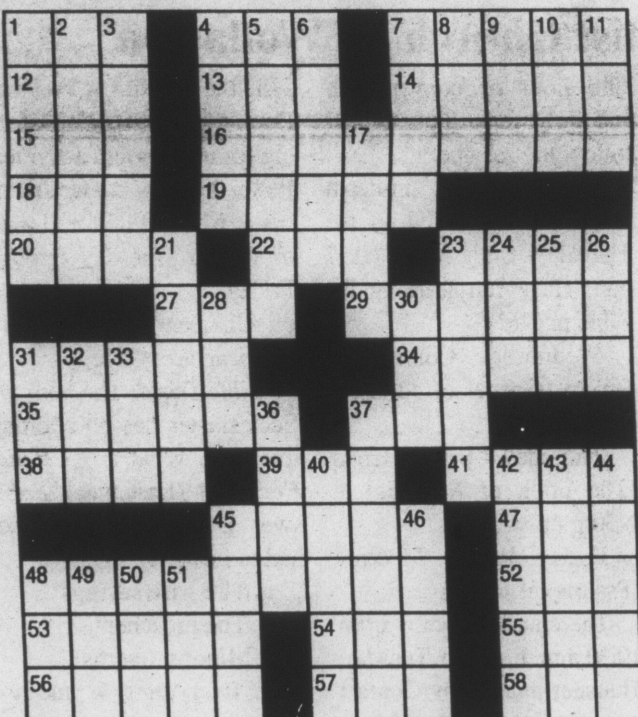
company the movie in his own original style. Krasinski specializes in the art of live silent film accompaniment worldwide and has performed locally, across the United States, and internationally.

Bethany Congregational Church is located at 18 Spear St. Admission is free with a suggested donation to benefit the Organ Repair Fund. The church office can be reached at 617-479-7300 for further information.

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Salary
4 Homer's out-cry
7 Duck
12 Position
13 Exist
14 Eye surgery device
15 Grecian vessel
16 Syrian capital-ist?
18 Encountered
19 Step
20 Boast
22 Compass pt.
23 Distort
27 Paul Newman movie
29 Crooner Vic
31 Dope
34 Steer
35 Maiden
37 Needlefish
38 Bat a gnat
39 Praise in verse
41 Young horse
45 Good, in Guadalajara
47 To and —
- DOWN**
- 1 Downright
2 Drying rack
3 Busybody
4 Root beer brand
5 Gave a talk
6 Macho type
7 Otherwise
8 Fond du —
9 Work with
10 Lair
11 Preceding
17 On in years
21 Specter
23 Blue cartoon character
24 Japanese pond carp
- 48 Sinner's fate
52 Vat
53 Hunter in the sky
54 Prime meridian hrs.
55 Recede
56 Madrid mother
57 Ultramodernist
58 Aye undoer
- 25 Conclude
26 Teensy
28 Multipurpose truck
30 Khan title
31 Egos' counter-parts
32 Margery of rhyme
33 "— Little Teapot"
36 Lummo
37 Human — Project
40 Condescend
42 Frequently
43 Caribbean resort island
44 Theater vesti-bule
45 Poison
46 Aware of
48 Comical
49 Coach
50 Parseghian
51 Neither mate



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MAGIC MAZE

MOVE LAST TWO LETTERS TO THE FRONT TO MAKE A NEW WORD

AVROLIFCZWTQNKI
FCZWURPMJHECZXU
SQNLJGECZXVTRPN
LJHECRAYWVTRPNL
KIRGRIECBZXWUNS
RPOADNNMLJLNALE
IGNEDGIEDBAEYAZ
XOAWSEHTOULTWYA
SSTSQRCMNGPSOOR
NLKJHGETSEPIRLB
FDCYDDEVPUOLOHB

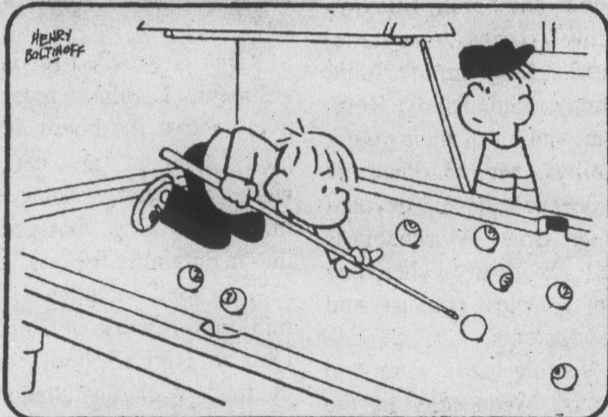
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Bowel Dentin Ideas Ripest
Braze Eddy Listen Sonar
Cedar Glean Loyal Verse
Demo Holdup Ringer

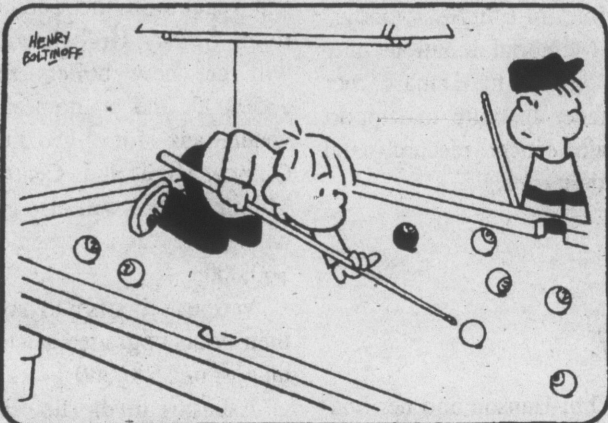
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Eight ball is black. 2. Boy's shirt stripe is black. 3. Boy's cue stick is shorter. 4. Ball #2 and #7 have moved. 5. Window is missing. 6. Boy standing has moved.

Trivia test

by Fifi Rodriguez

1. ANATOMY: What is a common name for the condition known as "caries"?
2. LANGUAGE: What does the Latin phrase "ad astra" mean?
3. GAMES: How long is a bowling alley lane?
4. GEOGRAPHY: Where is the Gulf of Tonkin?
5. MOVIES: Which Disney animated movie featured the song "Bibbidi-Bobbidi-Boo"?
6. LITERATURE: Which 20th-century author often featured the fictitious Yoknapatawpha County in his stories?
7. FAMOUS QUOTATIONS: Which 19th-century playwright and poet once wrote of September, "And all at once, summer

- collapsed into fall?"
8. U.S. STATES: Which is the only U.S. state to border four of the five Great Lakes?
 9. COMICS: Which 1980s comic strip featured the characters of Milo, Steve and Opus?
 10. FOOD & DRINK: What process gets rid of bacteria in milk?

- Answers
1. Tooth decay
 2. To the stars
 3. 60 feet
 4. Off the coast of Vietnam and China
 5. "Cinderella"
 6. William Faulkner
 7. Oscar Wilde
 8. Michigan
 9. "Bloom County"
 10. Pasteurization

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Wishing Well

4 6 3 4 5 6 3 6 2 6 2 6 8
L T W O A H I E O A T T C
4 7 5 8 3 5 4 7 5 2 5 8 4
O S N O S E K W V H E L A
6 7 5 2 7 3 6 5 3 6 7 5 3
R E N E E H I T S C T F O
5 8 3 7 2 4 3 2 8 3 2 3 8
U L M V R H E S E O H N G
5 7 4 8 3 5 4 2 4 6 7 2 6
L I E E E D A E D A C L L
8 6 2 6 5 6 7 6 7 3 6 3 5
B S P U A C T C O W E E Y
7 2 6 8 3 2 7 3 6 8 2 8 8
R Y S O L O Y L S U N D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Travel plans could be interrupted by the re-emergence of a workplace problem that was never quite fully resolved. Deal with it at once, and then take off on that well-deserved trip.

TAURUS (April 20 to May 20) Aspects favor cultural activities for sensuous Bo-vines. Attend a concert or an art show. Better yet, create something yourself (a poem, perhaps?), and dedicate it to someone special.

GEMINI (May 21 to June 20) Respect any doubts you might now be feeling about a new situation. They could be reflecting your inner awareness that some essential information might be missing. Check it out.

CANCER (June 21 to July 22) It's important to start the new month with as clean a slate as possible. Either complete all those unfinished tasks or pass them on to others who would be more than happy to take them on.

LEO (July 23 to August 22) This is a good time to cut down on expenses and tame that urge to splurge. Applying some financial discipline now could help the Big Cat ride out a possible monetary crunch later on.

VIRGO (August 23 to September 22) Money matters are dominant this week. Recheck your accounts and make sure they're up-to-date. Also, pay more attention to personal issues before they become major problems.

LIBRA (September 23 to October 22) You might be tempted to employ the same tactics as your adversary, but that

could backfire. Better to use the same balanced approach that has worked for you before and could again.

SCORPIO (October 23 to November 21) A changing workplace environment could stir up confusion as well as apprehension. Best to ignore the rumors and get the facts. You could find that the changes bring positive elements.

SAGITTARIUS (November 22 to December 21) Communication is easier this week with people ready and eager to hear what you have to say. Also, check for possible technical problems before you start your new project.

CAPRICORN (December 22 to January 19) Aspects favor change for the usually traditional Goat. Opening your mind to possibilities you had ignored could lead you to make decisions you once considered improbable.

AQUARIUS (January 20 to February 18) Making personal as well as professional adjustments to changing conditions might be easier with more information explaining the "hows" and "whys" of the situations in question.

PISCES (February 19 to March 20) With a growing tide of positive reactions to buoy your confidence, this could be the right time to put the finishing touches to your new project and get it well and truly launched.

BORN THIS WEEK: You have a gift for setting an example of quiet, calm reasoning in the midst of chaotic conditions.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: I equals L

DGAR VEO QCENN Y BEOC-

IAYB QIEKAC DWPG LEWNER

WKV, W CAQFER VEO'II ART OL

GYKWRU Y CYNG EB UEET IOQF.

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King Crossword

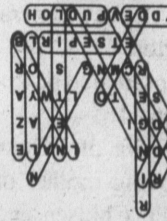
Answers

Solution time: 27 mins.



Magic Maze

ANSWERS:



CryptoQuip

answer

When you cross a four-leaf clover you'll find up having a rash of good luck.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- When "Game of Thrones" ended, most of the stars immediately moved on to other projects, but Kit Harington (Jon Snow) took time off, it was rumored, to get his demons under control. It must have worked, because he's before the camera again as Dane Whitman, aka the Black Knight, in the Marvel Comics-based "Eternals" (due November 2020). His co-stars are Angelina Jolie, Salma Hayek, Richard Madden, Brian Tyree Henry and Kumail Nanjiani, who all play immortal humanoids. Angelina Jolie has completed the fantasy drama "Come Away" (based on "Alice In Wonderland" and "Peter Pan"), with David Oyelowo and Michael Caine, and the thriller "Those Who Wish Me Dead," with Nicholas Hoult.

What's happened to movies? Once we had great books that were made into films. Stephen King has had 34 books made into movies, Ernest Hemingway 14, Nicholas Sparks 11, John le Carre 10 and John Grisham nine, to name a few. Today, probably because this modern generation doesn't read anything except comic books, there have been more than 100 films made that were based on comic books and their characters.

You can add one more to that number -- the sequel to "Suicide Squad," which grossed \$747 million. Margot Robbie, Viola Davis, Jai Courtney and Joel Kinnaman are returning, joined by Idris Elba and Nathan Fillion, whose ABC series "The

Rookie" begins its second season on Sunday, Sept. 29. "The Suicide Squad 2" opens in August 2021.

Peter Facinelli, who starred in "The Twilight Saga" and the TV series "Super-girl" and "Nurse Jackie," is headed for the big screen in a unique project. When "RuPaul's Drag Race" (which began in 2009) went mainstream, winning nine Emmy's from 23 nominations, it was only a matter of time before his concept became a movie. Facinelli co-stars with "RuPaul's Drag Race" judge Michelle Visage in "God Save the Queens." Called a drag queen comedy, it's an introspective look at three different drag queens in Los Angeles, New York and Texas, their careers and their struggles. Comic books and drag queens ... movies are better than ever?

The annual Kennedy Center Honors will be presented Dec. 8 and aired on Sunday, Dec. 15, at 8 p.m. ET on CBS. It should be on your not-to-be-missed list. This year's honorees are two-time Oscar- and three-time Emmy-winner Sally Field (who began her career on TV as "The Flying Nun"), legendary soul and rock group Earth, Wind and Fire, the incredible Linda Ronstadt, who gave up public singing because of Parkinson's disease (though she's written a memoir and often tours with her one-woman show), and everybody's favorite, "Sesame Street." All that and Big Bird, too!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***
* Moderate ** Difficult
*** GO FIGURE!

	+		÷		3
+		÷		×	
	×		÷		6
÷		+		-	
	+		÷		2
2		9		12	

1 3 4 5 6 6 7 8 9
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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Figural Doorstop --- How do you keep a heavy door from slamming shut? That was a problem by the mid-18th century when huge brass hinges held the doors. It was solved with wedges, heavy rocks or doorstops of many sizes and shapes. Cast-iron figural doorstops were made in the early 1900s but did not become popular until the 1910s, when many American companies began making figural examples.

One of the most interesting is called "Huckleberry Finn," a figure of a farm boy in blue overalls and a yellow shirt carrying a fishing pole and bait bucket. It's 12 3/8 inches high and has a wedge back. The doorstop is marked Littco and was made by the Littlestown Hardware & Foundry Company that started in 1916. It made doorstops, bookends, hammers and fireplace accessories until 1940 and the war. After the war, the company started making cast aluminum products. In the 1990s, it stopped iron casting. One of Littco's most famous doorstops, Halloween Girl, a costumed girl with a pumpkin in excellent condition, sold for \$29,500 in 2016.

"Huckleberry Finn" is an important book written in 1884 by Mark Twain. It was the first "bookstore" book written in vernacular English, and it included swear words and descriptions of good and bad parts of life at the time. An excellent example of the Huckleberry Finn doorstop with almost perfect paint sold for \$325 in 2016 at an important Bertoia auction of just doorstops.

Q: My daughter was given two Norman Rockwell collector plates 25 or 30 years ago and never displayed them. One plate is titled "Balcony Seat" and the other is "Quiet Reflections." They still are in the original boxes. What are they worth?

A: Collector plates made in "limited editions" were popular in the 1970s and '80s. Some collectors specialized in Norman Rockwell plates, and tried to get all the plates in the series. Interest began to wane in the 1990s, and collector plates don't sell well today. Most Norman Rockwell collector plates sell for less than \$25 in spite of the fact that Rockwell original paintings now sell for up to a million dollars.

CURRENT PRICES

Nodder, policeman, writing summons, gray uniform, head and body both nod, 9 inches, \$90.
Lunchbox, Hogan's Heroes, dome top, barracks, barbershop scene, yellow, gray, 1966, \$410.
Magnifying glass, mother-of-pearl, rectangular, case, velvet lined, 5 1/4 inches, \$690.
Doorstop, wine merchant, green jacket, red pants, red and yellow bottles, cast iron, 1920, 10 inches, \$2,830.

TIP: Use a Depression glass or plastic knife to cut lettuce. The lettuce won't turn brown.

For more collecting news, tips and resources, visit www.Kovels.com

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Strange BUT TRUE

* It was Democratic governor and presidential hopeful Adlai Stevenson who made the following sage observation: "A free society is a place where it's safe to be unpopular."

* In proportion to its size, the strongest muscle in the human body is the tongue.

* Beloved children's author Dr. Seuss had a hobby that few people were aware of: He collected hats.

* If you're planning a trip to Kentucky anytime soon, you'd better keep a close rein on your interactions with strangers. It seems that flirting there is illegal and could get you 30 days in jail.

* It's well-known that Albert Einstein won the Nobel Prize, but most people are misinformed about what he won it for. He didn't receive the award for his theory of relativity, but for his explanation of the photoelectric effect.

* The name of one of the most popular early video games, Pac-Man, comes from the Japanese words

for "to eat." "Isuzu" means "50 bells" in Japanese, and "Atari" means "prepare to be attacked."

* The lyrics to that favorite Irish ballad "O Danny Boy" were actually written by an Englishman.

* Hong Kong is not a city -- it's an island. The name of the city commonly known as Hong Kong is actually Victoria.

* A study conducted by the Environmental Conservancy shows that Viagra is having a beneficial effect on the environment, especially in Asian countries. It seems that even though the drug costs \$10 a pill, it's still cheaper than bear's gall bladder and other supposed remedies.

* In ancient Rome, slaves with red hair commanded a higher price from buyers.

* Actress Meg Ryan's given name was Margaret Mary Emily Anne Hyra.

Thought for the Day: "The trouble ain't that people are ignorant; it's that they know so much that ain't so." -- Josh Billings

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Now here's a tip!

by Jo Ann Derson

* Turn off notifications during homework time. This means you, too, Mom and Dad. Whistles, buzzes and bells distract more than just the person whose phone is sounding the alert.

* Did you know that when iron and copper in metal kitchen knives come in contact with certain fruits and vegetables, it causes them to brown more quickly? It's better to use a glass, plastic or ceramic-coated knife to cut produce items, especially lettuce, apples and avocados, which are prone to browning.

* To remove the scent of garlic from your hands, sprinkle salt on a cut lemon and rub it on your hands. Then, wash as normal with soap and water.

* This tip comes to me from my grandmother. If you roll sausages in a very light coat of flour before you cook

them, it will reduce the shrinkage.

* Now, here's a great solution, from G.H. in Florida: "After I pressure wash my patio and driveway, I mix up a gallon of vinegar with a cup of salt and a few drops of dish soap. I use this on cracks to deter weeds from growing in them. It's safe and works quite well."

* "If you use a thimble when sewing, here's a tip from my seamstress mom: Wet your thumb or finger before you pop the thimble on. It will stay put, as the moisture helps to create a little suction. It's aggravating when a thimble falls off." -- J.R. in Pennsylvania

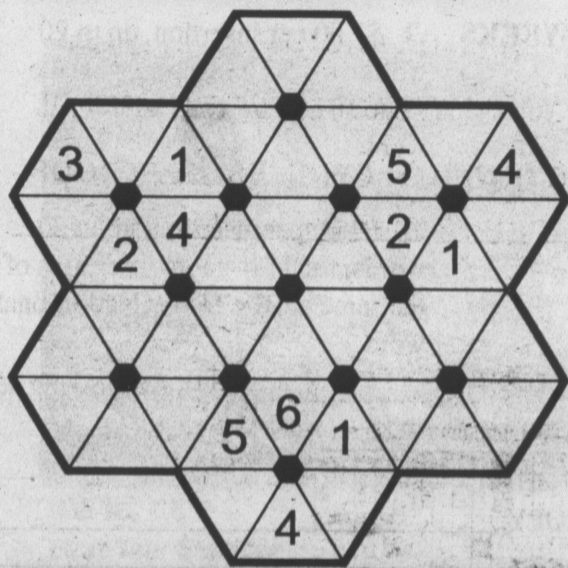
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

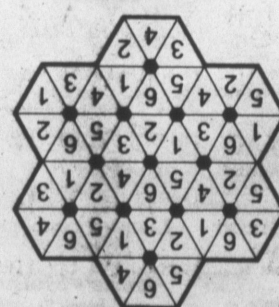
A jogger knows three different routes from Avant Trail to Beran Park. From Beran Park to Gamal Ridge, the jogger knows six different routes. From Gamal Ridge to Delario Sound, the jogger knows four different routes.

How many different routes from Avant Trail to Delario Sound does the jogger know?

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SNOWFLAKES

solution



Go Figure!

answers

12		6		2
2	6	÷	7	÷
		+		÷
6	9	÷	4	×
	×	÷		+
3	3	÷	8	+

Sticklers Answer

(3 x 6 x 4 = 72)

The jogger can take 72 different routes.

CLASSIFIEDS

S
E
P

1
9

2
0
1
9

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Shadow: Huskey, male, 1 1/2

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Ansha: female, 8, black

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Here are stores in Quincy that sell it on their newsstands:

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MIGNOSA'S FRUIT BASKET 138 Granite St.	STOP & SHOP Southern Artery	COFFEE BREAK CAFE 12 Old Colony Ave.
WALGREENS 132 Granite St.	CVS Southern Artery	SUPREME LIQUORS 615 Hancock St.
HANCOCK PARK LOBBY SHOP 164 Parkway	TEDESCHI'S 650 Adams St.	MULLANEY'S VARIETY 205 W. Squantum St.
FRANKLIN ST. BP 60 Franklin St.	7-11 678 Adams St.	STOP & SHOP 65 Newport Ave.
7-11 78 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.
DONUT & DONUTS 33 Scammon St.	GRANITE MART 308 Willard St.	RED APPLE FOOD SHOP 48 Billings Rd.
PRESIDENTIAL LIQUORS 25 Scammon St.	7-11 Copeland St.	SAM'S VARIETY 125 Billings Rd.
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9/19

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6pm-8pm
North Quincy High Gymnasium
316 Hancock St., N. Quincy, MA
Open to the Public

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at a gas station
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9/26



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AT 4PM. PLEASE
INCLUDE YOUR
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Remembering 9-11



RESIDENTS SALUTE as the American flag is lowered to half staff at Quincy fire headquarters during a ceremony marking the 18th anniversary of the 9/11 terrorist attacks that took the lives of nearly 3,000 people in New York, Washington, D.C. and rural Pennsylvania after 19 terrorists hijacked four commercial airliners. Two planes crashed into the World Trade Center and another into the Pentagon. Passengers on the fourth plane that was headed towards Washington, D.C. thwarted the hijackers; the plane crashed near Shanksville, PA, killing all 44 passengers aboard but no one was injured on the ground. Two of the planes took off from Boston's Logan International Airport.

Quincy Sun photos/Tom Gorman



QUINCY FIRE DEPARTMENT color guard stands at attention during the 9/11 ceremony.



SONS OF THE AMERICAN Legion, Squadron 294, Morrisette American Legion Post, also held a ceremony in memory of those who perished in the 9/11 terrorist attacks and in honor of all the heroes who helped save lives. The ceremony was held at Flags for Veterans Island, Fort Square, Quincy. From left to right: Guy Ferris, Don Knight, Paul Moody, Bob Lafleur, Paul O'Neil and Joe Brill.

Photo Courtesy Karen Moody

QUINCY COLLEGE

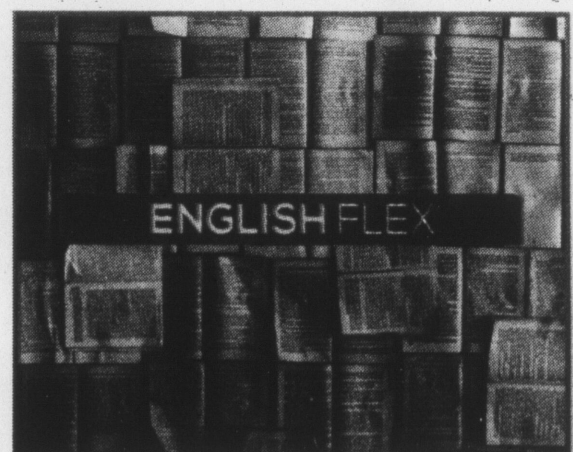
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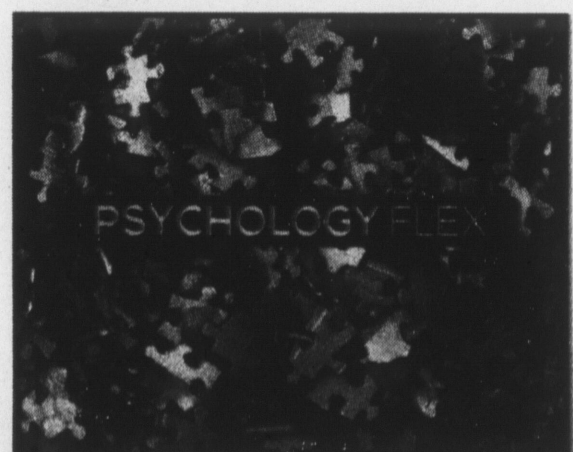
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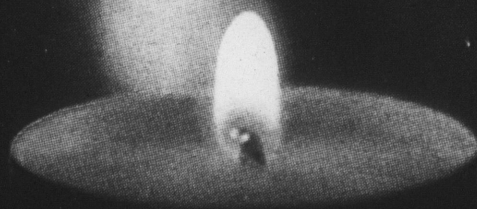


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City of Quincy's 9th Annual Candlelight Vigil

*To remember those
lost to substance
use disorder.*



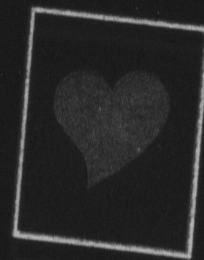
Please join Mayor Thomas Koch for a night of remembrance for all those lost to substance use disorder and support and hope for those still struggling and those in recovery.

Wednesday, October 2nd
Ceremony begins at 7 p.m.
Hancock-Adams Common, City Hall
Rain location: Quincy High School

PHOTO and NAME SUBMISSION

If you would like a photo of your loved one displayed during the vigil please submit one along with their name, and a word or adjective that best described them to Laura Martin at lmartin@quincyma.gov by September 27th.

Names may also be submitted on the day of the event beginning at 6:30 p.m.



*"The world changes from year to year, our lives from day to day,
but the love and memory of you, shall never pass away."*

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6

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